

NAAC
Accreditation
Cycle - 3

SSR
Documents



THUNCHAN MEMORIAL GOVT. COLLEGE, TIRUR

Vakkad P.O., Malappuram (Dist), Kerala
India-676502, Ph: +91 494 2630027

Email: tmgctirur@gmail.com, Web: www.tmgctirur.ac.in

Criterion 3

Research, Innovations and Extension

3.4.1



Extension Activities

3.4.3 EXTENSION ACTIVITIES 20-21

	Name of the activity	Organizing unit/ agency/ collaborating agency	Name of the scheme	No.of participants	Year of the activity
1.	Plantation of saplings	TMG NSS units 81 and 113	World Environment Day Observance	102	2020-21
2.	Yoga at Home Yoga with Family	TMG NSS units 81 and 113	International Yoga Day,	100	2020-21
3.	Learning support to School students	TMG NSS units 81 and 113	Covid 19 support	110	2020-21
4.	Battle for cleanliness	TMG NSS units 81 and 113	Gandhi Jayanthi Programs	104	2020-21
5.	Webinar organized on World Mental Health Day	TMG NSS units 81 and 113	World Mental Health Day Observance	52	2020-21
6.	Participated in EBSB meeting	NSS State cell	EBSB	97	2020-21
7.	Tree plantation, cooking	TMG NSS units 81 and 113	7-day camp	67	2020-21
8.	Cleaning the surroundings of volunteer's home and nearby Anganwadis	TMG NSS units 81 and 113	7-day camp	67	2020-21
9.	Seedling plantation	TMG NSS units 81 and 113	Republic Day Celebration-	82	2020-21
10.	Awareness poster shared through social media	TMG NSS units 81 and 113	World Cancer Day Observance	92	2020-21
11.	Prepared Water	TMG NSS units	Helping the feathered		2020-21

	pots for birds	81 and 113	friends in the summer	72	
12.	Distribution of Pulse Oximeter	NCC	Covid 19 Relief Activities	80	2020-21

Number of Units: Two

Unit Number: 81 & 113

Number of students:

Enrolled during the year: Unit 1: 60

: Unit 2: 59

Special camp attended: Male: 20

: Female: 79

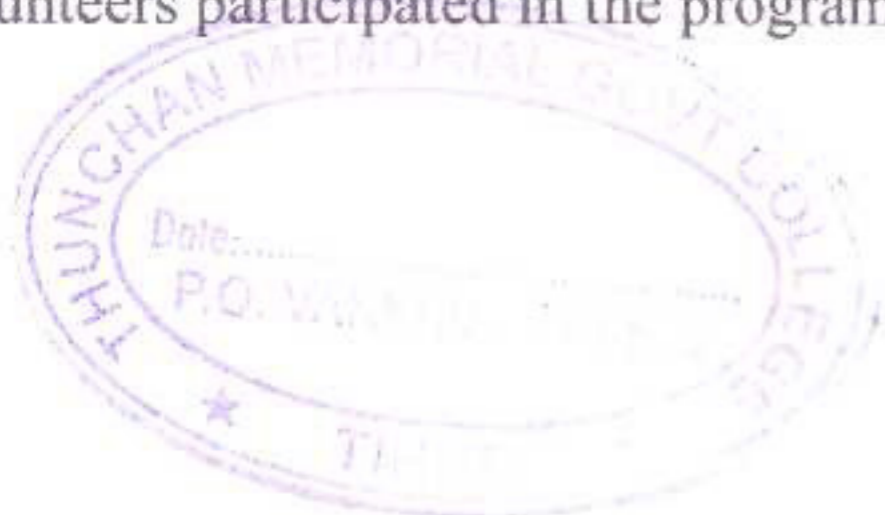
ACTIVITIES

The National Service Scheme (NSS) is a Central Sector Scheme of Government of India, Ministry of Youth Affairs & Sports. It provides opportunity to the student youth of 11th & 12th Class of schools at +2 Board level and student youth of Technical Institution, Graduate & Post Graduate at colleges and University level of India to take part in various government led community service activities & programs. The sole aim of the NSS is to provide hands on experience to young students in delivering community service. Since inception of the NSS in the year 1969, the number of students strength increased from 40,000 to over 3.8 million up to the end of March 2018 students in various universities, colleges and Institutions of higher learning have volunteered to take part in various community service programs.

As this year was severely affected by COVID 19 (Coronavirus disease (COVID-19) is an infectious disease caused by the SARS-CoV-2 virus.) pandemic the NSS activities including special camp of the year 2020-2021 were conducted through virtual mode.

05-06-2020 World Environment Day.

A part of world environment day volunteers planted saplings at their home and PO s at college. 85 volunteers participated in the programme

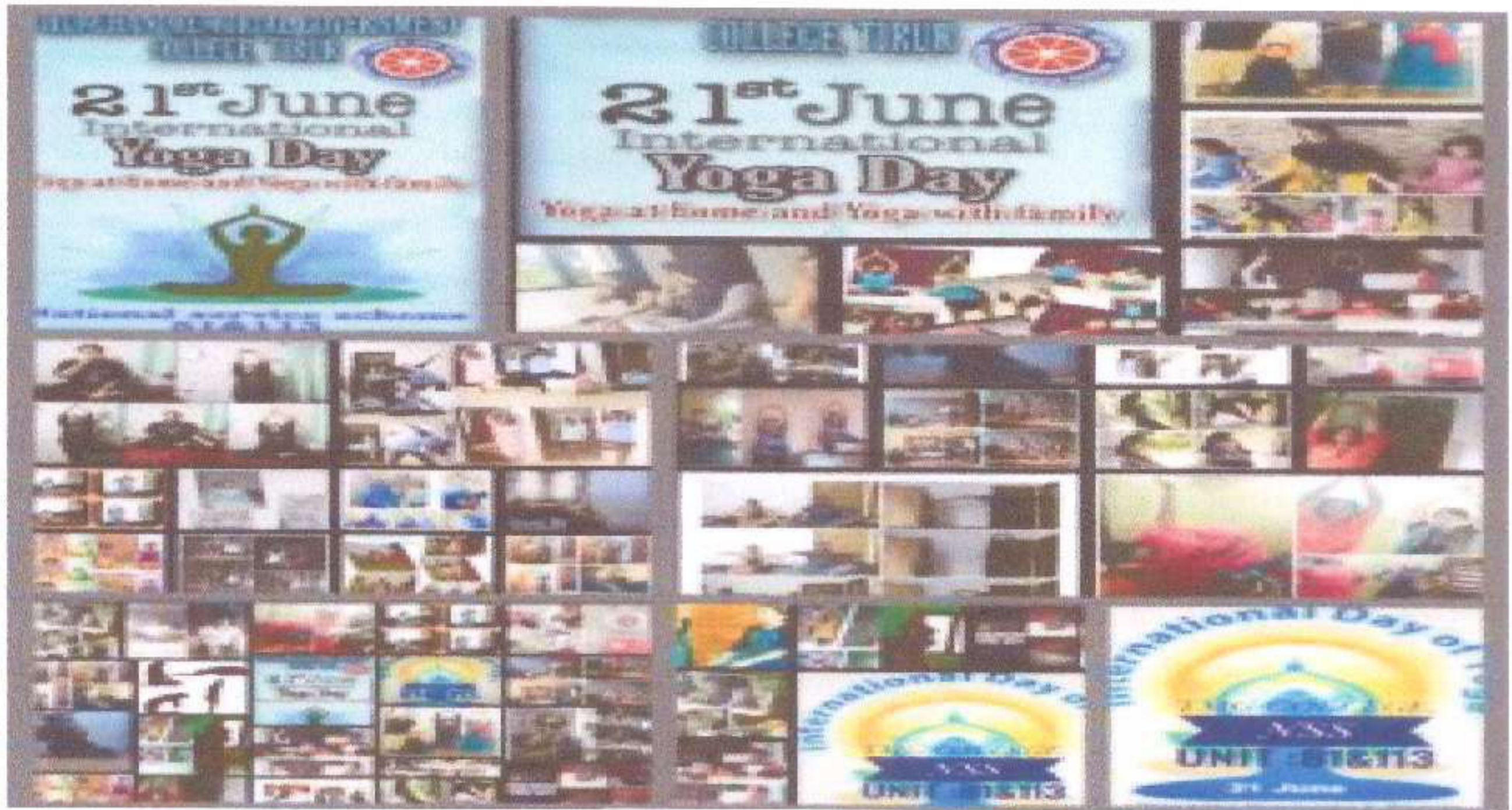




21-06-2020 International Yoga Day

As part of international Yoga Day, the volunteers engaged in yoga exercises along with their family with the theme “Yoga at Home Yoga with Family”





26-06-2020 International Day Drug use and Illicit trackling

An online quiz competition was conducted through testmoz.com



15-07-2021 Learning support to School students

Due to the spread of Covid 19, the schools were closed and the educational system moved to virtual mode. The change adversely affected the children and their parents. Hence the NSS volunteers supported the school students to cope up with their online classes due to covid 19

