

## National Service Scheme

University of Calicut

Proforma for submitting annual Report 2019-2020

1. Name of College:- Thunchan Memorial Government College, Tirur

2. Unit No: 81 &113

3. Name of Programme Officer: Prof. Ahmmed Kutty N P

Prof. Kavitha V K

4. Adopted Village: Ward 16

5. Enrolment Details:(2019-2020)

O.C			S.C			S.T		
Male	Female	Total	Male	Female	Total	Male	Female	Total
23	78	101	6	12	18			


6. Details of special camp conducted during the year:

Details of the Camp (Place,date, Venue)	No of Volunteers attended			Work undertaken	Status of Work
	Male	Female	Total		
A.M.L.P school Vakkad 23-12-2019 to 29-12-2019	64	33	97	Ground preparation Way to school Awareness about drug use and its consequences	Completed

7. Training Status of Programme Officers :- Trained

8. Status of Abhayam Project (So far)

Sl No	Beneficiary name & Address	Status	Photo of House
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	Khadeeja Vakkad p o	Completed and key handed over	
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#### 9. Status implementation of “Koode”

No of Programmes Conducted	3
No of Children helped	300
No of Contact points established.	4 schools

#### 10. Environmental enrichment Programme

No of plantation Programmes Conducted	2
No of Saplings Planted	200
No Environmental Awareness Programmes Conducted	3

#### 11. Blood Donation

No of Programmes / Camps Conducted	
No of volunteers donated blood	
No of Units of Blood donated	

#### 12. Water Harvesting / Water resource restoration / Distillation

No of water bodies cleaned	Well	
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	Pond	
	River	
	Check dam	
No of Water bodies restored / rejuvenated	Well	
	Pond	
	River	
	Check dam	
No Water Harvesting bodies constructed	Well	
	Pond	
	River	
	Check dam	
Water resource – Awareness Programmes	1	

### 13. Agricultural Activities

Area of Cultivation( give details of Crops)	2 cent
Monitory Value created	2000 (during lock down the vegetables contributed to community kitchen)
Assistance / Awareness to farmers	

### 14. Awareness Programmes / Seminars

Medical Camps	
Pulse Polio immunization	
Anti Narcotic / Anti Drug Awareness	6
Women Empowerment	1
Swachh Bharath	1

Jal Shakthi	
Basic Life Support	5
Any other	
Health Awareness	5
Awareness through competitions	7
Orientation	2
Cleaning and pledge taking	3
Corona Virus	2

#### 15. Bio Diversity Parks

Bio Diversity parks Constructed	Campus	
	Public Places	
	Adopted Vilaage	

Attach detailed annual report with action photographs

**THUNCHAN MEMORIAL GOVERNMENT COLLEGE, TIRUR**  
**NATIONAL SERVICE SCHEME UNIT NO. 81&113**  
**ACTIVITIES REPORT 2019-2020**

The National Service Scheme (NSS) is a Central Sector Scheme of Government of India, Ministry of Youth Affairs & Sports. It provides opportunity to the student to take part in various government led community service activities & programmes. The sole aim of the NSS is to provide hands on experience to young students in delivering community service. Since inception of the NSS in the year 1969, the number of students strength increased from 40,000 to over 3.8 million up to the end of March 2018 students in various universities, colleges and Institutions of higher learning have volunteered to take part in various community service programmes.

**24-09-2019 NSS DAY** :Collage making competition on the topic duties and responsibilities of NSS volunteers



**02-10-2019 Gandhi Jayanthi programmes: Cleaning and cleanliness Pledge taking**



**04-10-2019 Awareness class on Drug Uses and Abuses: Awareness Class by Sri, Harikumar (Vimukthi)**



**10-10-2019 World Mental Health Day (NSS & JEEVANI) As part of world Mental health day the following programs were arranged**

***Awareness class*** on “MENTAL HEALTH AWARENESS AMONG YOUTH” by Mrs. Shaimah Abdul Kader (Additional Counsellor, Family Court, Tirur) in seminar hall at 2.30 p.m

***Wall painting*** on the topic 40Seconds of action to prevent suicide. Anyone can draw within 40 seconds. The function was inaugurated by respected principal Dr,Ushakumary by drawing a smiley.

