

NAAC
Accreditation
Cycle - 3

SSR
Documents



THUNCHAN MEMORIAL GOVT. COLLEGE, TIRUR

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Criterion 3

Research, Innovations and Extension

3.4.1



Extension Activities

3.4.3 EXTENSION ACTIVITIES 2019-20

Sl.No.	Name of the activity	Organising unit/ agency/ collaborating agency	Name of the scheme	No.of participants	Year of the activity
1.	Abhayam Bhavanam Thakoldhanam	TMG NSS units 81 and 113	Abhayam Bhavana Padhathi	102	2019-20
2.	college canteen and nearby area cleaning	TMG NSS units 81 and 113	Swatcha Bharath	100	2019-20
3.	koottayottam	TMG NSS units 81 and 113	National Unity Day	110	2019-20
4.	Beach Cleaning	TMG NSS units 81 and 113/ Ministry of Environmental Forests and Climate change	Desiya kadalora sucheekarana yanjam	104	2019-20
5.	Preparation of Vegetable Garden	TMG NSS units 81 and 113/Agricultural Department	Vegetable Gardening	102	2019-20
6.	Vegetable plantation	TMG NSS units 81 and 113/Agricultural Department	Vegetable Gardening	52	2019-20
7.	Inauguration of Laharimukta Campus	TMG NSS units 81 and 113/ Excise Depatment, Malappuram, College Union, NCC, JEEVANI	Anti Narcotic Awareness	96	2019-20
8.	converted a waste dumped land to play ground	TMG NSS units 81 and 113	7 day camp	102	2019-20
9.	Interaction with 4th standard students of Vakkad School	TMG NSS units 81 and 113	7 day camp(Koode)	102	2019-20
10.	Procession to	TMG NSS units 81 and	7 day camp	102	2019-



	aware community about drug abuse	113/Vakkad Padiyam Jagratha Samithi			20
11.	made a way to Vakkad School	TMG NSS units 81 and 113	7 day camp	102	2019-20
12.	planted seedlings of vegetables in Anganvadis	TMG NSS units 81 and 113	Vegetable Garden	72	2019-20
13.	Vegetable Harvesting	TMG NSS units 81 and 113/Vettom Krishi Bhavan	Vegetable Gardening	57	2019-20
14.	Body safety education for kids	TMG NSS units 81 and 113	Kunjunakshathrangal; kaliyil Alpam KaaryamKOODE	80	2019-20
15.	VIMUKTHI Football Competition	TMG NSS units 81 and 113	Anti narcotic Awareness	40	2019-20
16.	Awareness about covid-19 and hand wash and sanitizer distribution to the nearby shops of college.	TMG NSS units 81 and 113	Covid 19 awareness Campaign	20	2019-20
17.	Distributed masks to people in the nearby area of college	TMG NSS units 81 and 113	Covid 19 awareness Campaign	20	2019-20
18.	Participated in All India Mountaineering course at Utharkashi	NCC	Himalayan basic Mountaineering camp at Utharkashi	1	2019-20
19.	cleaning programme at college campus and beach	NCC	Swatchatha Pakhwada	198	2019-20



THUNCHAN MEMORIAL GOVERNMENT COLLEGE, TIRUR

NATIONAL SERVICE SCHEME UNIT NO. 81&113

ACTIVITIES REPORT 2019-2020

The National Service Scheme (NSS) is a Central Sector Scheme of Government of India, Ministry of Youth Affairs & Sports. It provides opportunity to the student to take part in various government led community service activities & programmes. The sole aim of the NSS is to provide hands on experience to young students in delivering community service. Since inception of the NSS in the year 1969, the number of students strength increased from 40,000 to over 3.8 million up to the end of March 2018 students in various universities, colleges and Institutions of higher learning have volunteered to take part in various community service programmes.

24-09-2019 NSS DAY : Collage making competition on the topic duties and responsibilities of NSS volunteers



02-10-2019 Gandhi Jayanthi programmes: Cleaning and cleanliness Pledge taking



04-10-2019 Awareness class on Drug Uses and Abuses: Awareness Class by Sri, Harikumar (Vimukthi)



10-10-2019 World Mental Health Day (NSS & JEEVANI) As part of world Mental health day the following programs were arranged

Awareness class on “MENTAL HEALTH AWARENESS AMONG YOUTH” by Mrs. Shaimah Abdul Kader (Additional Counsellor, Family Court, Tirur) in seminar hall at 2.30 p.m

Wall painting on the topic 40Seconds of action to prevent suicide. Anyone can draw within 40 seconds. The function was inaugurated by respected principal Dr,Ushakumary by drawing a smiley.

Way to positive thoughts. Positive thoughts were written in colourful piece of papers and hanged it in the college entrance



22-10-2019 Awareness class on Healthy Adolescence in collaboration with community Health Centre Vettom



Resource persons: Sri. Unnikrishnan (Health Supervisor), Sri. Rajith Kumar (Health Inspector), Smt. Jini Jacob (Junior Health Inspector)

24-10-2019 Abhayam Bhavan Thakoldhanam

Inauguration: Adv. N Shamsudheen M L A

Beneficiary: Khadeeja, Vakkad

After completing the construction of the house under the Abhayam bhavana project of NSS, The official handing over of the key of the house to the beneficiary Khadeeja of Vakkad was conducted on 24/10/2019. Adv. N Shamsudheen MLA handed over the key. The representatives of Vettom Panchayath, members of TMG Alumni and a lot of wellwishers were gathered to felicitate the ceremony. It was really a blessed moment for not only NSS units but also for the entire TMGians.



-10-2019 Swatch Bharath : college canteen and nearby area cleaning





29-10-2019 traffic awareness class on “Zero Accidents”

Resource Person: Sri. Bijul valeri (Assistant Motor Vehicle Inspector, Tirur)

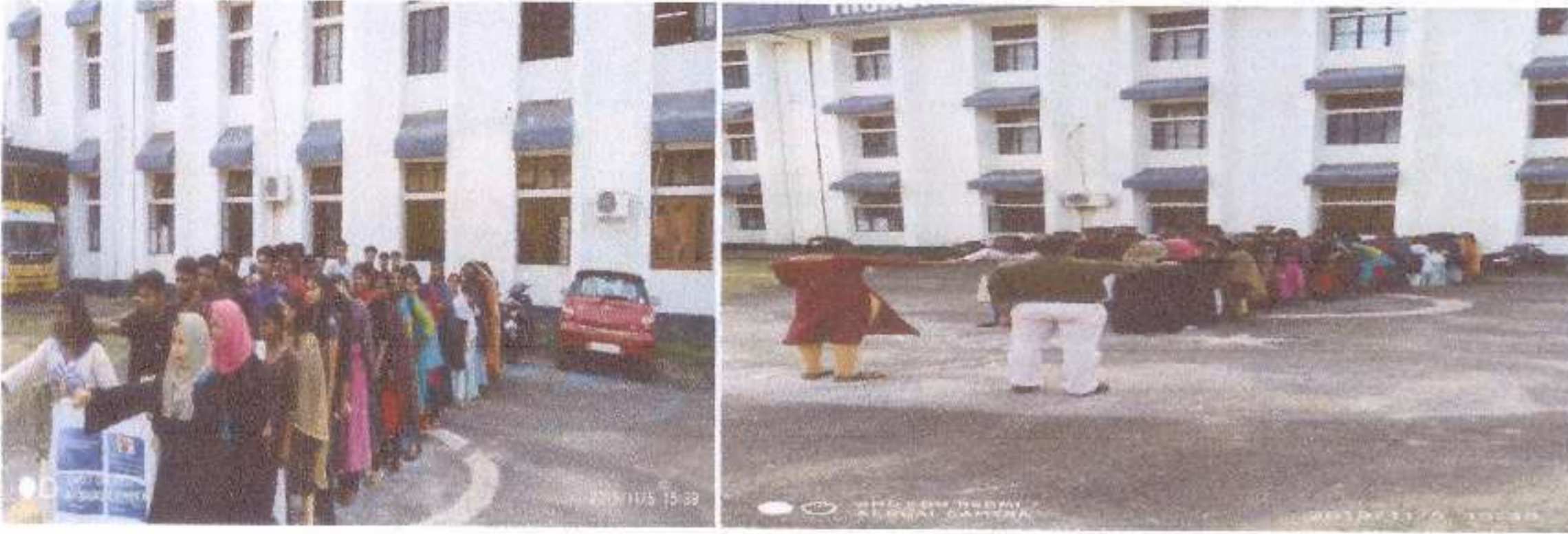


31-10-2019 National Unity Day celebration

Programmes:

Run For Unity and pledge taking





04-11-2019 Awareness class on green campus

Awareness class arranged for NSS volunteers in collaboration with Suchitwa Mission , Local Self Government Department , Government of Kerala, to understand the importance of Green campus. Sri. Sankaranarayan , State Resource person, KILA lead the session and he promised to make an action plan for green campus for TMG



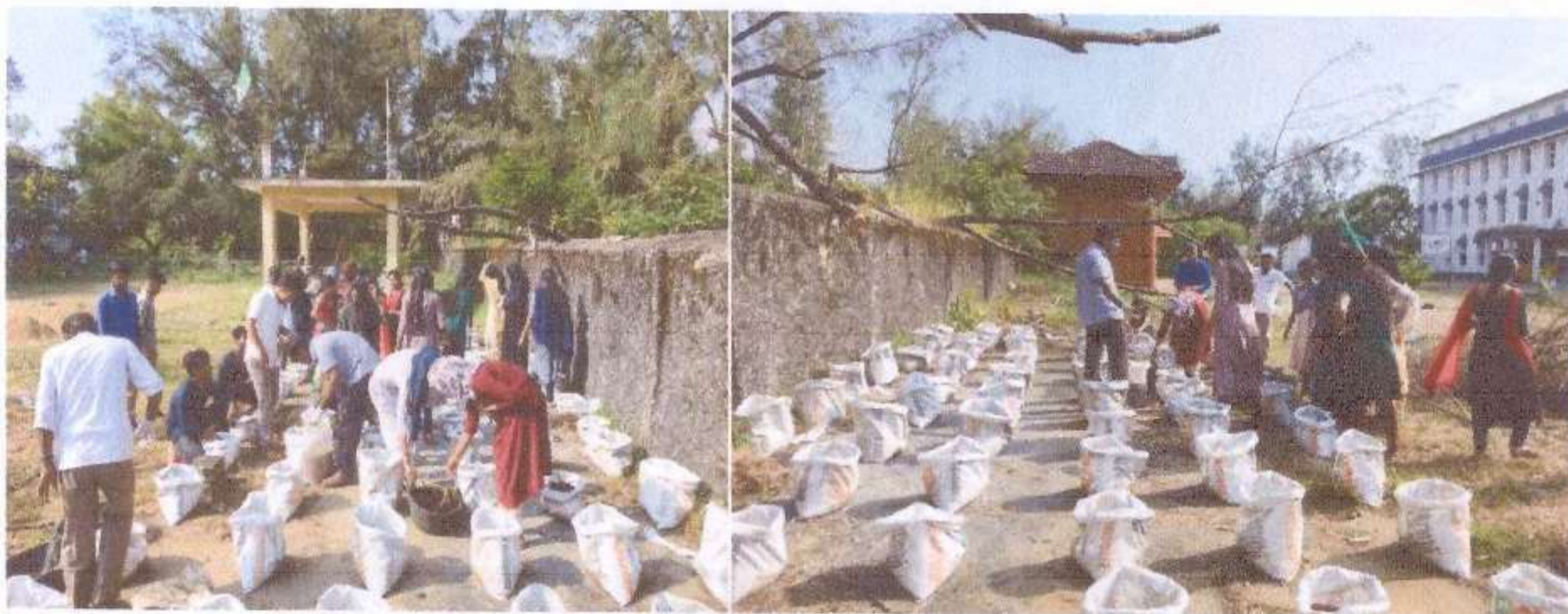
06-11-2019 c4ccci Awareness class on caring for childhood cancer and acute illness





Resource person: Dr. Namshad, District coordinator, Malappuram

08-11-2019 Preparation for vegetable garden at college along with agriculture department



14-11-2019 (Children's Day celebration)



16-11-2019 Beach Cleaning in collaboration with Ministry of Environmental Forests and Climate change Project “Desiya Kadalora sucheekarana vatnam” and pledge taking



18-11-2019 vegetable plantation at college by NSS volunteers and college Union in collaboration with vettom Krishi Bhavan



Collaborating agencies:

Excise Department, Malappuram, College Union, NCC, JEEVANI

21-11-2019 Orientation programme for first year NSS volunteers:

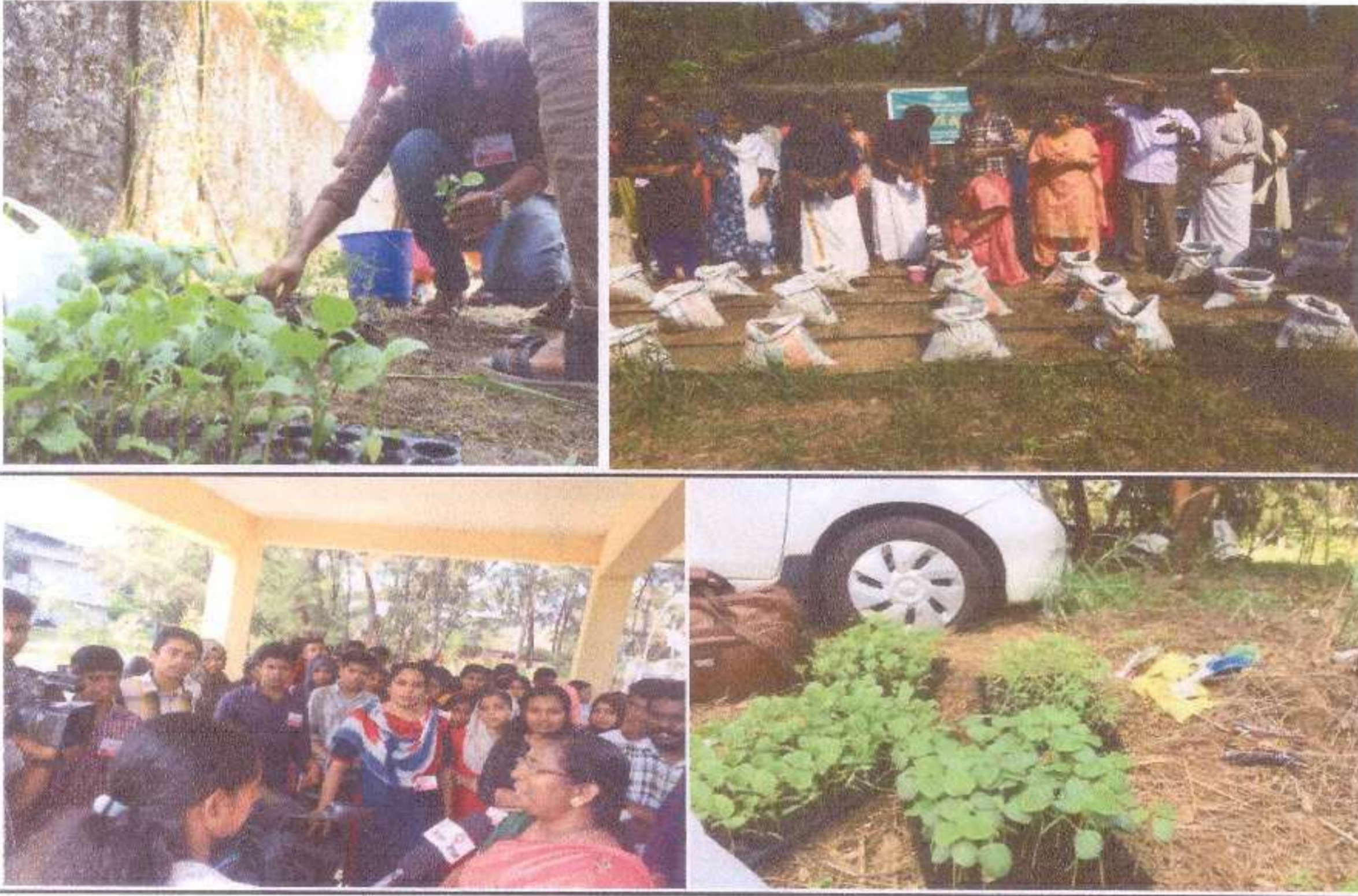
Resource person: sri. Basheer Ahmed



22-11-2019 Meeting on Action plan for green campus:

Established a Project management committee for an action plan for green campus at college in collaboration with suchitwa mission and Haritha Kerala Mission





18-11-2019 (vimukti)

Inauguration of Lahari mukta Campus





03-12-2019 constitution day As part of constitution day on November 26th, an awareness class on fundamental duties (Indian constitution) was handled by sri. V.T. Renjith, Assistant Professor of political science, SDE, Calicut University



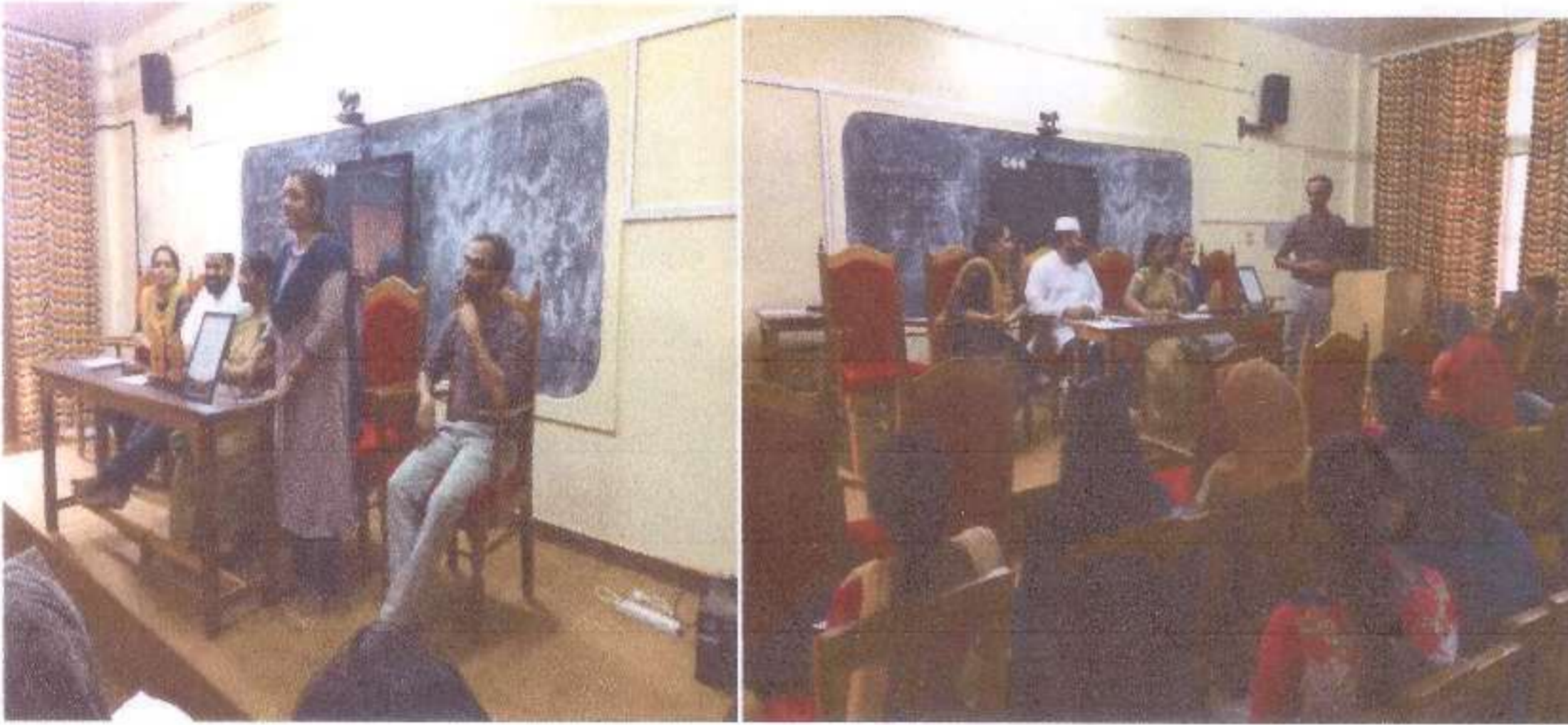
03-12-2019 International Day of Disabled Persons An experience sharing session on the difficulties faced by disabled was conducted by NSS in collaboration with JEEVANI. The session was handled by Sri. Muthu Assistant Professor in the department of Malayalam, TMGC.



05-12-2019 world soil day In order to make the soil plastic free the NSS volunteers along with NCC cadets collected the plastics in the selected portion of Vakkad beach and the college premises

19-12-2019 Pre camp orientation A pre camp orientation session was conducted for the selected volunteers. The session was handled by Dr. Jabir and Dr. Preethi. B. Menon. In this particular occasion the previous NSS programme officers were honoured by giving momento





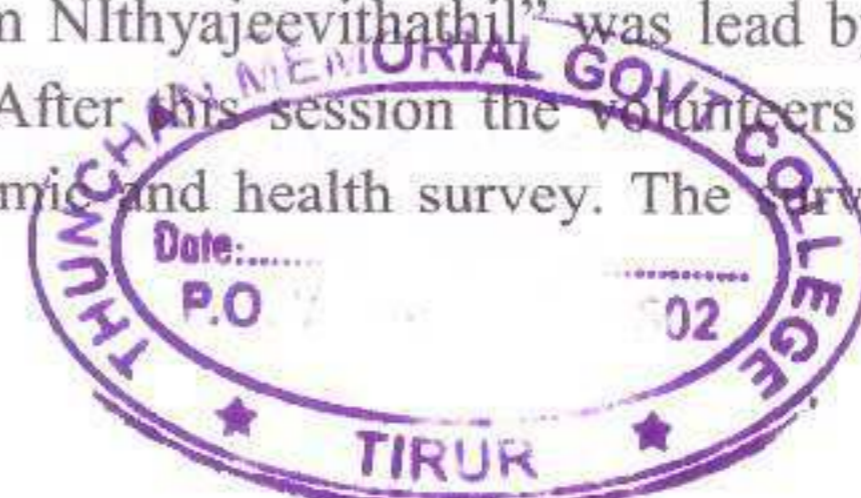
23-12-2019 to 29-12-2019 -7 days NSS camp The 2019-2020, 7 days special camp named "Kaithangu" was held at AMLP school, Vakkad. On the first day, 23-12-2019 as strict attendance was ensured by the programme officers all the volunteers assembled in the camp on time for registration. , The programme officer Sri. Ahmed kutty, Introduced the camp schedule before the volunteers. They were properly oriented about the environment of the school. Smt. Kavitha. V.K another programme officer , conveyed the norms of behavior in the camp. The volunteers were divided into 5 groups . each group members and leaders were reminded of their goals and responsibilities. At 2.00 pm the first session of the special camp was started and it was handled by psychologist smt. Shamnisha on the topic leadership skills. After this session the volunteers prepared the camp site for the camp.