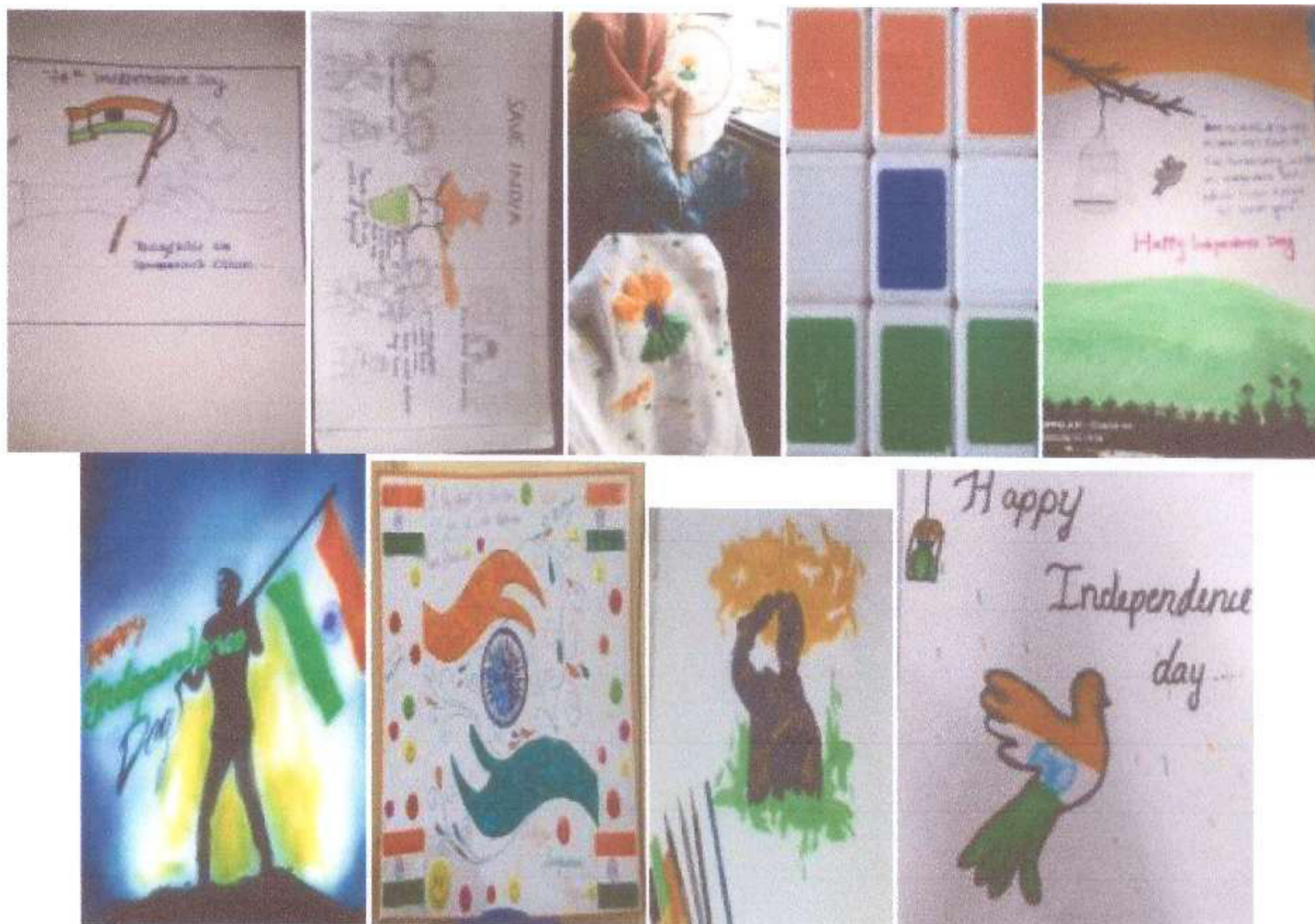




15-08-2020 Independence Day

On Independence Day an online quiz was conducted for NSS volunteers. The volunteers posted their creative works through Whats app media.





24-09-2020 NSS Day

Celebrated NSS Day by organizing a Webinar on the topic “Role of NSS in creating Social Responsibility”. Resource person: Dr. Jabir.K.T, Ex-NSS programme Office, TMGC, Tirur with five years’ experience as NSS PO. The session was organized via google meet platform

NSS TMG COLLEGE
UNIT NO. 81 AND 113

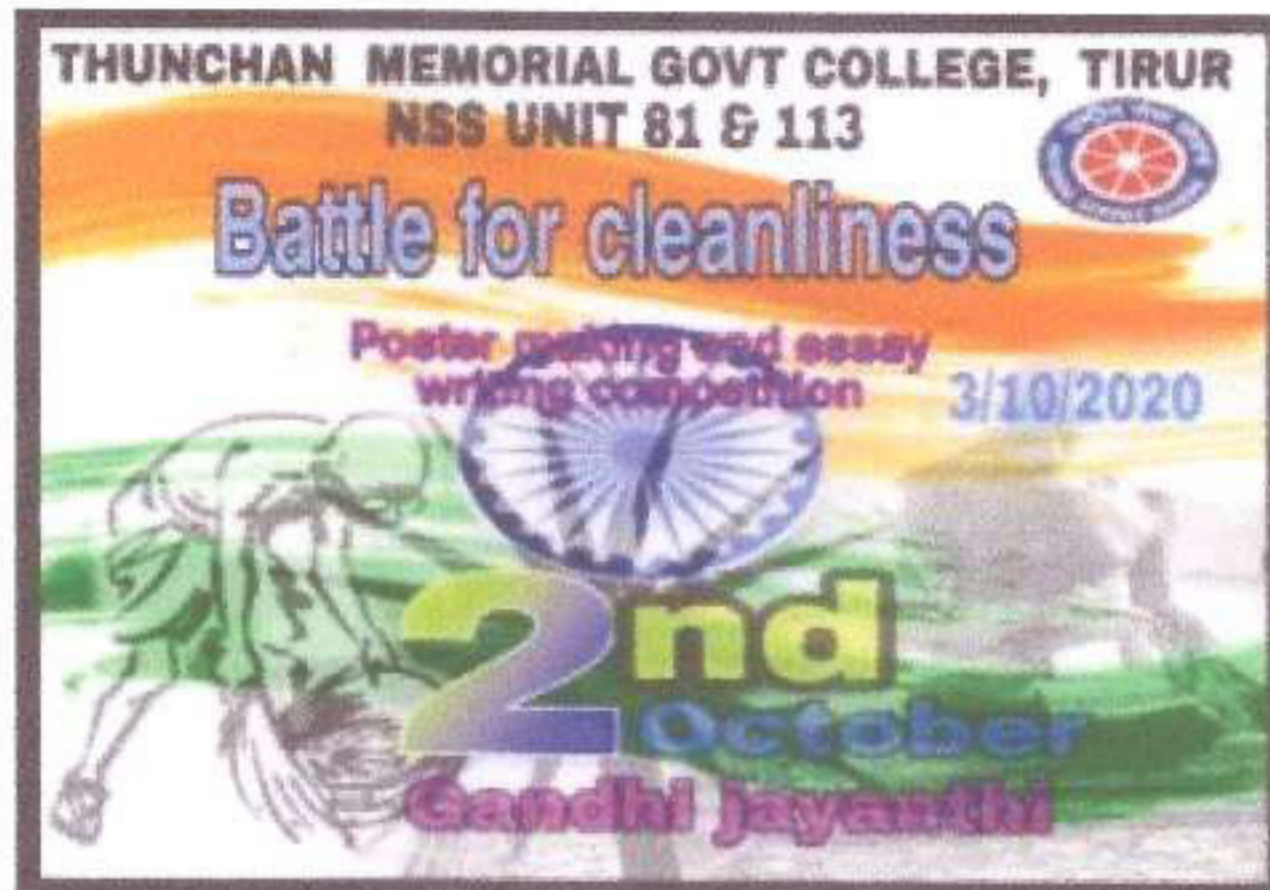
SEPTEMBER 24 NSS DAY
A talk on the topic of "Role Of NSS In Creating Social Responsibility"

Resource person:
Dr. JABIR KT
Ex NSS programme officer
Assistant professor
TMG College Tirur

24th Sept 2020

02-10-2020 Gandhi Jayanthi

As part of Gandhi Jayanthi Celebration three programs were organized. As a battle for Cleanliness, the volunteers of NSS engaged in cleaning activities in their home and nearby places. Essay writing competition on the topic “How do Mahatma Gandhi’s non- violence methods compare to 21st century leadership styles?” and poster making competition on the topic “Gandhi- A man of simple living and high thinking” at college level were organized by the volunteers.



Battle for cleanliness





10-10-2020 World Mental Health Day

A webinar on the topic “Mental Health in Covid outbreak” were organized. Resource person: Smt. Shamnisha. Psychologist, Anugraha Consulting Centre, Kottakkal. The session was such an interactive one.



31-10-2020 (Webinar)

A webinar on the topic “Basic Life Support” were organized in collaboration with Tirur Taluk Legal Services Committee on 31-10-2020 at 10.00 am. The session was inaugurated by Motor Accidents Claims Tribunal, District Sessions Judge, Tirur, Sri. T. Madhusoodanan . Presidential address Dr. Vijayakumar N P and the resource person who handled the session was Sri. Noushad. AVEmergency medical care Technician Angels District coordinator.



