

THUNCHAN MEMORIAL GOVT. COLLEGE, NSS REPORT 2018-19

The Thunchan Memorial Government College, Tirur, have 2 effervescent NSS Units (81 & 113) which has been established with the rudimentary objectives of volunteers personality development through social service.

We have 2 vibrant Programme Officers Dr.Jabir K.T, Assistant Professor, Arabic Research Centre, and Dr. Preethy B. Menon, Assistant Professor, P G. Dept. of Commerce. Our NSS Programme Officer Dr.Jabir K.T. was specially honoured by Vice Chancellor Dr.K.Mohammed Basheer, for taking dedicated efforts for implementing Abhayam Bhavana Project of University of Calicut which is going to be a reality in the near future in our College. Our volunteer Sahishna K.N., participated in the National camp held at Shivaji University, Maharashtra and 100 new students got registered as NSS volunteers in the year 2018-19. Akhila Ist year B.Com and Vishnu Ist year B.Sc Physics, were selected as the NSS leaders of the newly admitted batch.

The report of the activities of the unit for the academic year 2018-19 has been a record of accomplishments and triumphs.

05.06. 2018 - World Environment Day

As a start of the year's NSS activities our volunteers observed the World environment day on 05/06/2018. The programme was inaugurated by Dr.Jabir K.T Programme Officer. The programme reminded the volunteers about the need for maintaining a green and an eco-friendly campus. The function continued with the planting of jack fruit trees brought by the volunteers in different corners of the college campus by the Programme Officer and Volunteers.

21.06.2018 - World Yoga Day

The world Yoga Day was honoured by organizing a mass demonstration of the volunteers and students at the college auditorium. The programme was inaugurated by the Principal Dr. D.Usha Kumary. Lt. Col.Shukkoor Illath, (HOD, Physical Education & NCC Officer, TMGovt. College) was the yoga master of the day. Dr.Jabir K.T Nss Programme officer addressed the students. The Programme ended with a vote of thanks by Dr.Preethy B.Menon, NSS Programme Officer.

26.06.2018- Laharivimukta training camp

An orientation cum training camp was attended by 10 volunteers on the laharivimukta youth at malappuram. The programme was arranged by Vimukti (Kerala State Mission for De-addiction).The trained volunteers shared their experiences with the other volunteers.

29.06.2018 -- International Anti drug Day

An essay writing competition was conducted in relation with the International Anti Drug day. 30 volunteers actively participated in the contest. The winners were awarded with the cash prize by the Principal Dr. D. Ushakumary.

04-07-2018 – till this date- Abhayam Bhavan Project

The highlight of the year's activities were the house construction work carried out by our NSS volunteers together with the Programme Officers for Kadheeja Thatha, the poor and needy

lady residing near to our college who is also a staff in our college canteen. The stone laying ceremony was inaugurated by Sri.P.Mammooty, MLA. on 04.07.2018. The function was Presided over by Smt. V.P. Meharunnissa, President.Vettom Gramapanchayat. The gathering was welcomed by Dr.D.UshaKumary, Principal Thunchan Memorial Govt.College, the Chief Guest of the day was Smt.Sameera, Coordinator Malappuram District. The programme started with an Introductory Speech by Dr.Jabir K.T , Programme Officer, after the NSS song and ended with the Vote of Thanks by Dr.Prethy B.Menon, another Programme Officer.

The construction is now reaching to its final stage. At this eve, we would like to extend our heartfelt thanks to our present Principal Dr. Ushakumary D, and the former Principal Dr.Mani, PanchayatPresident Smt.Meharunnissa, ward member Ramla, Alumni President Meharsha ,all the Alumni members, all the Teaching staff, non teaching staff , our sponsors and all the well wishers who helped us directly and indirectly. Special word of appreciation for all our volunteers who collected the cash coupons, and was with us in all our works, right from the demolition of old foundation, Stone Laying Ceremony, Lendale concreting, Dropping of M-Sand and Metal, Cutting edge , Fixing Door Frames, and Concrete Roofing.