24-12-2019

The second day of the special camp started with assembly and it was followed by an announcement Rally and cleaning the camp site. At 10.30 am NSS Flag Hoisted by the head mistress of AMLP School. After Flag Hoisting the inaugural ceremony of the camp was conducted. NSS volunteer Sri. Sravan Sourav welcomed all. The inaugural speeches were delivered by Sri. Adv. Nazarulla, Block Panchayat Member. Smt. Noorjahan, Panchayath Member presided the function. NSS Programme Officer Prof. Ahmed kutty introduced the camp schedule. Union Chairman Sri.E P Sibin wished through felicitation. The session ended with vote of thanks by Nihal,NSS volunteer.At.230 pm a session on the topic increasing use of drug among youth was handled by Sri.Anvar Sadit , Excise Department Malappuram. The volunteers arranged a Christmas carole. At 7.00 pm another session on the topic "live without the fear of diseases" and the session was handled by Sri.Suhaib Riyalu, MBBS student, acupuncture. Then the cultural programme started, the volunteers exposed their talents. Then the second day of the camp ended with the feedback session.

25-12-2019

The Christmas day was started with a morning walk and warm up exercises lead by the NCC Cadet Sri. Fayis. As usual, the assembly started with the prayer. Programme committee presented last days report and they published the daily newspaper. The food committee served the breakfast. A session of Ice breaking and team building was held under the leadership of Sri. Rifa Shafees. The session was really interesting and it gave an extra energy to the volunteers. Then after the Christmas special lunch the another session on the topic "Aarogya Paripalanam Nlthyajeevithathil" was lead by Sri. Habeeb Noufal, MBBS Student, Kozhikode Medical College.After this session the volunteers were divided into different groups and they went for a socio economic and health survey. The survey gave them



DAY 01 - 23/12/2019



different experiences. The Christmas day ended with the cultural programme, Feedback session and cake cutting. The lights were switched off at 10.30 pm.

26-02-2019

The fourth day of the camp started with morning assembly and there was a work out Session lead by NSS volunteer Ajith. As it was the eclipse the physics department of the college was made some arrangements for seeing the eclipse. The volunteers got an opportunity to see the eclipse using the device, and there was a session detailing the history of eclipse which was handled by Dr. Prajit Chandran, Head, Physics Department, TMGC. After lunch the volunteers engaged in the beach cleaning. The selected area of vakkad beach which is near to the camp site were cleaned by volunteers in order to make the area plastic free. After dinner , cultural programme and daily feedback session the lights were switched off at 10.00 pm.

27-12-2019

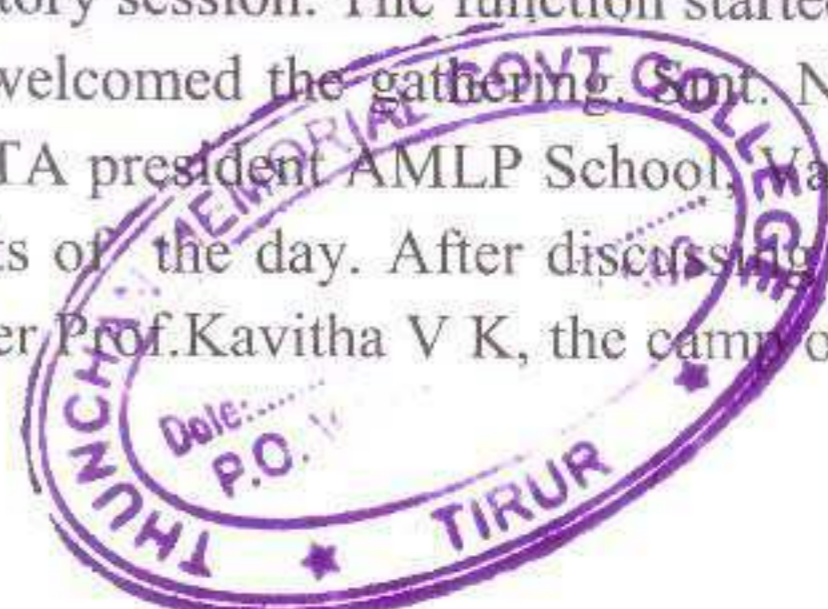
The fifth day of the special camp was started with the assembly and routine exercises. The day was dedicated to the school kids. One of the request of the PTA was to convert an area which is treated as a waste dumping area by the neighbouring houses into a play ground for the students. The volunteers worked very hard in the morning session (8-10.30 am) of the fifth and sixth day and converted the waste land into a playground. At 11.00 am there was a special programme named "KOOODE". It was an interactive session between the fourth standard kids of the school and NSS volunteers. Both of them shared their experiences and problems. The kids enjoyed alot with volunteers by singing and dancing. They shared lunch also. The PTA president and Head mistress of the school joined the programme. After lunch there was a session handled by smt. Akmal sulthania, counsellor on the topic "problems in adolescence". One of the socially relevant issue faced by our youth and others is the increasing usage of drugs. As an awareness against it the NSS Volunteers along with OAS, Kudumbasree and vettom panchayath organized a procession from vakkad to aasanpadi. Panchayat president Smt. Ramla Nellanchery inaugurated the programme. The sixth day ended with the daily feedback session, cultural programme and dinner.

28-12-2019

The sixth day of the camp started with the daily assembly and morning exercises. Another request of the school PTA was to make a pathway to the school. The volunteers worked hard to make a way to the school. A session on the topic "social commitment among students" was discussed by Sri. Basheer Ahamed, NSS PAC Member, GBHSS, Tirur). The last eve of the camp ended with a camp fire and all the volunteers actively participated in the programme. the programme become eyecatching and attractive. After the dinner, the camp review presentation was started. All the volunteers shared their experience about the camp days.

29-12-2019

The volunteers cleaned all the school surroundings and packed all their bags and got ready to return back to their homes. The highlight of the day was the valedictory session. The function started with the NSS Geetham. The NSS programme officer Dr. Jabir. K.T welcomed the gathering. Smt. Noorjahan, 16th ward member, Vettom Panchayath, Sri. Abdul Jaleel PTA president AMLP School, Wakkad, Sri. SIBIN E K (Union Chairman, TMGC) were the chief guests of the day. After discussing about the future plans and with vote of thanks by the programme officer Prof. Kavitha V K, the camp of the year 2019-2020 ended with the national Anthem.