01-11-2020 (Kerala Piravi):

As part of Kerala Pivari, the volunteers organized programs like Malayalam speech competition and awareness quiz on Facts about Kerala

14-11-2020 (Children’s Day):

On line Quiz Competition were organised as part of Childrens’ day

04-12-2020 (Navy Day):

Online Awareness Quiz were organized

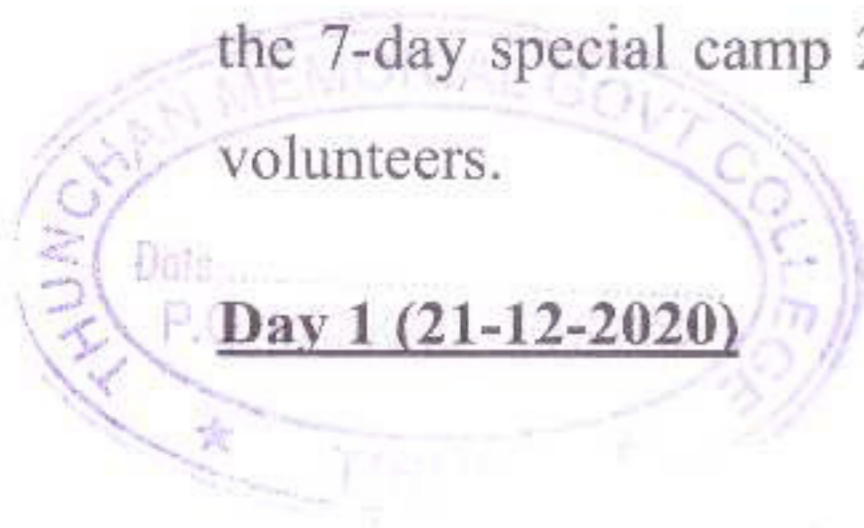
05-12-2020 (World Soil Day):

Online Awareness Quiz were organised

Special Camp Activities:

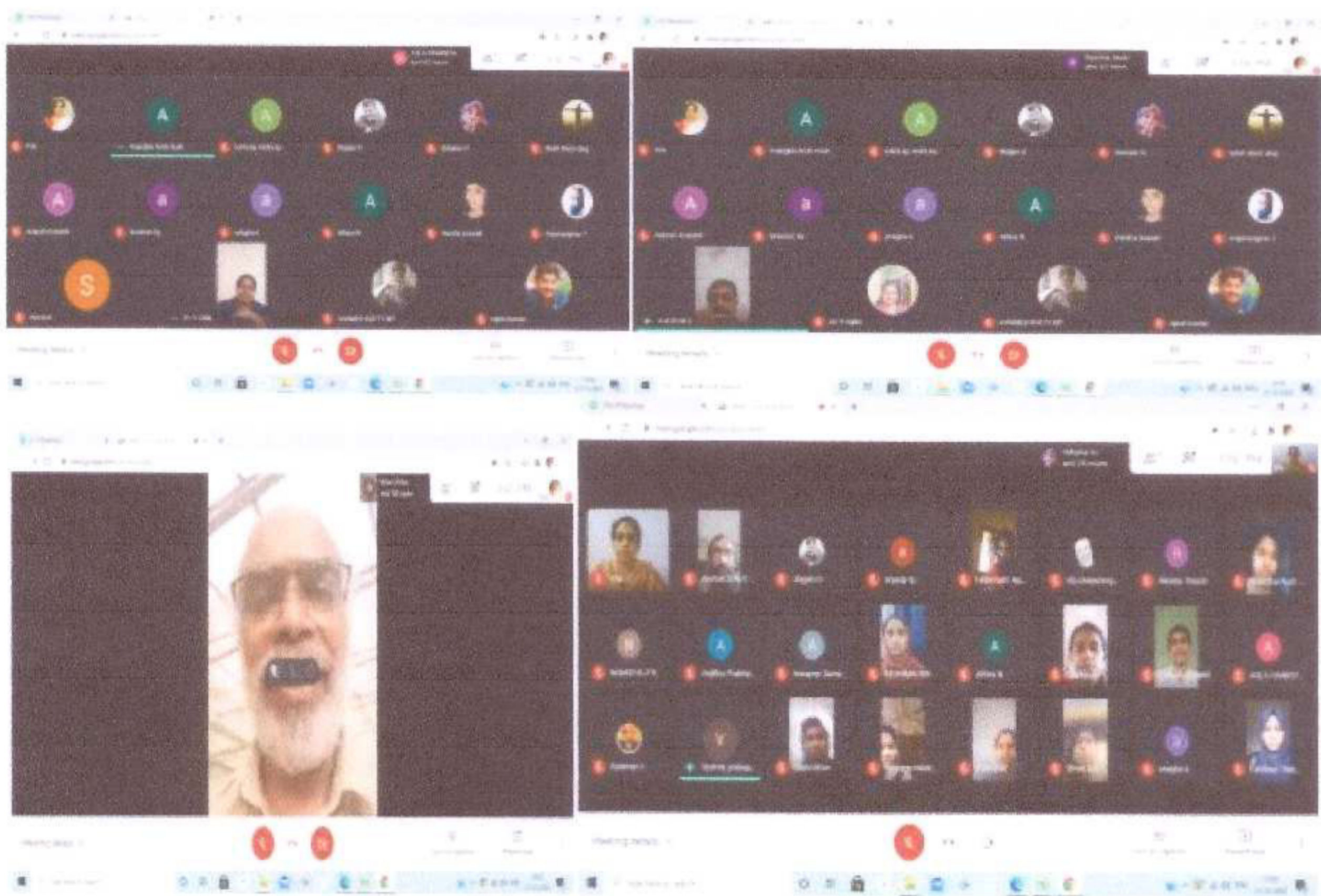
21-12-2020 to 27-12-2020 -7 days virtual NSS camp “PORATTAM 2020”

The year 2020-2021 was witnessed a horrible pandemic, Covid-19. The whole world struck due to this pandemic. The world locked down at their own home. The whole world moved to online mode. Hence the 7-day special camp 2020-2021 also moved to virtual mode, considering the health and safety of volunteers.



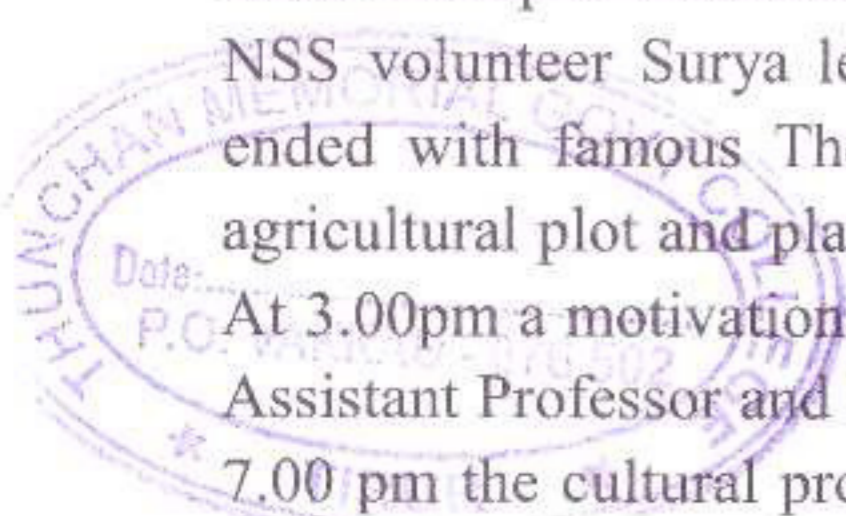
The first day of the special camp started with the inaugural session through Google meet. The session started with the NSS song by the NSS volunteer Vyshna Prakash K P. Rishana Razak, the secretary welcomed all to the session. Presidential address by the Respected principal, Prof. Vijayakumar N P, TMG College, Tirur. The session and the 7-day camp were inaugurated by Dr. Shyjan D, Registrar, Malayalam University. Dr. Sainudheen (HOD Arabic), Dr. Vijila V (HOD Commerce), Prof. Rajish Kumar (HOD Maths), Dr. Ajith (HOD Malayalam) and Prof. Shyni (HOD physics), felicitated the camp. NSS volunteer Smt. Anargha P, proposed the vote of thanks. The session came to an end with the National Anthem.