***Way to positive thoughts.*** Positive thoughts were written in colourful piece of papers and hanged it in the college entrance





**16-10-2019 Swatch Bharath : college canteen and nearby area cleaning**





**22-10-2019 Awareness class on Healthy Adolescence in collaboration with community Health Centre Vettom**



Resource persons: Sri. Unnikrishnan (Health Supervisor), Sri. Rajith Kumar (Health Inspector), Smt. Jini Jacob (Junior Health Inspector)

**24-10-2019 Abhayam Bhavan Thakoldhanam**

Inauguration: Adv. N Shamsudheen M L A

Beneficiary: Khadeeja, Vakkad



**29-10-2019 traffic awareness class on “Zero Accidents”**

Resource Person: Sri. Bijulal Valeri (Assistant Motor Vehicle Inspector, Tirur)



**31-10-2019 National Unity Day celebration**

Programmes:

Run For Unity and pledge taking



**04-11-2019 Awareness class on green campus**

Awareness class arranged for NSS volunteers in collaboration with Suchitwa Mission , Local Self Government Department , Government of Kerala, to understand the importance of Green campus. Sri. Sankaranarayan , State Resource person, KILA lead the session and he promised to make an action plan for green campus for TMG





**06-11-2019 c4ccci Awareness class on caring for childhood cancer and acute illness**



Resource person: Dr. Namshad, District coordinator, Malappuram

**08-11-2019 Preparation for vegetable garden at college along with agriculture department**



**14-11-2019 (Children's Day celebration)**



**16-11-2019 Beach Cleaning in collaboration with Ministry of Environmental Forests and Climate change Project "Desiya Kadalora sucheekarana vatnam" and pledge taking**





**18-11-2019 vegetable plantation at college by NSS volunteers and college Union in collaboration with vettom Krishi Bhavan**



**18-11-2019 (vimukti)**  
Inauguration of Lahari mukta Campus





Collaborating agencies:

Excise Department, Malappuram, College Union, NCC, JEEVANI

**21-11-2019 Orientation programme for first year NSS volunteers:**

Resource person: sri. Basheer Ahmed



**22-11-2019 Meeting on Action plan for green campus:**

Established a Project management committee for an action plan for green campus at college in collaboration with suchitwa mission and Haritha Kerala Mission





**03-12-2019 constitution day** As part of constitution day on November 26<sup>th</sup>, an awareness class on fundamental duties (Indian constitution) was handled by sri. V.T. Renjith, Assistant Professor of political science, SDE, Calicut University



**03-12-2019 International Day of Disabled Persons** An experience sharing session on the difficulties faced by disabled was conducted by NSS in collaboration with JEEVANI. The session was handled by Sri. Muthu Assistant Professor in the department of Malayalam, TMGC.



**05-12-2019 world soil day** In order to make the soil plastic free the NSS volunteers along with NCC cadets collected the plastics in the selected portion of Vakkad beach and the college premises

**19-12-2019 Pre camp orientation** A pre camp orientation session was conducted for the selected volunteers. The session was handled by Dr. Jabir and Dr. Preethi. B.Menon. In this particular occasion the previous NSS programme officers were honoured by giving momento



**23-12-2019 to 29-12-2019 -7 days NSS camp** The 2019-2020, 7 days special camp named "Kaithangu" was held at AMLP school, Vakkad. On the first day, 23-12-2019 as strict attendance was ensured by the programme officers all the volunteers assembled in the camp on time for

registration. , The programme officer Sri. Ahmed kutty, Introduced the camp schedule before the volunteers. They were properly oriented about the environment of the school. Smt. Kavitha. V.K another programme officer , conveyed the norms of behavior in the camp. The volunteers were divided into 5 groups . each group members and leaders were reminded of their goals and responsibilities. At 2.00 pm the first session of the special camp was started and it was handled by psychologist smt. Shamnisha on the topic leadership skills. After this session the volunteers prepared the camp site for the camp.

24-12-2019

The second day of the special camp started with assembly and it was followed by an announcement Rally and cleaning the camp site. At 10.30 am NSS Flag Hoisted by the head mistress of AMLP School. After Flag Hoisting the inaugural ceremony of the camp was conducted. NSS volunteer Sri. Sravan Sourav welcomed all. The inaugural speeches were delivered by Sri. Adv. Nazarulla, Block Panchayat Member. Smt. Noorjahan, Panchayath Member presided the function. NSS Programme Officer Prof. Ahmed kutty introduced the camp schedule. Union Chairman Sri.E P Sabin wished through felicitation. The session ended with vote of thanks by Nihal,NSS volunteer.At.230 pm a session on the topic increasing use of drug among youth was handled by Sri.Anvar Sadit , Excise Department Malappuram. The volunteers arranged a Christmas carole. At 7.00 pm another session on the topic “live without the fear of diseases” and the session was handled by Sri.Suhaib Riyalu, MBBS student, acupuncture. Then the cultural programme started, the volunteers exposed their talents. Then the second day of the camp ended with the feedback session.