DAY 02 - 24/12/2019



DAY 03 - 25/12/2019



DAY 04 - 26/12/2019



DAY 04 - 2023



DAY 05 - 27/12/2019



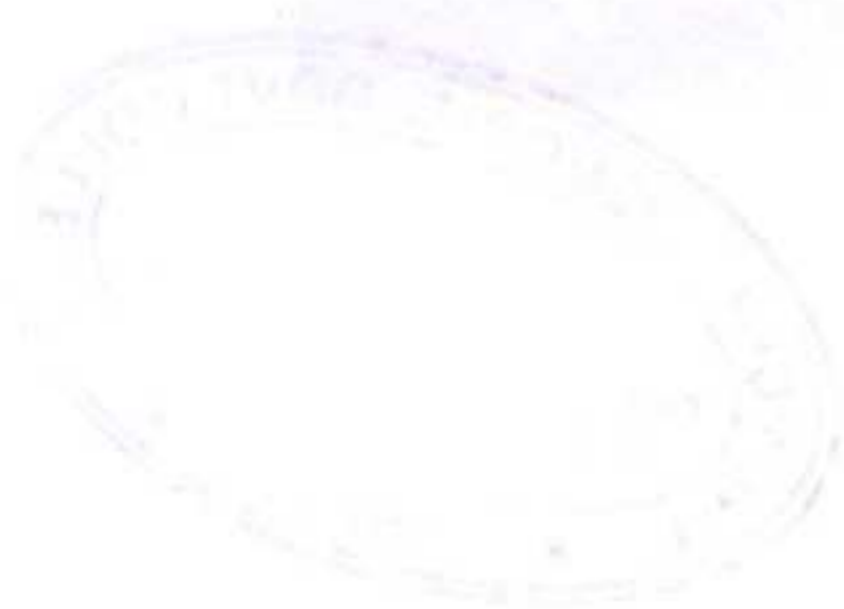
DAY 02 - 23/12/2019



DAY 06 - 28/12/2019



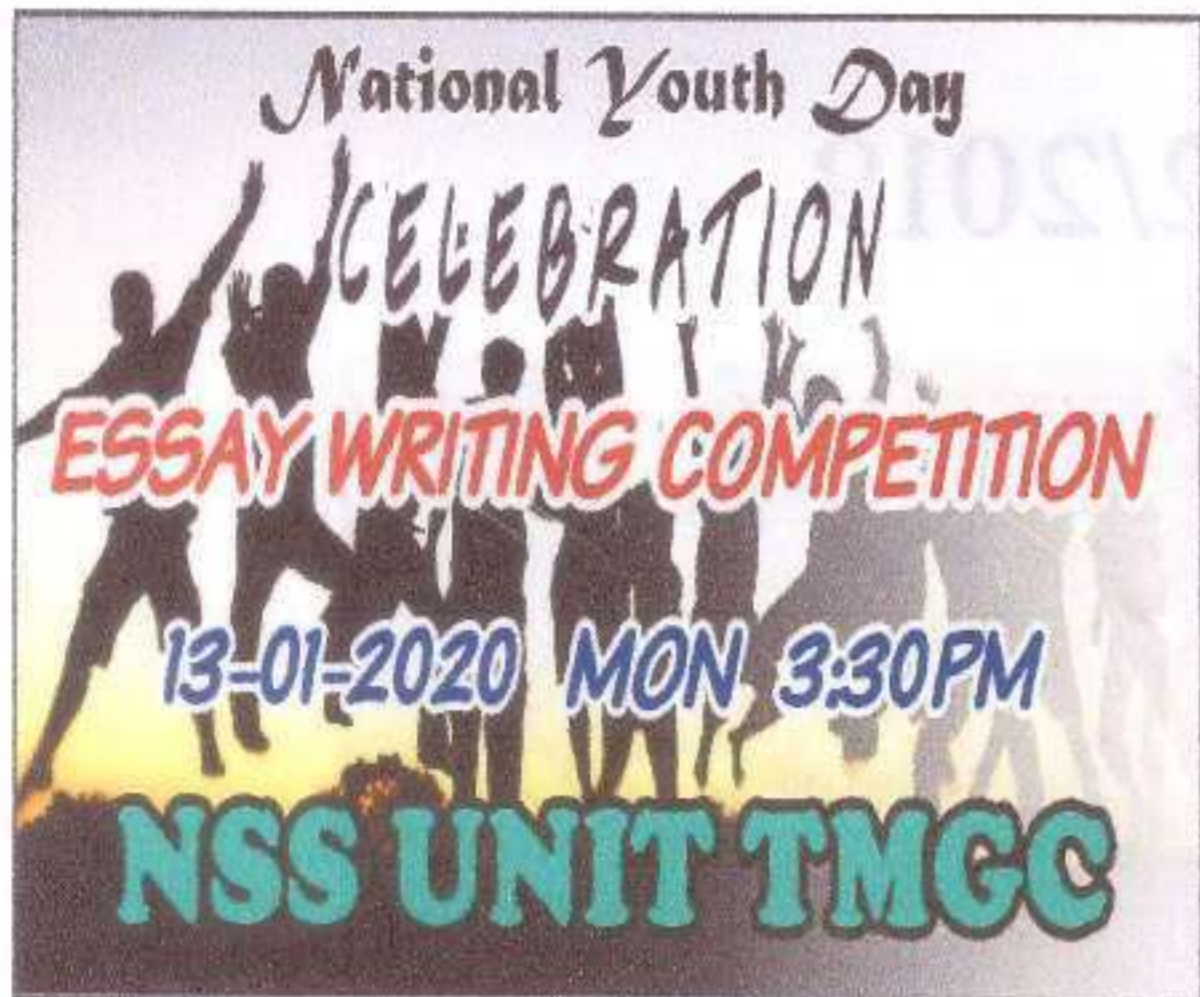
DAY 06 - 28/12/2019



DAY 07 - 29/12/2019



13-01-2020 National Youth day Essay writing competition on the topic drug use among youth: problems and solutions were organized. The winners were awarded



15-01-2020 *Kitchen garden at anganwadi* In collaboration with the agricultural department and Vettom Panchayath the NSS volunteers planted the seedlings of vegetables in the selected Anganwadis.



16-01-2020 *Vegetable harvesting* It was the harvesting of vegetables planted by NSS Volunteers in the college



Link to the media <https://tv.mathrubhumi.com/news/agriculture/tc-1.37657>





17-01-2020 Anti

Narcotic Pledge As per the instruction from NSS Office anti narcotic Pledge was taken. All students, teachers, non teachers including principal of the college were participated. The pledge was announced through the college announcement room.

26-01-2020 Republic day On Republic day the respected Principal of the college Dr.Ushakumari.D Hoisted the flag. NSS volunteers and NCC cadets were present. A formal meeting were conducted. Principal Dr. Ushakumari,NCC Officer Captain Shukoor Illath, NSS programme officers Prof.Ahmed Kutty , Prof.Kavitha V K ,NSS Volunteers and NCC cadets were expressed their feelings and experiences about Republic day



29-01-2020 Kunjunakshathragal, Kaliyil alpam Karyam A new initiative, as part of “KOOODE”, were taken by the NSS volunteers for kids in collaboration with the “JEEVANI”. The programme was names as “KUNJUNAKSHATHRAGAL: Kaliyil alpam Karyam”. The programme aimed at making the little kids aware about their body safety. On 29-01-2020, the Psychologist, Smt.Shamnisha trained the NSS volunteers for taking the class in front of the kids.