After the inaugural session the programme officers divided the volunteers into different groups. The plan for 7 days was explained to the volunteers by Prof. Kavitha V K, NSS programme officer. An ice breaking session was conducted by Prof. Ahamed Kutty. N P, NSS PO, TMG College



Day 2 (22-12-2020)

The second day of the virtual camp was started with the morning session at 7.30am through Google meet. Group 2 coordinated the activities of second day. The session started with the NSS Geetham. NSS volunteer Surya lead the Yoga Session, digital paper presentation by Dilna. Morning session ended with famous Thought of Brasly. At 10.30 am the volunteers engaged in making beautiful agricultural plot and planted seedlings of vegetables and tree at their own home and neighboring area. At 3.00pm a motivational class on the topic "Life of an NSS volunteer" which was led by Sri. Noufal, Assistant Professor and NSS PO, Kidmath college. The Volunteers were really enjoyed the session. At 7.00 pm the cultural programme started. Group 2 arranged variety programs to explore the talents of



NSS Volunteers. At 9.00 pm feedback session via recorded voice of group leaders and others were conducted via WhatsApp

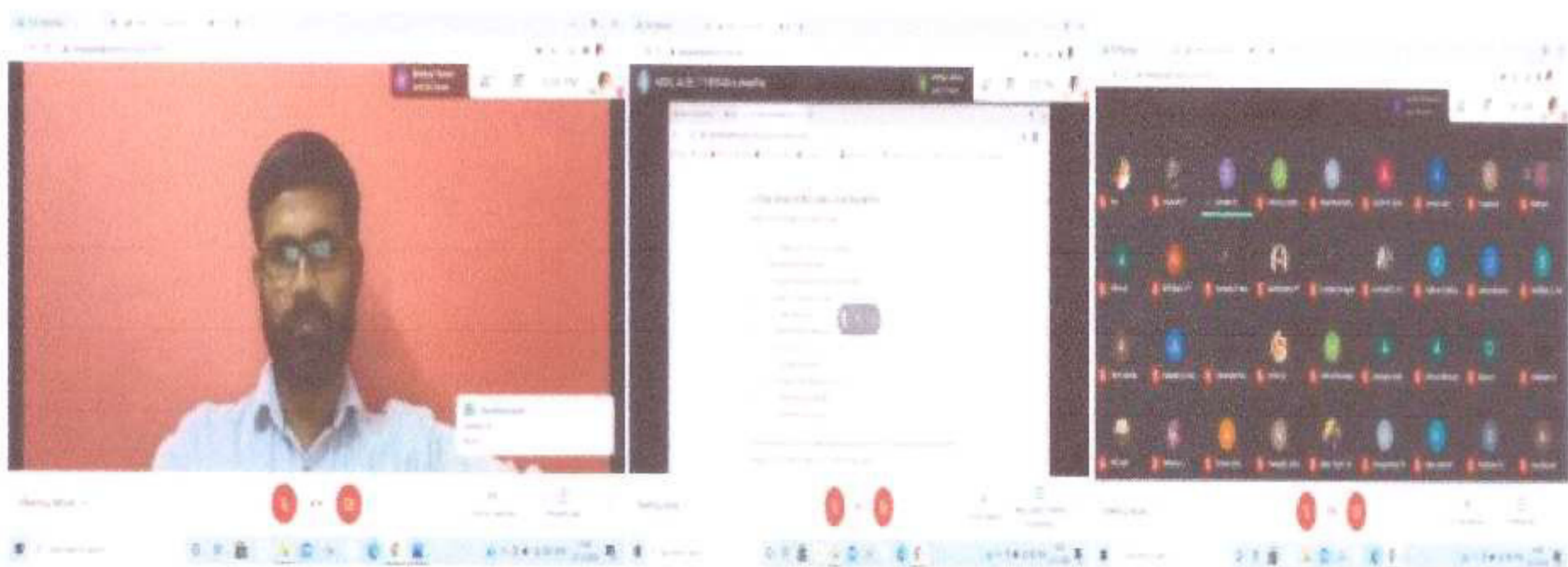
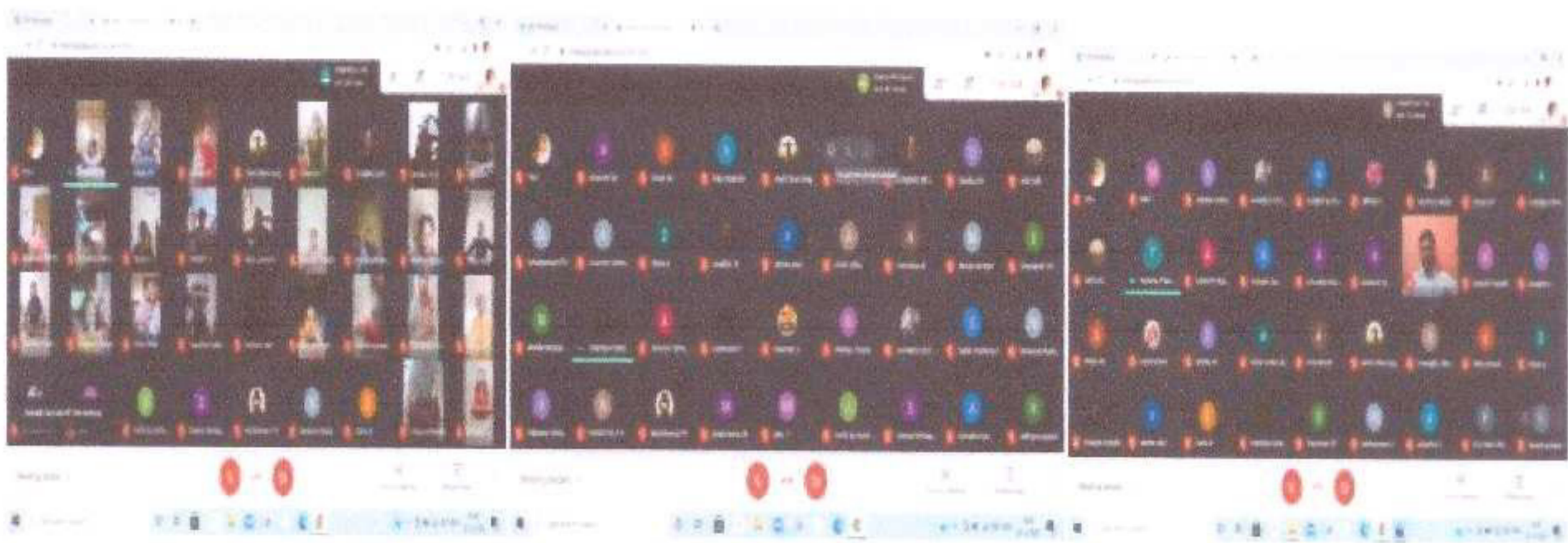


Link to the photos:

https://drive.google.com/drive/folders/1FMuVuI7AJy1W_62edgwV6Su6hQ3i57FN

Day 3 (23-12-2020)

The third day of virtual camp started with morning session at 7.30am, NSS Geetham, Yoga, Digital paper presentation and thought of the day. At 10.30 am, as part of Sramadhan the volunteers cleaned the surroundings of their home and nearby Anganwadis. At 3.00 pm a class on Web designing was conducted by Assistant Professor Dr. Abdul Jaleel, TMG college, Tirur. At 7.00 pm cultural programme started and the day ended with the feedback session



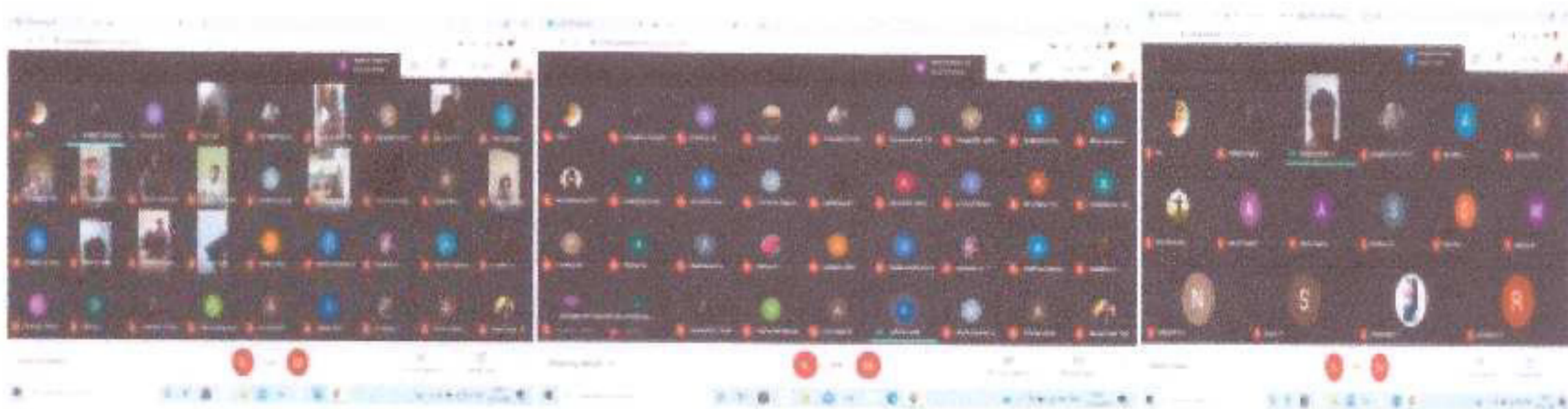
MEMORIAL
Date:.....
P.O. Vairath
TIRUR

Link to supporting photos and videos:

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Day 4 (24-12-2020)