10.07.2018 – Anti drug campaign

An awareness campaign against alcoholism and drug abuse launched by Vimukhi, Kerala State Mission for De-addiction was conducted by Sri. HariKumar, Excise Dept.

26.07.2018 - Green Protocol initiative

Volunteers worked together and cleaned the college campus as a part of the green protocol initiative to make the campus a green campus.

12-08-2018 - Swatch Bharat Celebrations

Pledge was administered by volunteers at the college for all the students and staff. Posters were put in the notice board. The volunteers organized class to class awareness programmes to ensure cleanliness. The college campus and its surroundings were cleaned.

15.08.2018 - Independence day

The campus observed the Independence day celebrations on August 15th 2018. The Principal hoisted the flag during this auspicious occasion,. The representatives of faculty , students and non teaching staff of the campus participated in the event.

The Principal addressed on the uniqueness of the day and emphasized on the need for maintaining unity in Diversity. A silent prayer was carried out to reduce the calamities of flood. The programme was organized jointly by NSS volunteers and NCC Cadets. The NCC officer Lt,Col.Shukkoor Illath welcomed the gathering.

18.08.2018 - Flood Relief activities

From 18.08.2018 , many of our volunteers and Programme Officer Dr.Jabir K.T, extended their service to the needy people in 5 flood relief activities camps. Parappanangaadi, Tanalur, Purathur, Thenjippalam, tirur and Thirurangaadi municipality. The volunteers supplied food materials, dress materials and other stationery materials. They cleaned houses and conducted

surveys in koottayi Panchayat and thiripraanagott panchayat. Financial assistance of almost Rs.23.000 was given to flood victims.

01.09.2018 – Rebuild Tavanur

Tavanur is a village located on the southern banks of Bharathapuzha, the longest river of Kerala in Malappuram District. A comprehensive plan has been created by the Panchayat to rebuild the destroyed sectors and rehabilitate those affected by the recent Kerala floods. The NSS volunteers helped the authorities by conducting survey in the locality for assessing the destruction and losses.

05.09.2018 – Teacher’s Day

The college NSS Units celebrated the **Teachers' Day** as a mark of tribute to all the teachers of the College by distributing Laddoos. The programme was inaugurated by the Principal Dr.Ushakumary D, followed by distribution of sweets to all the Faculties in all the departments.

19.09.2018 - Malariya and Dengue Awareness Camp

NSS Volunteers of our college underwent training for ongoing malaria awareness campaigning in association with the PHC Vettom. The campaign was inaugurated by Sri. Abdul Jaleel, Medical Officer. The Health Inspector Mr.Renjith gave a thorough informative talk regarding causative agent of malaria, mosquitos, their types, source, preventive measures for decreasing their spread and symptoms of a malaria affected person.

The volunteers cleaned the PHC and its surroundings.

24.09.2018 to 26.09.2018- Cataract survey

Student went with Almanara Hospital authorities for conducting Cataract survey for 3 days and identifying cataract patients.

03.10.2018 – Gandhijayanti Celebrations

It was a full day programme where the whole college under the leadership of NSS Volunteers involved in the complete college cleaning process both class rooms and campus, as a part of gandhijayanti celebrations. The programme was inaugurated by the Principal Dr.Ushakumary D.

15.10.2018 – Dr. Abdul Kalam Birthday Celebrations

An audio documentary on the life and achievements of Dr. AbdulKalam was announced through college mike. All the students and staff of the college enjoyed it with great interest.

26.10.2018 - Enrolment Drive

The enrolment drive was conducted in the month of October and enrolled 100 students as volunteers for the year 2018-19.

31.10.2018- Vigilance Awareness Programme – “Eradicate Corruption – Build a new India”

The programme was presided over by the Principal Dr. D.Ushakumari. The NSS Programme Officer Dr.Jabir KT introduced the programme. The gathering was welcomed by Dr.Preethy B.Menon, another Programme Officer. The programme was inaugurated by Sri.V.Narayanan,

Deputy Director of Income Tax, Tirur. He highlighted the Government's policy of zero tolerance towards corruption and enumerated various legislative measures including the amendments to the Prevention of Corruption Act brought about by the Government to fight corruption. The presence of Mrs. Shakunthala Nair, Income Tax Officer, Tirur, Sri.Radhakrishnan, Inspector of Income Tax, Tirur, Sri.Pankajakshan Inspector of Income Tax Tirur made the session colourful and more informative. The programme was organized by NSS Units TMGC and Dept of Income Tax, Tirur. Shri. V.Nandakumar, Inspector of Income Tax was the chief coordinator. The students who actively participated in the programme was awarded with cash prize.