30-01-2020 Martyrs's day On Martyr's day , "Gandhi Anusmarana Quiz" competition in collaboration with VIMUKTHI, Excise Department, Malappuram were organized by the NSS Unit. The programme started with lighting lamp. The students were actively participated in the programme. The quiz covered questions related with Gandhiji and questions related with Drug. Excise Officer Sri.Anvar Sadit, taken a session on Incresing Drug Use among the Youth. The winners of quiz competition were awarded.



31-01-2020 Body safety education for kids The trained NSS volunteers went to the LP schools at paravanna and Pariyapuram and they have taken awareness class on "Body safety"



13-02-2020 Awareness class on CORONO virus An awareness class on prevention of Corona virus were taken by the Sri.Rajith Kumar, Health Inspector, Vettom CHC





25-02-2020 VIMUKTHI Football Competition The volunteers were participated in the football competition organized by the VIMUKTHI Excise Department, Malappuram , in the Kuttipuram Cluster at Ideal College for advanced studies, Kakkassey, Kuttippuram



03-03-2020 Arrangement of Venue for football competition Arranged venue for football competition organized by Vimukthi, Excise department, Tirur in collaboration with NSS, at TMGC Tirur.

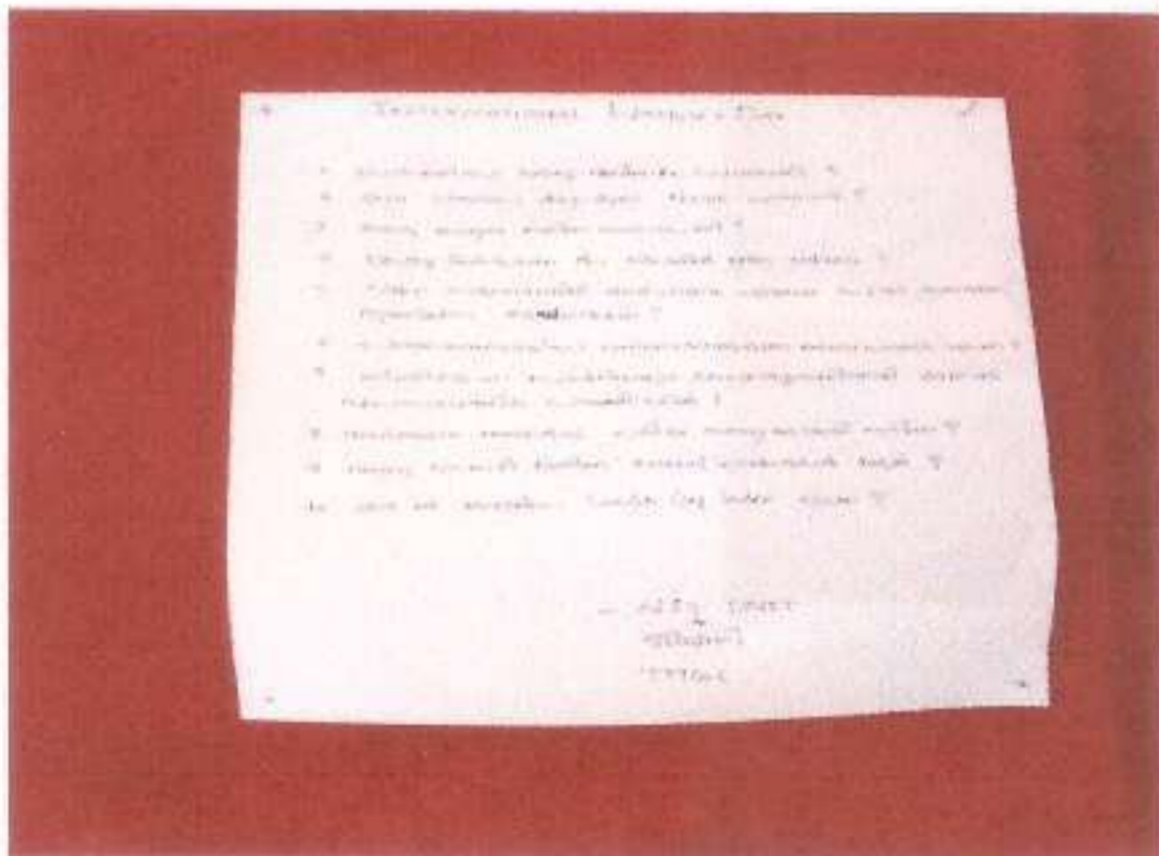


03-03-2020 Extension of covid 19 awareness: The trained volunteers were conducted the awareness class on CORONA Virus to other students in the college





09-03-2020 International women's day The international women's day celebrated by conducting pencil drawing competition, quiz competition and just a minute for talk on the topics related to women



17-03-2020 Covid-19 awareness Campaign

Awareness about covid-19 and production and distribution hand wash and sanitizer to the nearby shops of college.







NATIONAL CADETS CORPS – ARMY WING
THUNCHAN MEMORIAL GOVERNMENT COLLEGE, TIRUR
29 KERALA BATTALION NCC

Activities of the year 2019-20

Enrollment:

The year wise details of enrollment is –

YEAR	SD	SW	TOTAL
I year	9	9	18
II year	10	8	18
III year	9	9	18
TOTAL	28	26	54

Camps

CATC

35 cadets attended 2 CATC camps held at NCC headquarters Whesthill and VHM Higher secondary school Morayoor.

NATIONAL CAMPS AND ACHIEVEMENT

Ek Bharat Shrestha Bharat (EBSB) Camp

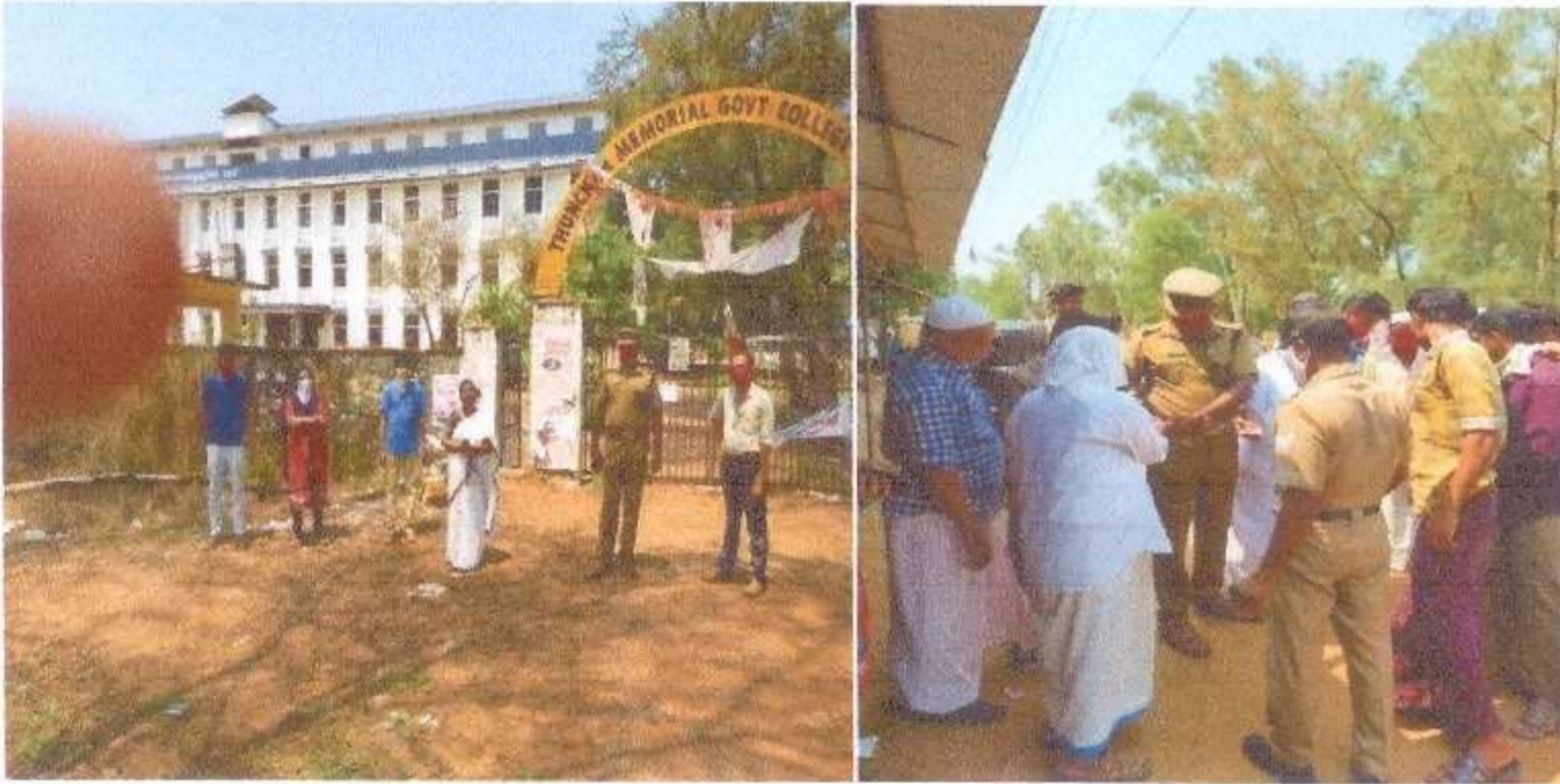
1. Cdt Vibisha.k [3rd Bsc Maths] attended EBSB at Kasargode from 22 December 2019 to 1st January 2020.
2. Cdt Alameen attended EBSB at Thrissur from 22nd December 2019 to 1st January 2020.
3. SUO Akhilgopi.M attended special national integration camp at Kakkinanda from 12th October 2019 to 23rd October 2019 conducted by AP&T Directorate.