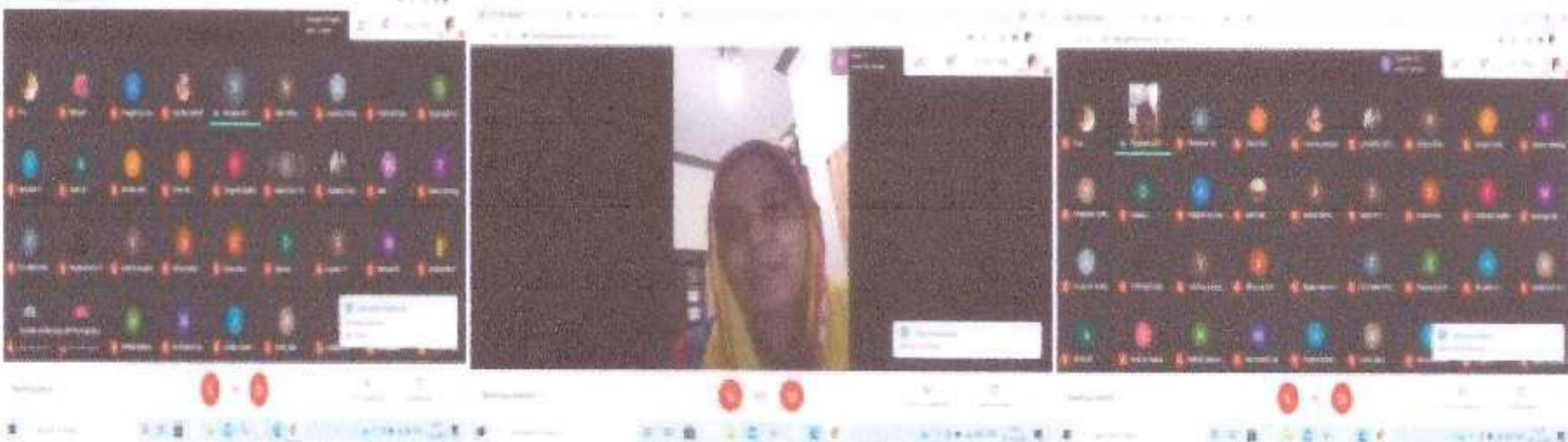
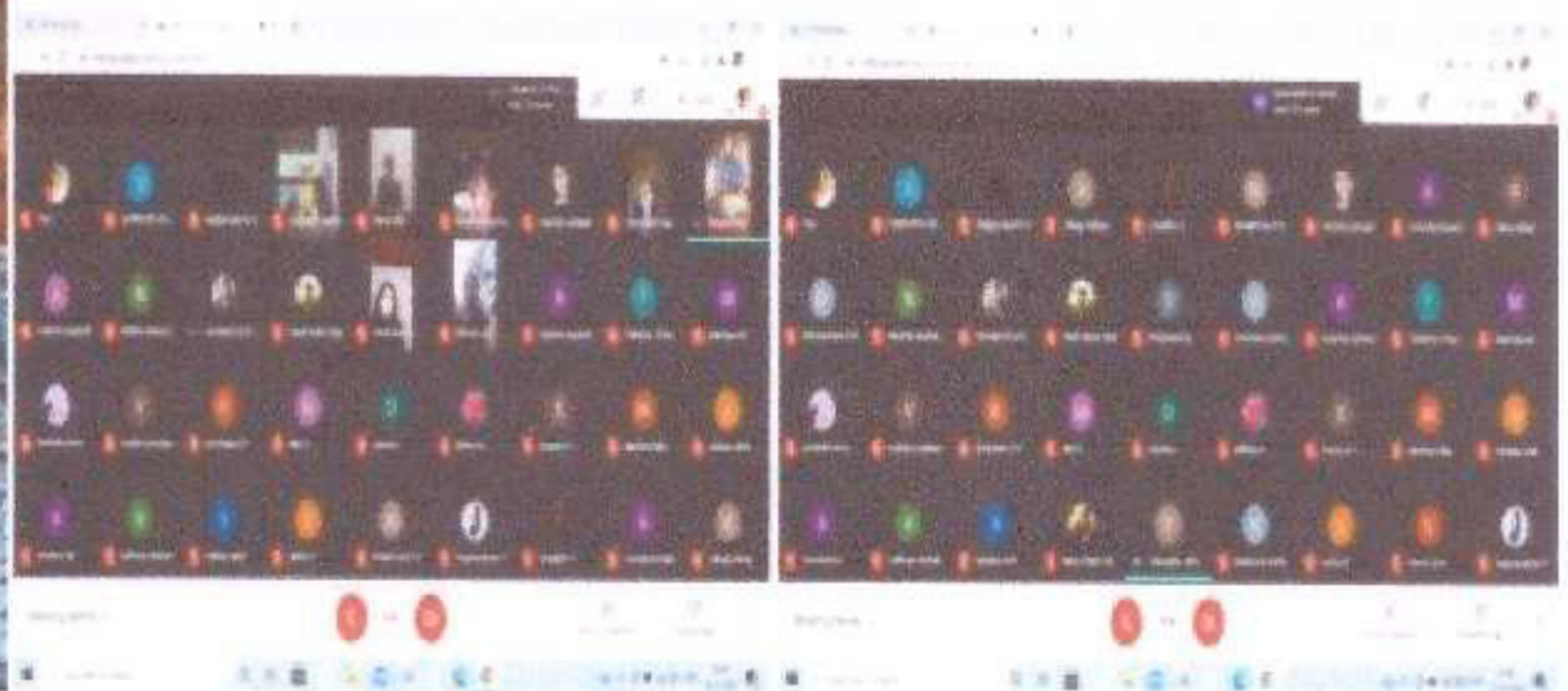
The fourth day started with NSS Geetham at 7.00 pm and followed by Yoga, Digital paper presentation and thought of the day. At 10.30 am, the volunteers conducted survey through telephone and direct interview and the report submitted through Google form. The cultural programme started at 300 pm. At 7.00 pm an awareness class on “Healthy Life” by Dr. Habeeb Noufal was conducted. The day ended with the feedback session



Day 5 (25-12-2020)

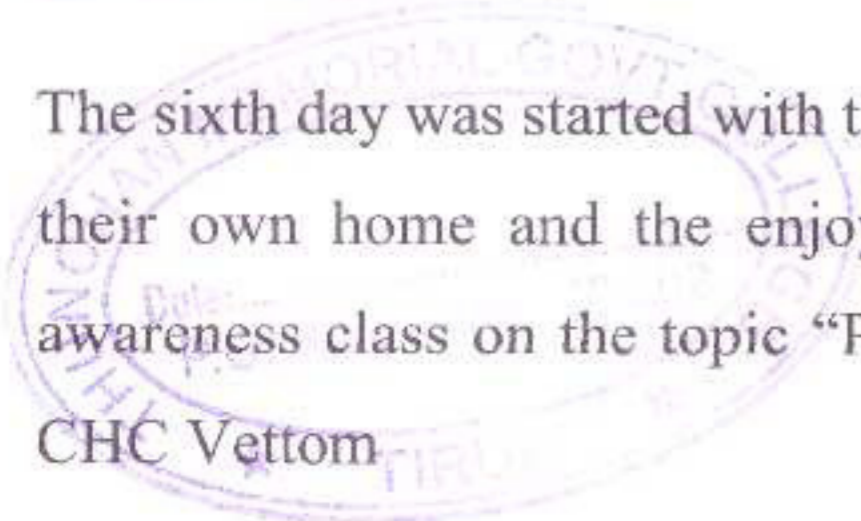
The fifth day of the camp started with the daily morning Session at 7.30 am. The fifth day was celebrated with variety programs based on Christmas like card making, star making, tree making competition. At 3.00pm a motivational talk by Smt. Shamnisha. Clinical Psychologist on the topic “Being yourself” was conducted. At 7.00 pm cultural programs started and the day ended with the feedback session

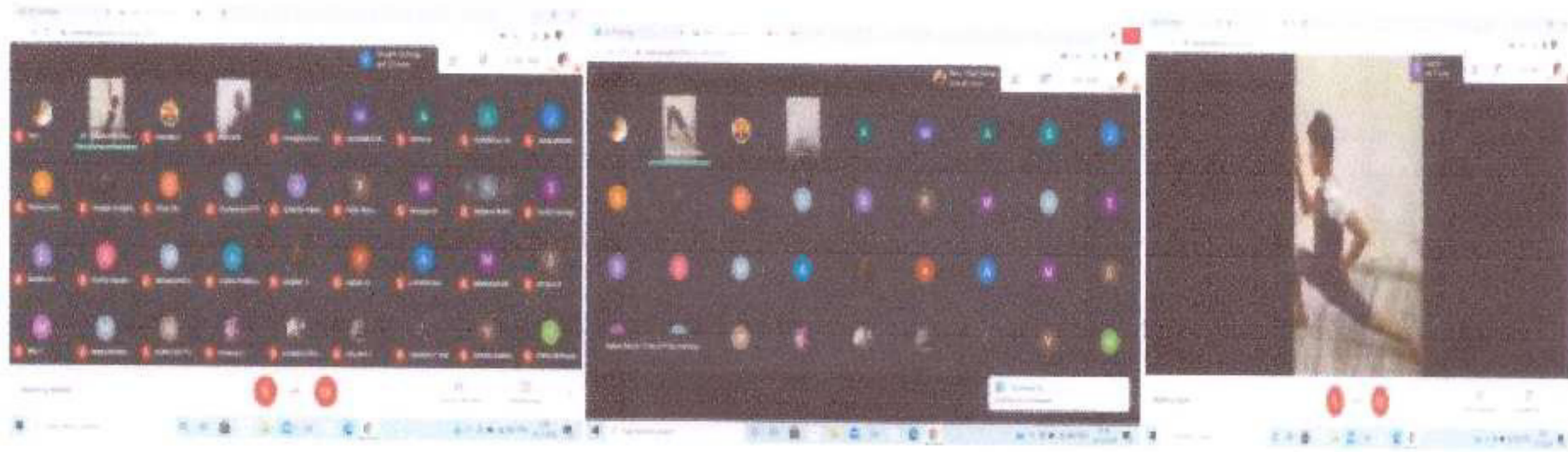




Day 6 (26-12-2020)

The sixth day was started with the morning session. On sixth day the volunteers prepared tasty foods at their own home and they enjoyed the taste of foods with their family members. At 3.00 pm an awareness class on the topic "Public Health" was conducted by Sri. Rajith Kumar, Health Inspector, CHC Vettom.