12.11.2018 – Samsthana Vayojana Nayam Awareness Programme

The programme was inaugurated by Sri. Meharali M.N., Revenue Divisional Officer and maintenance Tribunal, Tirur. The function was presided by Sri.VijayaKumar N.P. (Principal Incharge). Sri. Balakrishnan Master,(Member, senior citizen District Committee Malappuram) the chief speaker of the day handled the morning session of the class. The volunteers were really moved by the class of Shri.Ashraf Kavil, District Probation Officer, Wayanad. It was followed by Shri. K.Subrahmanian, Asst. Director, Retd, Social Welfare Dept. The gathering was welcomed by Dr.Jabir K.T, Programme Officer and the vote of thanks was delivered by Dr.Preethy B.Menon, Programme Officer. The HOD's of various departments and College Union Chairman Sri.Saamson C.Saimon, felicitated the function.

05.12.2018 - Blood Donation Camp

The unit organised a blood donation camp in association with the HDFC Bank. 26 volunteers donated their blood as a part of the camp.

4 volunteers of our Units gave blood on the spot to the needy patients admitted in various Hospitals in the last year.

08.12.2018 - Orientation Programme

An orientation programme for the second year volunteers who have been selected for the NSS Camp 2018, was conducted by the Best Programme Officer, (who won the Indira Gandhi Award 2016-17) Sri.Kamarudheen P., Assistant Profssor, Faook College. The class was so lively that all the volunteers actively participated in the class.

23-12-2018 to 29-12-2018 – 7 Days NSS Camp

The 2018-19, 7 days NSS Camp named as 'Thanal', was held at Kuttiyil A.U.P.School, Vettom from 23.12.2018. As strict attendance was ensured by Programme Officers, all the volunteers assembled in the camp on time. The Programme Officer Dr,Jabir K.T, introduced the Camp schedule before the Volunteers. They were properly oriented about the environment of the school. Dr.Preethy B.Menon, another Programme Officer, conveyed the norms of behavior in the camp. The Volunteers were divided into 5 groups. Each group members and leaders were reminded of their roles and responsibilities.

On 24.12.2018, The Thunchan Memorial Govt. College NSS Unit seven day camp named ' Thanal' at Kuttiyil A.U.P School as a part of eco-friendly community knowledge development Shanti gramam project was flag hosted by Smt. Vasantha teacher, head master of school on 10.30. The official inauguration section started after NSS prayer. Inaugural speeches were

delivered by PTA President of Kuttiyil A. U.P school, Sri.Ummar. Later Vettam welfare committee chairman and Member 13th ward Sri.C.M.T Bava and Panchayat President smt.Meharunneesa joined to inaugural section. Ceremony programme officers Dr. Jabir K.T and Dr. Preethy B. Menon introduced about camp plans to volunteers. Smt.Anitha Kishor, Malappuram Dist. Public work standing committee chair person blessed the volunteers and emphasized the role of NSS in community service. Then Dr.D.UshaKumary ,Principal of TMGC delivered wishes to volunteers, followed by speeches of Sri.Chandran Punnakkal, Ramla Nellancheri, Sri.Jabbar Master, Smt. Beena M.E, Sri. Sudhakaran, Sri. Karappan, Manager of Kuttiyil A.U.P School, Smt. Vasantha teacher, HM of A.U.P School, Sri.CP Saithali Kutty Master, Sri Vasu mullappally, Sri . Siddique Haji Vakkayil, Sri.Purushothaman Kalathil Parambil, Sri.Suresh Punnasseri. The session lasted with vote of thanks by Jaisal.