30-03-2020

Distributed masks in the nearby places of the college in collaboration with Excise Department.

Tirur




Principal,
T.M. GOVT COLLEGE
TIRUR

TREKKING CAMP

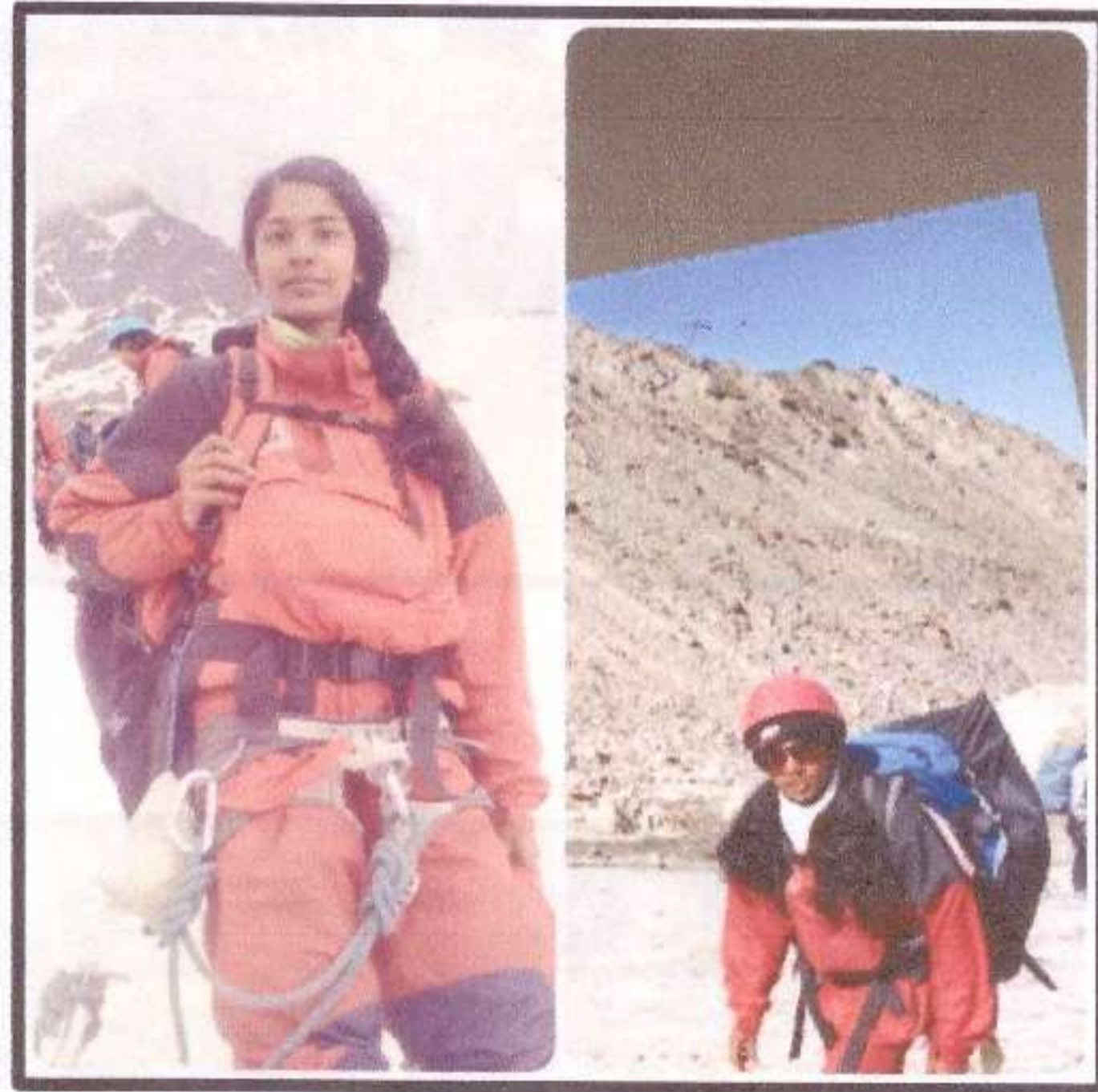
1. **Cdt Farshad** attended Kulamavu trekking camp from 6th October 2019 to 13th October 2019.
2. **Cdt Rahul kumar** attended Kulamavu trekking camp from 6th October 2019 to 13th October 2019.
3. **UoDinil** attended trekking camp atidukki.

ARMY Attachment Camp

Cdt Ajmal and **Cdt Anees** were attended Army Attachment Camp at Thiruvananthapuram from 2nd March 2020 to 16th March 2020.

Mountaineering camp

Himalayan basic Mountaineering camp at Utharkashi- Utharaghand :**CdtRamya.A** got a golden chance to participate All India Mountaineering course at Utharkashi. She was the only girl cadet from Kerala & Lakshadweep Directorate got chances to take part in this most adventure trip. She had spent more than 25 days in Himalaya and conquered 15200 feet of Himalayan Mountain.



NCC ACTIVITIES DURING THIS YEAR

World Environment Day(05/06/2019)

College NCC unit started its activity with tree plantation on the occasion on 5th June [World Environment Day]. The programme was officially inaugurated by the College Principal Dr.USHAKUMARY.D.