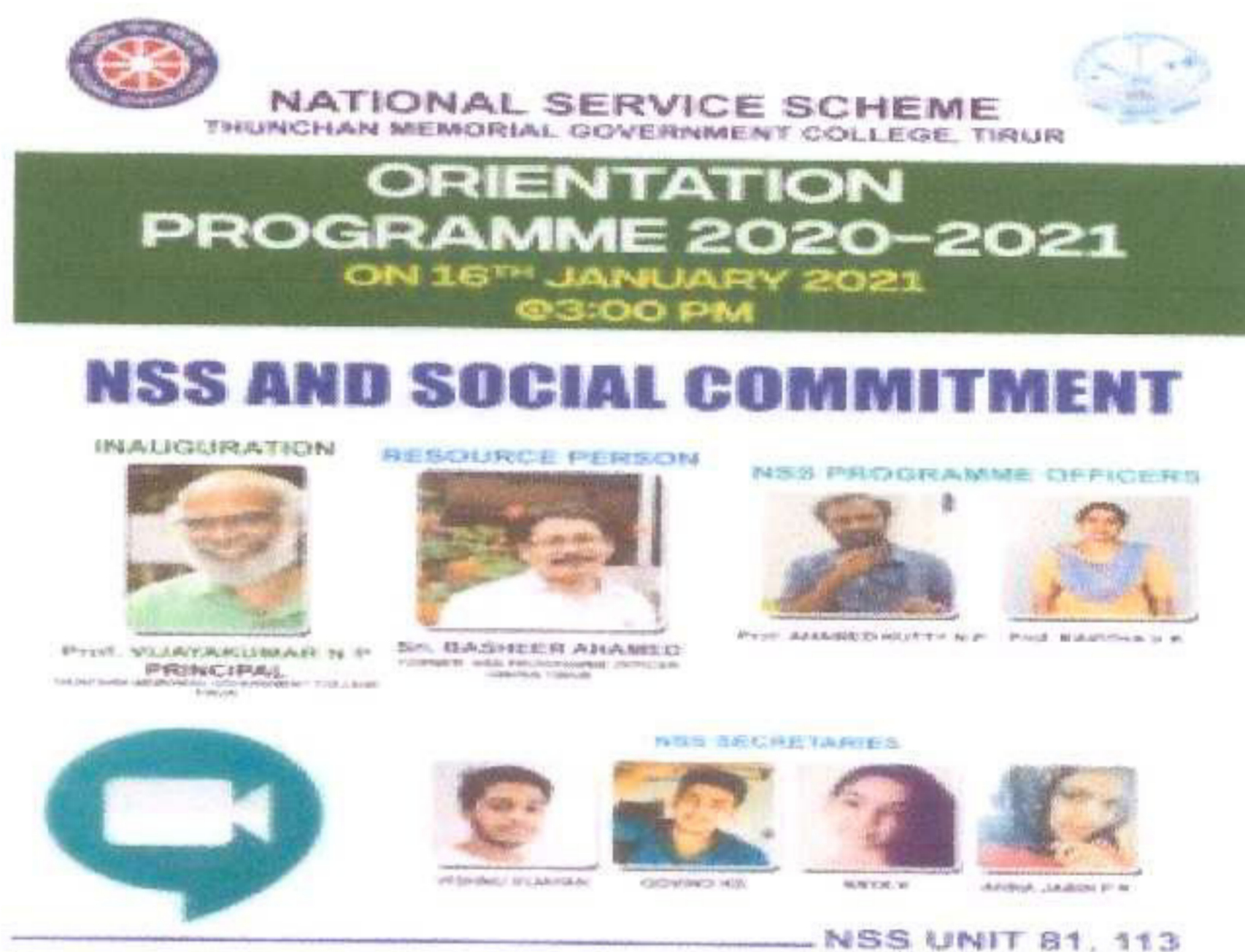
Day 7 (27-12-2020)

The seventh and the last day of the virtual camp were started with the regular morning session at 7.30 am. The valedictory session started at 10am and it was inaugurated by Dr. Sameera. District coordinator, NSS Malappuram, Presidential address by Principal. The volunteers shared their experiences of the “seven-day virtual camp”. The programme ended with the vote of thanks and National Anthem



16/01/2021 Orientation Programme

The NSS units organized an orientation programme for the newly enrolled volunteers. The programme started with NSS Geetham. The Programme inaugurated by Respected Principal of the college, Prof. Vijayakumar N P and presidential Address by Sri. Ahamed Kutty N P, NSS Programme Officer. The session was handled by Sri. Basheer Ahamed, Former Programme Officer, GBHSS, Tirur. The Session ended with vote of thanks by Kumari. Arya V, NSS Secretary



26/01/2021 Republic Day Celebration

NSS volunteers celebrated Republic Day on January 26th. NSS volunteers organized events online in the wake of the epidemic. Variety of events were conducted. Started the day by offering republic day greetings in groups from 9:00 am. Seedlings were planted in the houses of volunteers from 10 am and shared photo of their beautiful tree sapling which was getting ready to be watered and shared . 100 saplings were born in this one activity. 83 girls and 17 boys actively shared photos. The poster making competition started at 12PM and was attended by a large number of names. The Winner of poster making competition was Sri. Akhil. The quiz competition, which started at 2 pm, was an opportunity for everyone to evaluate what they learned about their country. 81 girls and 15 boys participated in the quiz. At 4pm Google meet for passing Republic Day message were started with prayer by Sandra (NSS volunteer), welcome speech by Anna Jabin (NSS Secretary). Presidential address by Arya (NSS Secretary) and session Inaugurated by Sri. Ahamed Kutty N P (NSS Program Officer). Important message of the day shared by Smt. Kavitha V K (NSS Program Officer). Lifana, Shreeshma, Gokul Raj, Vaishakh and Jishna gave everyone a clear idea of Republic Day, history and the Constitution of India. The session ended with greetings by Vishnu Vijayan (NSS secretary) and Vote of Thanks Govind (NSS secretary). 83 girls and 17 boys were participated. Although there are many difficulties

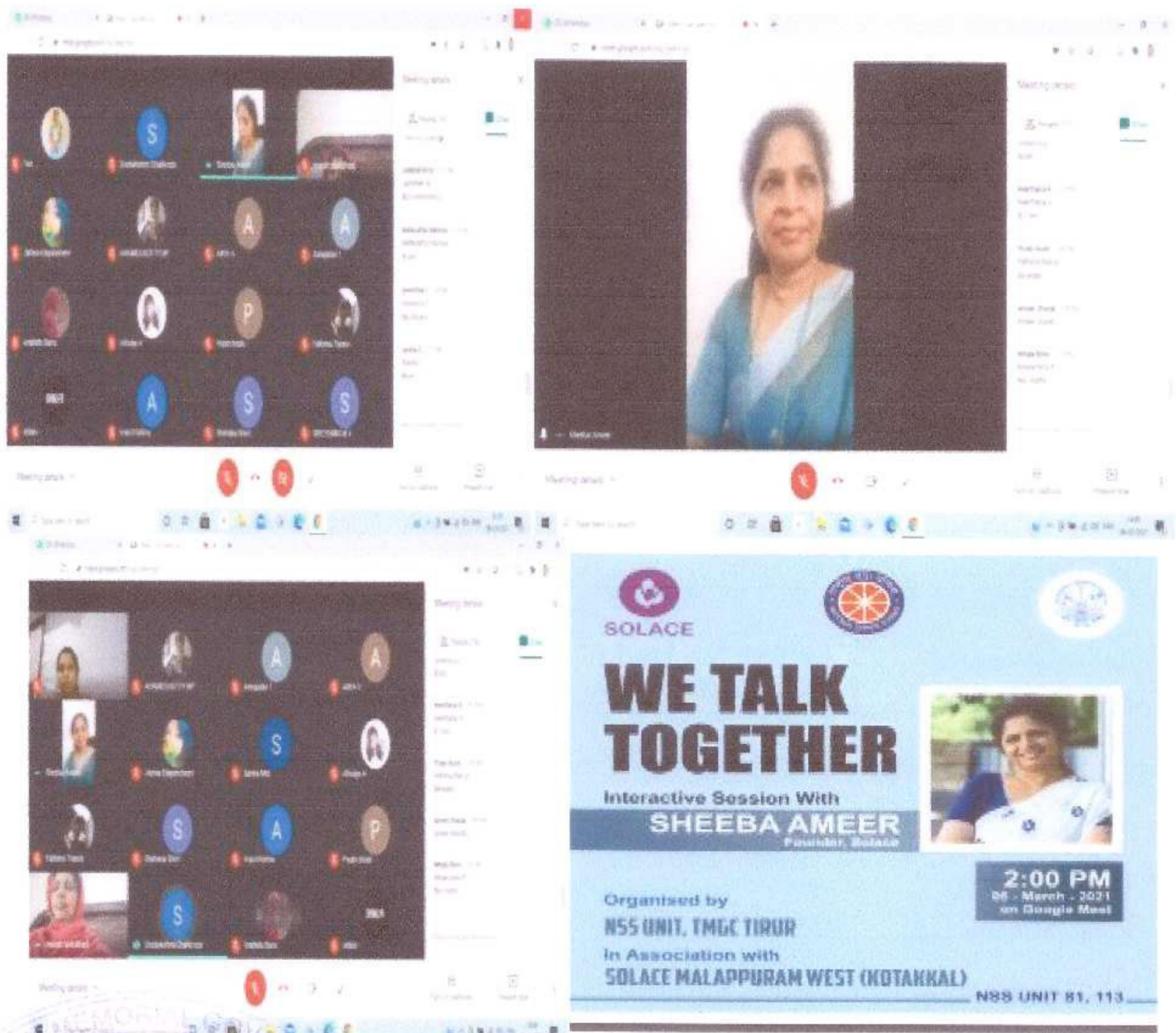
in organizing events, we were able to conduct many events online so that everyone could understand about the country and the importance of this day.