25-12-2019

The Christmas day was started with a morning walk and warm up exercises lead by the NCC Cadet Sri. Fayis. As usual, the assembly started with the prayer. Programme committee presented last days report and they published the daily newspaper. The food committee served the breakfast. A session of Ice breaking and team building was held under the leadership of Sri. Rifa Shafees. The session was really interesting and it gave an extra energy to the volunteers. Then after the Christmas special lunch the another session on the topic “Aarogya Paripalanam Nithyajeevithathil” was lead by Sri. Habeeb Noufal, MBBS Student, Kozhikode Medical College.After this session the volunteers were divided into different groups and they went for a socio economic and health survey. The survey gave them different experiences. The Christmas day ended with the cultural programme, Feedback session and cake cutting. The lights were switched off at 10.30 pm.

26-02-2019

The fourth day of the camp started with morning assembly and there was a work out Session lead by NSS volunteer Ajith. As it was the eclipse the physics department of the college was made some arrangements for seeing the eclipse. The volunteers got an opportunity to see the eclipse using the device, and there was a session detailing the history of eclipse which was handled by Dr. Prajit Chandran, Head, Physics Department, TMGC. After lunch the volunteers engaged in the beach cleaning. The selected area of vakkad beach which is near to the camp site were cleaned by volunteers in order to make the area plastic free. After dinner , cultural programme and daily feedback session the lights were switched off at 10.00 pm.

27-12-2019

The fifth day of the special camp was started with the assembly and routine exercises. The day was dedicated to the school kids. One of the request of the PTA was to convert an area which is treated as a waste dumping area by the neighbouring houses into a play ground for the students. The volunteers worked very hard in the morning session (8-10.30 am) of the fifth and sixth day and converted the waste land into a playground. At 11.00 am there was a special programme named “KOODE”. It was an interactive session between the fourth standard kids of the school and NSS volunteers. Both of them shared their experiences and problems. The kids enjoyed alot with volunteers by singing and dancing. They shared lunch also. The PTA president and Head mistress of the school joined the programme.After lunch there was a session handled by smt. Akmal sulthania, counsellor on the topic “problems in adolescence”.One of the socially relevant issue faced by our youth and others is the increasing usage of drugs. As an awareness against it the NSS

Volunteers along with OAS, Kudumbasree and vettom panchayath organized a procession from vakkad to aasanpadi. Panchayat president Smt. Ramla Nellanchery inaugurated the programme. The sixth day ended with the daily feedback session, cultural programme and dinner.

28-12-2019

The sixth day of the camp started with the daily assembly and morning exercises. Another request of the school PTA was to make a pathway to the school. The volunteers worked hard to make a way to the school. A session on the topic “social commitment among students” was discussed by Sri. Basheer Ahamed, NSS PAC Member, GBHSS, Tirur). The last eve of the camp ended with a camp fire and all the volunteers actively participated in the programme. the programme become eyecatching and attractive. After the dinner, the camp review presentation was started. All the volunteers shared their experience about the camp days.

29-12-2019

The volunteers cleaned all the school surroundings and packed all their bags and got ready to return back to their homes. The highlight of the day was the valedictory session. The function started with the NSS Geetham. The NSS programme officer Dr.Jabir. K.T welcomed the gathering. Smt. Noorjahan, 16<sup>th</sup> ward member, Vettom Panchayath, Sri. Abdul Jaleel PTA president AMLP School, Vakkad, Sri. SIBIN E K (Union Chairman, TMGC) were the chief guests of the day. After discussing about the future plans and with vote of thanks by the programme officer Prof.Kavitha V K, the camp of the year 2019-2020 ended with the national Anthem.