During second day volunteers cleaned camp site and held out a project preparation. After that they organized an announcement rally throughout the 12th ward of Vettam panchayath. Later interaction session named 'Ice breaking and team building' was presented by Rifa Shafees, Chennara (trainer, Olive Risly Conceptaction). It is a new joyful experience for all volunteers. After taking dinner volunteers discussed the project agenda and activities with the NSS Programme Officers, The group was dispersed with the National Anthem.

The third day of our camp started by welcoming the coldest day of the year, Christmas. After the tea there held a yoga practice under the guidance of Anupama, a volunteer. As usual assembly started with prayer. Programming committee presented last day's report and they published the daily newspaper named 'Aarambham'. Food committee served breakfast right after assembly. Every member did their best to clean the road side and street from 10.30 to 12.30. Then lime water was given to tired volunteers. The lunch was ghee rice and chicken curry. Then there held a communicative and interactive session at auditorium by famous resource person Anshaad Kulathoor . second session was on awareness of post flood Socio-Psycho intervention by V.R.O of vettom social healthcentre. At 7pm the ward member inaugurated the cultural programme session. The nadan pattu competition was great success after that we celebrated Christmas eve. The carol followed by whole members reached under mango tree. All enjoyed well by singing and dancing. After the dinner we moved to feedback session as soon as possible and lights were switched off at 11:30pm.

The 26.12.2018 NSS seven days camp 'Thanal' started with marathon at 6:30 am from Kuttiyil A.U.P School to Vettam cheerp and it was lead by Programme Officer Dr.Preethy B.Menon, Jinto sir and Sajan sir. After the marathon the volunteers assembled on the school ground at 7:15 am. Then the first session started with an awareness class on the topic 'vegetable cultivation without chemicals by Sri.Dinesh Souparnika at 8.00 am. After first session volunteers conducted a survey on 'Post flood socio-psycho intervention' at 10.00 am to 12.30 pm. After the lunch break, second session started at 2.30 pm on the topic 'Cyber Crime and Social Media' by Sri.Aneesh Chacko (Civil police officer).The cultural programme started with NSS geetham and students exposed their dancing skill. The colorful day winded up with the feedback session.

On 27.12.2018, the NSS Camp started with a zoomba dance. After breakfast, we went for Post flood socio-psycho intervention survey at ward 13 of vettam Panchayath. We completed it at noon 1.00 pm and our second session started at 3'o' clock. We have chicken biriyani for lunch. The session was on the topic 'Role of new generation in the protection of aged people'. It was conducted by K.Balakrishnan Sir, Member of District level committee for the old aged. A treasure hunt competition at 4.30 and street plays were done by 4 groups. We also had musical chair competition. After lunch and usual feedback session, the lights were switched off.

The morning of 28.12.2018, started with a cup of black tea. The volunteers visited all the houses near the school and planted vegetables and taught the villagers how to make a small kitchen garden. Through their visits the volunteers got more time to converse with the villagers in that locality. Each house was given 15 vegetable saplings containing kheera, ladies finger, green chillies, tomato and brinjal. The tired volunteers who reached the camp were served with tasty butter milk. After lunch a heart touching session on 'Pain and Palliative' was conducted by Sri.Nasar, Vettom. The last eve of the camp ended with 'Ganamela' by all the group members. All the volunteers actively participated in the programme. The programme became eye-catching and attractive when the audience also joined the volunteers. After the dinner, at 10 pm, the camp review presentation was started and lasted up to 12am. Every volunteer shared their own experience about the camp days. At last, the 6th day also ended with lots of joys and memories.

On 29th December 2018, the volunteers cleaned all the school surroundings and packed all their bags and got ready to return back to their homes. The highlight of the day was the valedictory session. The function started with the NSS Geetham. The NSS Programme Officer Dr. Jabir K.T welcomed the gathering. The Vettam welfare committee chairman and Member 13th ward Sri.C.M.T Bava, Manager of the school Karuppan Sir, Shivadhasan Sir, school Headmistress Smt. Vasantha Teacher, PTA President of Kuttiyil A. U.P school, Sri.Ummar were the chief guests of the day. The volunteers shared their camp experience in front of the guests. They thanked the organizers, ward member and school management for the smooth conduct of their camp. A handwritten magazine containing the scripts of all the 100 volunteers were unveiled in the function. After discussing about their future plans and with the vote of thanks by the Programme Officer Dr.Preethy B. Menon, the camp of the year 2018-19, ended with the National Anthem