04/02/2021 World Cancer Day

Volunteers prepared a poster to create awareness about Cancer Day and shared through social media platform

06/03/2021 Seminar

An Interactive session with Smt. Sheeba Ameer (social worker, founder, solace). Solace is an organization that works to help children and their families with diseases like cancer, epilepsy etc. A detailed discussion was made with the success story of Smt. Sheeba Ameer and what an NSS volunteers can do in the field of social work with solace.



09/03/2021 Helping the feathered friends in the summer

The Volunteers prepared posters for creating awareness among the public to provide water to the birds in the hot summer. Following this each volunteers prepared a bowl of water and hang it on the tree of their own house. Hence around 110 bowlsof water were prepared for birds





15-04-2021 to 31-05-2021

The volunteers installed a mobile application named "NSS ORIENTATION" which is developed by NSS officially for the volunteers. The volunteers downloaded the app from play store and completed the orientation course. The completed volunteers were eligible to found certificates on course completion. The application consists of class videos, assignments and quiz.

30/05/2021 World Tobacco Day

On world Tobacco day Google meet conducted for discussion

Principal,
T.M. GOVT COLLEGE
TIRUR





NATIONAL CADETS CORPS - ARMY
WING THUNJAN MEMORIAL GOVT. COLLEGE,
TIRUR
29 KERALA BATTALION NCC

Activities of the year 2020-21

The sub unit has completed its 35 years of achievements. It had a humble beginning with a platoon of sixty cadets in the year 1986. Since then, this sub unit had a rapid growth. The NCC sub unit of this college is affiliated to 29 Kerala Battalion NCC Calicut University. Mr. Mohammed Fayis of 3rd B Com selected as the senior Under officer (SUO), Mrs. Saranya K of 3rd Bsc Physics was selected as the Under Officer (UO) and Anjali Prakash of 2nd Bsc Mathematics was selected as the CQMS of the Unit

Enrollment:

This year also we have completed enrollment of 53 cadets. The yearwise details of enrollment is—

YEAR	SD	SW	TOTAL
I year	9	10	19
II year	9	9	18
III year	8	8	16
TOTAL	26	27	53



Camp

NATIONAL CAMPS AND ACHIEVEMENT

Ek Bharat Shrestha Bharat (EBSB) Camp

1. **SGT ATHIRA T** attended EBSB Saptah camp conducted by 16 (K)BN NCC under group headquarters Kottayam (via Online) from 24TH September 2021 to 30th September 2021.

ACTIVITIES

EVENTS CONDUCTED DURING LOCKDOWN TIME

MASK PRODUCTION AND DISTRIBUTION

NCC Army wing of TMG College Tirur has taken an initiative to prepare cotton masks, which is an essential commodity during this time. Many SW cadets showed an interest to stitch masks. We stitched ordinary cloth masks and as well as tricolor masks in remembrance of the NC flag.

SANITIZER MAKING AND DISTRIBUTION

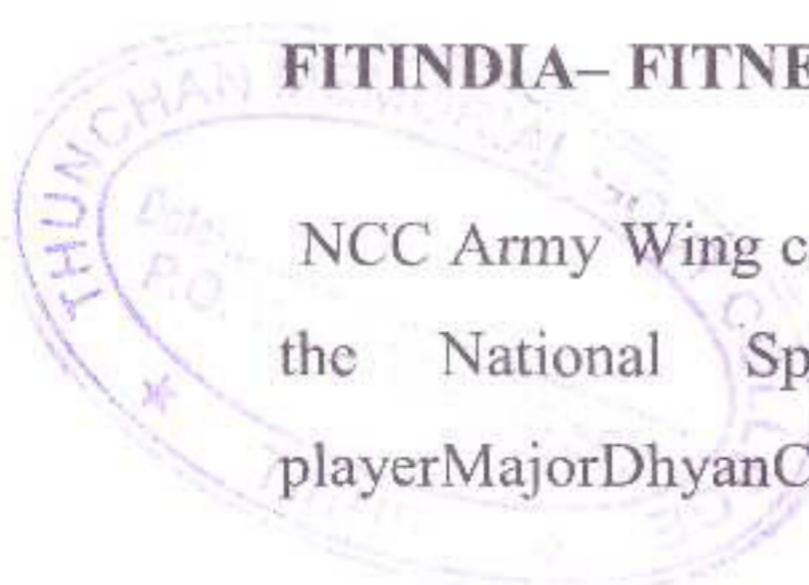
Cadets of NCC Army Wing of DGM MES Mampad College have taken an initiative in the preparation of alcohol-based hand sanitizer during the lockdown time. The preparation of hand sanitizer was controlled by Dr. Usha Kumari, former Principal, TMGC Tirur. Many cadets residing near by our college had participated in the making and distribution of the sanitizer bottles. We distributed it to the nearby areas and shops surrounding the college. We also used a part of it for the sanitizing purpose during university admissions and University semester exams in the college itself.

JUNE 5- ONLINE ENVIRONMENT DAY CELEBRATION

NCC Army Wing of TMG College Tirur has conducted online environment day celebration on June 5. Cadets planted many saplings in front of their courtyard and shared the photos. We combined those photos and shared them through WhatsApp highlighting the importance of the Environment Day.

FIT INDIA- FITNESS WEBINAR WITH HOLYMPIAN NIRFAN

NCC Army Wing cadets of TMG College Tirur had organized a fitness webinar on behalf of the National Sports Day on 29th August, the birth anniversary of Hockey player Major Dhyanchand.



The highlight of the webinar was the participation of Olympian Irfanas well as the presence of the Commanding Officer, 29 (K) Bn NCC Thenhipalam, Col.R. RKotwal.



TMGC



NCC ARMY WING



KARGIL VIJAY DIWAS

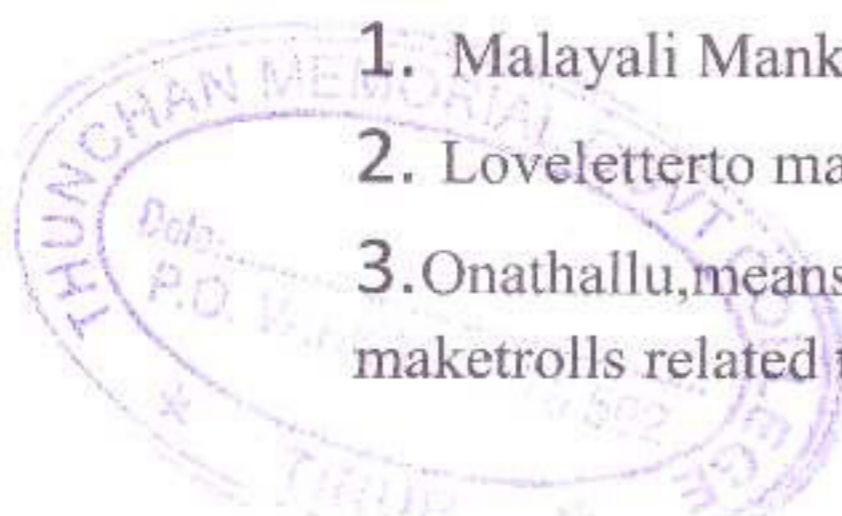
NCC ARMY WING of TMG COLLEGE celebrated Kargil Vijay Diwas on 26-07-2020. Regarding this a short video with five minutes duration was created as a tribute for the martyred soldiers of Kargil war. We made posters and circulated it to all the WhatsApp groups to make every student other than the NCC Cadets aware of the portance of the day.