***Special camp Photos***



# DAY 01 - 23/12/2019





# DAY 02 - 24/12/2019





# DAY 03 - 25/12/2019





# DAY 04 - 26/12/2019







# DAY 05 - 27/12/2019





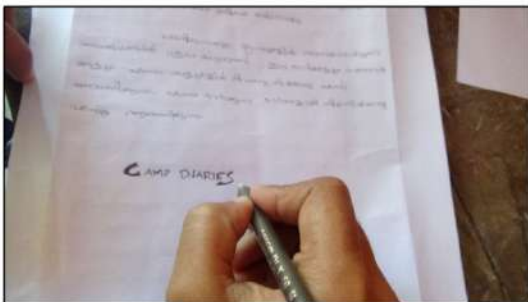






# DAY 06 - 28/12/2019







# DAY 07 - 29/12/2019

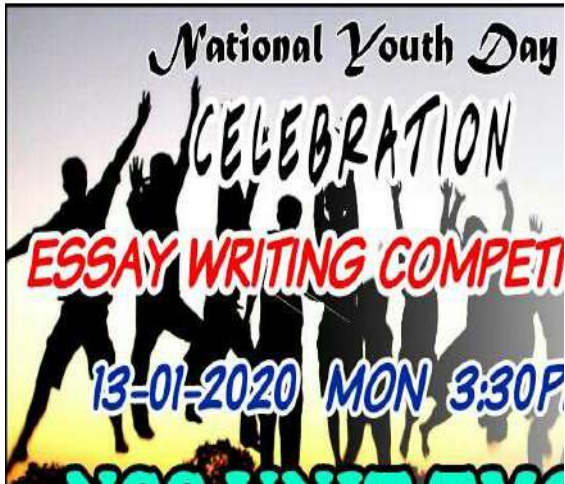








**13-01-2020 National Youth day** Essay writing competition on the topic drug use among youth: problems and solutions were organized. The winners were awarded



**15-01-2020 Kitchen garden at anganwadi** In collaboration with the agricultural department and Vettom Panchayath the NSS volunteers planted the seedlings of vegetables in the selected Anganwadis.



**16-01-2020 Vegetable harvesting** It was the harvesting of vegetables planted by NSS Volunteers in the college



**17-01-2020 Anti Narcotic Pledge** As per the instruction from NSS Office anti narcotic Pledge was taken. All students, teachers, non teachers including principal of the college were participated. The pledge was announced through the college announcement room.

**26-01-2020 Republic day** On Republic day the respected Principal of the college Dr.Ushakumari.D Hoisted the flag. NSS volunteers and NCC cadets were present. A formal meeting were conducted. Principal Dr. Ushakumari,NCC Officer Captain Shukoor Illath, NSS programme officers Prof.Ahmed Kutty , Prof.Kavitha V K ,NSS Volunteers and NCC cadets were expressed their feelings and experiences about Republic day



**29-01-2020 Kunjunakshathragal, Kaliyil alпам Karyam** A new initiative, as part of “KOODE”, were taken by the NSS volunteers for kids in collaboration with the “JEEVANI”. The programme was names as “KUNJUNAKSHATHRAGAL: Kaliyil alпам Karyam”. The programme aimed at making the little kids aware about their body safety. On 29-01-2020, the Psychologist, Smt.Shamnisha trained the NSS volunteers for taking the class in front of the kids.



**30-01-2020 Martyrs’s day** On Martyr’s day , “Gandhi Anusmarana Quiz” competition in collaboration with VIMUKTHI, Excise Department, Malappuram were organized by the NSS Unit. The programme started with lighting lamp.The students were actively participated in the programme. The quiz covered questions related with Gandhiji and questions related with Drug. Excise Officer Sri.Anvar Sadit, taken a session on Incresing Drug Use among the Youth. The winners of quiz competition were awarded.





**31-01-2020 Body safety education for kids** The trained NSS volunteers went to the LP schools at paravanna and Pariyapuram and they have taken awareness class on “Body safety”



**13-02-2020 Awareness class on CORONO virus** An awareness class on prevention of Corona virus were taken by the Sri.Rajith Kumar, Health Inspector, Vettom CHC



**25-02-2020 VIMUKTHI Football Competition** The volunteers were participated in the football competition organized by the VIMUKTHI Excise Department, Malappuram , in the Kuttipuram Cluster at Ideal College for advanced studies, Kakkassey,Kuttippuram



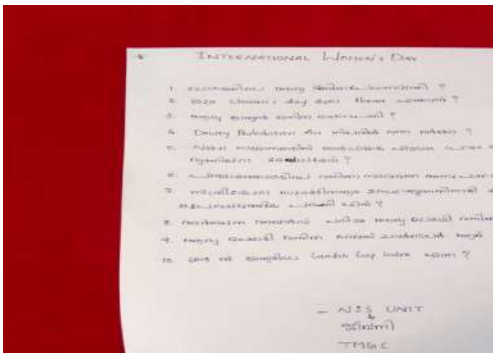
**03-03-2020 Arrangemnt of Venue for football competition** Arranged venue for football competition organized by Vimukthi, Excise department, Tirur in collaboration with NSS, at TMGC Tirur.



**03-03-2020 Extension of covid 19 awareness:** The trained volunteers were conducted the awareness class on CORONA Virus to other students in the college



**09-03-2020 International women's day** The international women's day celebrated by conducting pencil drawing competition, quiz competition and just a minute for talk on the topics related to women.





**17-03-2020**

Awareness about covid-19 and hand wash and sanitizer distribution to the nearby shops of college.



**30-03-2020**

Distributed masks in the nearby places of the college in collaboration with Excise Department Tirur