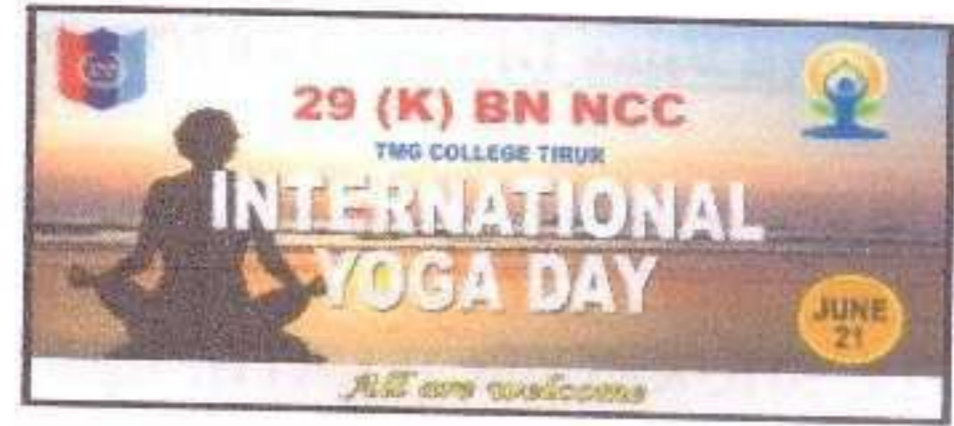


World Yoga Day (21/06/2019)

NCC unit celebrated International Yoga Day on 21st June in a befitting manner.

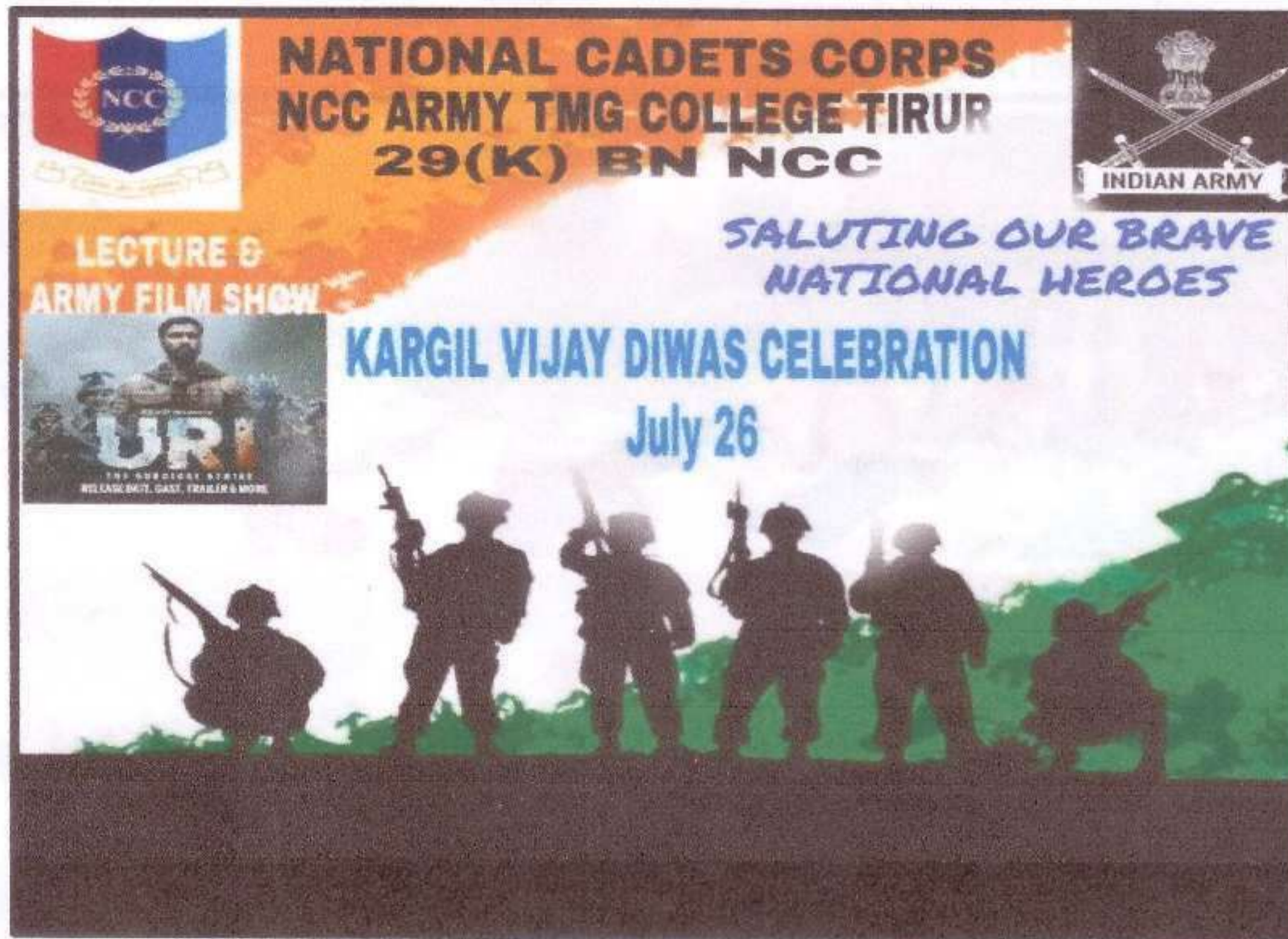
Programme was led by College NCC

officer Lt. SHUKKOOR ILLATH. College principal Dr. USHAKUMAR I.D was the chief observer of the yoga day celebration. Apart from NCC cadets, other students and teachers also were participated in the programme.



Kargil Vijay Diwas (26/07/2019)

In connection with 26th July, Kargil Vijay Diwas celebration, unit was arranged a lecture and army film show at college seminar hall. The programme was led by College NCC officer Lt. SHUKKOOR ILLATH. Apart from NCC cadets, other students and teachers also were participated this programme.



Teacher's day

Celebration
(05/09/2019)

College NCC unit celebrated Teacher's Day on 5th September 2019 by distributing cards and sweets for our teachers. This is a day to respect our teachers for their significant work.



Swatchhth apakhwada

(11/10/2019)

In connection with Swatchhthapakhwada on 11th October 2019 College unit were arranged a awareness programme to

control pollution. And we also conducted cleaning programme at college campus and beach. This programme was leaded by college NCC officer Lt. SHUKKOOR ILLATH. This programme officially inaugurated by college principal Dr.Ushakumari.D. Apart from NCC cadets, BHM from 29 Kerala bn, Panchayath president and other teacher's also part of this programme.



NCC DAY CELEBRATION

Armed Forces Flag Day(07/12/2019)

Armed Forces Flag Day was celebrated on December 7. The programme was started with the contribution of college principal Dr.Ushakumari.D. After that the flag were distributed in the college. And then NCC cadets were divided into three groups and they collected the contributions from neighboring institutions and also from public too. TMG college NCC unit were collected a good amount in the Flag Daycollection.



Independence Day Celebration (15/08/2019)



We celebrated Independence Day celebration on 15th August 2019. The morning assembly was held in the college campus exactly 9.00am which was followed by the hosting of tricolor flag and everyone saluting the National flag. College NCC officer Lt.SHUKKOR ILLATH, college principal Dr.USHAKUMARI.D , vice principal VIJUNAYARANGADI, NSS programme coordinator JABIR gave speeches of blood and sacrifices that our freedom fighters did to give us this independence of life. The college principal thanked the college NCC unit for making such arrangements possible every year. Apart from NCC cadets, some NSS students, teachers and public are also part of this celebration



JAW
**Principal,
T.M. GOVT COLLEGE
TIRUR**