4.01.2019 – 5 Day Pre-marital Counselling

A 5 day Premarital counseling was conducted by NSS Units in association with Coaching Centre for Minority Youth, Alathiyoor. The programme was inaugurated by the Principal, Alathiyur Centre for Minority Youth. Dr.Jabir K.T Programme officer presided over the function. Kumari.Sahishna delivered the welcome speech. The programme was introduced by Dr.Preethy B.Menon, NSS Programme Officer. The course provided classes, experience sharing and counseling by therapists known as marriage and family therapists. It helped the volunteers to get prepared for a strong and healthy marital relationship free of stress and strains.

26.01.2019 – Republic Day Celebrations

The Volunteers observed the Republic day celebration on 26th January 2016. The Principal of the day, hoisted the flag. The Physical Education Dept HOD and NCC Officer, Lt. Sri.Shukkoor Illath delivered a speech on the significance of the day. The Programme Officers Dr.Jabir K.T and Dr. Preethy B. Menon felicitated the gathering. The teaching and non teaching staff members attended the programme.

11.02.2019 – Awareness on Transgender Rights and Recognition

The programme was organized by NSS Units TMGC and Dept of Social Welfare, Govt of Kerala. The event was presided over by the Principal Dr. D.Ushakumary. The programme was inaugurated by Dr. Shivaraman, Psychologist. Naseema (TG representative) shared her experiences. The programme gave an opportunity for volunteers, educators and other student participants to increase visibility of the transgender community and to raise awareness of the experiences of transgender and gender nonconforming students, who often face hostile college and home environments.

21-02.2019 – Aarogya Sandesha Yatra

Street plays on the relevance of health and healthy habits, consequences of non-healthy practices were performed by staff of Health Dept. The programme was inaugurated by Smt.Meharunnissa, Panchayat President, Vettom Grama Panchayat. The Principal Dr.D.Ushakumary presided over the function. Sri.Krishnan, Director of Health introduced the need of the street play known as ‘Arogyasandeshayaatra’ to the audience. The staff of Malappuram District Health Department, Staff of DVC unit, Malappuram, Tirur Block CHC Vettom, TMG College students and women from kudumbasree unit were the chief participants. Dr.Jabir K T, Nss Program officer welcomed the gathering. The programme was so lively that it attracted a large mass of audience. Dr. Preethy B.Menon, another Programme Officer delivered vote of thanks.

21-02-2019 – Matrubhasha Dina AAcharanam

The Volunteers celebrated the matrubhasha Dinacharanam on 21.02.2019. Dr. D.UshaKumary, Principal, Thunchan Memorial Govt.College, presided over the function. Our principal spoke on the key role of Matrubhasha ‘Malayalam’, in uniting the people and conveying our ideas. A matrubhasha dinacharanam pledge was also carried on at 11:00 am to foster awareness about matrubhasha among the students. All the students, Teaching and Non-Teaching Faculty participated in the programme. The Programme Officers Dr.Jabir K.T. and Dr. Preethy B.Menon, co-ordinated the programme.

22-02-2019 – State NSS Award Function

This year’s state NSS award function was held at Town Hall, Tirur. Our Volunteers took all efforts in organizing the registration of the various awardees and college students who have reached there from early morning till the end of the function.

08-03-2019 - International Women’s Day Celebrations

In connection with the women day celebration, an awareness class was conducted on 'Streeyum Aarogyavum', in association with the PHC Vettom. The session was inaugurated by Sri.Unnikrishnan . A, Health Inspector, PHC, Vettom. The function was presided over by Dr. D. Ushakumary, Principal, T.M Govt. College. The HOD's of all departments felicitated the function. The class was handled by Smt. Priya Thankappan, Junior Health Inspector, PHC Koottayi. The class helped to spread awareness among women regarding health issues, the need for maintaining hygiene in their life and the importance of having a balanced diet.