ONLINE ONAM CELEBRATION

As a part of Online Onam celebration 2020, NCC Army Wing of TMG College Tirur has conducted with the title 'Coronam' indicating Onam in the middle of a pandemic. We conducted a lot of competition among the cadets of TMG College itself. Online Onam celebration in college-

As a part of Online Onam celebration, NCC Army Wing of TMG College Tirur conducted Group wise competition for all cadets on September 2, 2020. The competitions were:

1. Malayali Manka/Shreeman, that means to dress up in traditional Kerala style
2. Love letter to maveli
3. Onathallu, means to exaggerate events related to onam of old times,
4. Troll making, to make trolls related to onam



5. Onapattu, music competition related to onam
 6. Ormayile Onam, share the memories related to onam of old times.
- All the programs conducted were through online medium.



INDEPENDENCE DAY

As a part of Independence Day programme, NCC Army wing of TMG College Tirur, hosted flag in college on 15th August,

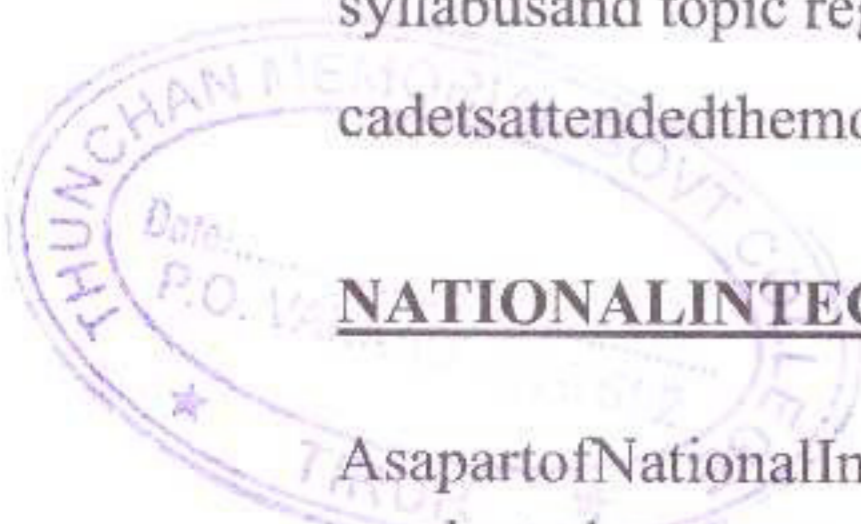
Saturday. Principal Viju Nayarangadi hosted the flag. Even the condition of COVID –19 pandemic, 5 cadets participated under the control of UO Muhammed Fayis by ensuring proper safety measures. Principal Viju Nayarangadi, ANO Capt. Shukkoor Illath and management secretary OP. Abdurahman delivered the message

B&C CERTIFICATE MODEL EXAMINATIONS

We the NCC Army Wing of TMG College Tirur conducted around 3 B&C Certificate model exams prior to the main exams. It was absolutely helpful to each and every cadets to become familiar of the syllabus and topic regarding the examinations. Every 2nd & 3rd year cadets attended the model exams.

NATIONAL INTEGRATION WEEK CELEBRATION

As a part of National Integration week celebration, NCC Army Wing of TMG College Tirur conducted programs on National integration day, Welfare of Minority Day, Linguistics Harmony



Day, Weaker Section Day, Cultural Unity day, Women's day and Conservation day.

1. Thursday, 19th November 2020 - National Integration Day

Organized all cadets through the google meet platform and made them aware of the importance of the National Integration Week. We made posters on behalf of the programme and shared it to various WhatsApp groups.

2. Friday, 20th November 2020 - Welfare of Minority Day

A video was made depicting the importance of the welfare of the minority sections. It was shared to the cadets through WhatsApp.

3. Saturday, 21st November 2020 - Linguistics Harmony Day

In accordance with Linguistics Harmony Day celebration, a webinar on the topic "Linguistics Harmony" was successfully conducted on 21st November, 2020 through Google meet platform. The chief guest of the programme was Cadet Gowri Nair from Gujarat. She successfully conveyed to us the importance of linguistic harmony in a multilingual nation and she taught us some Gujarati words, explained the difference between Hindi and Gujarati.

4. Sunday, 22nd November 2020 - Weaker Section Day

In the context of Weaker Section Day observed on 22nd November 2020, Sunday, We the cadets of TMGC Tirur gathered through google meet platform, and had a talk with Dr. Ajith MS faculty of Department of Malayalam of TMGC Tirur. He conveyed his message regarding the subject. His session was very informative.

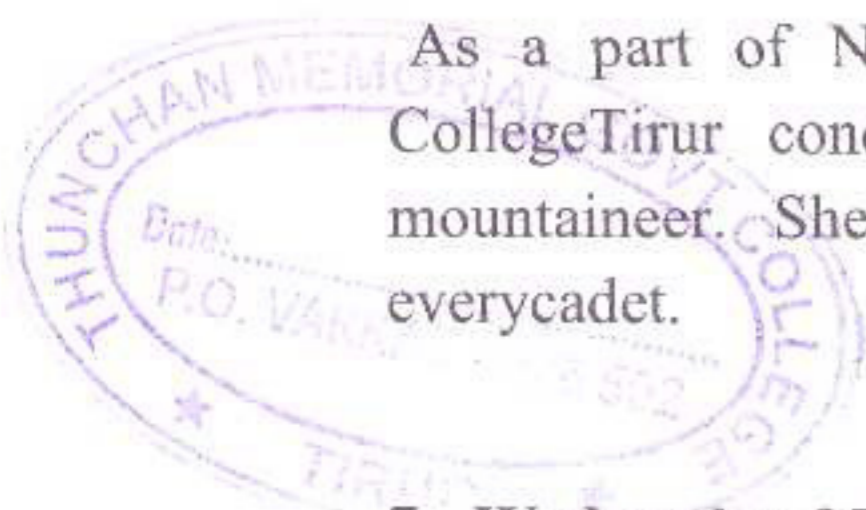
5. Monday, 23rd November 2020 - Cultural Unity Day

Cadets of NCC Army Wing of TMG college Tirur celebrated Cultural Unity Day through online platform. We have done many cultural programs presented by the cadets.

6. Tuesday, 24th November 2020 - Women's Day

As a part of National integration one week celebration, NCC Army Wing of TMG College Tirur conducted a webinar to have a talk with Mrs. Geethu Mohandas who is mountaineer. She detailed to us about her journeys. Her words seemed inspiring to each and every cadet.

7. Wednesday, 25th November 2020 - Conservation Day



As a part of National Integration One week celebration, NCC ArmyWing ofTMGCollege Tirur conducteda webinar associating withMr. Sasibhooshanmasterthe national awardwinnerforthebestteacher.Heconveyedhisideasregardingtheimportanceofconservationof henature.





Flagdaycollection

Our sub unit collects 10070 rupees in this year. **Cdt**

Muhammed Riyas collected highest amount. He collected 2000 rupees.

ONLINE NCC DAY CELEBRATION

As a part of NCC Day with the cadets of TMG College Tirur organized a webinar in order to motivate each and every cadet. We were extremely happy by the presence of Mrs. Sangeetha, an ex-cadet who participated in RDC Delhi as well YEP Russia. Her words inspired us and she well explained how her hardships paved the way to success. RDC/YEP are those camps that every cadet has dreamed of, she was able to take us along with her success journey.

INDIA'S FREEDOM STRUGGLE JALIAN WALA BAGH REMEMBRANCE DAY & NUKKAD NATAK AGAINST PLASTIC USE

NCC ARMY WING of TMG College Tirur conducted **India's Freedom Struggle Jalian Wala Bagh Remembrance Day & Nukkad natak** on **1st April 2020** against plastic use.



As part of Jalian Wala Bagh Remembrance Day, a Nukkad Natak on say no to plastics also conducted. Cleaning of college premises were initiated by cadets.

Both two programs were very effective in all aspects among cadets. The Jalian Wala Bagh Remembrance Day helped the cadets to increase the patriotism and say no to plastic campaign helped cadets to increase personal hygiene and sanitation.



DISTRIBUTION OF PULSE OXIMETER

Cadets of NCC Army Wing of TMG College Tirur organized an oximeter challenge by collecting 100 Rupees each from each and every person those who were interested to donate. It became a successful event that many people other than the staff of the college showed interest to donate to the challenge. We collected around 35 oximeters and donated it to Vettompanchayat.





PRO Defence Trivandrum · 16m

ANO Capt. Shukkoor Illath handing over Oximeters worth 30K to the president of Vettom Panchayat.

#JanAndolan #NCCKerala

#IndiaFightsCorona

#NationalCadetCorps

#NCCfightsCorona

@SpokespersonMoD

@HQ_DG_NCC

NCC DTE KERALA & LAKS... · 2h

#NationalCadetCorps

#NCCfightsCorona

TMG College Tirur NCC of 29K Bn handed over 36 Pulse Oximeters to the president of Vettom Panchayat ...

[Show this thread](#)



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Principal,
T.M. GOVT COL

