ANNUAL REPORT OF ANTI NARCOTIC CELL (2022-2023)

**ANTI NARCOTIC CELL** 

Alcohol/drug/substance abuse is becoming an increasing menace in our society.

Vimukthi is an anti-drugs campaign launched by the Government of Kerala to

highlight the seriousness of the situation and to create awareness among the

people, especially the youth. It is a collective effort aims at eradicating all sorts of

narcotic substances from Kerala. Thunchan Memorial Government College take

part of this project of Government of Kerala with the collective efforts of Anti

narcotic cell, National Service Scheme, Vimukthi Club and National Cadets corps

of the College. As part of anti narcotics campaign the following activities were

conducted in the college

The Anti Narcotic Cell of Thunchan Memorial Government College is functioning

with the following objectives

> To ensure a drug free campus

To create awareness among the students about the legal consequences

on possession, use and sale of Narcotic Drugs

> To create awareness among the students the mental and physical

consequences of use of drugs

> To conduct counselling sessions for students

To motivate the students to actively participate in awareness programmes

conducted by the cell

Following are the *members of Anti narcotic Cell of the college* 

Convener: KAVITHA V K (Assistant Professor, PG Department of Commerce)

1

## **ANNUAL REPORT OF ANTI NARCOTIC CELL (2022-2023)**

Members

Dayanandan K (Assistant Professor, PG Department of Commerce)

Rekha A M (Assistant Professor, PG Department of Maths)

Faseela CK and Lisha (NSS Programme Officers)

Other members:

Dr. Divya. V (Covener, Women Cell)

Ardra (Psychologist, JEEVANI Centre)

Captain Shukoor Illath (NCC Officer)

Praseetha (Convener, Film Club)

Siraj (College Union Chairman)

Students from different departments

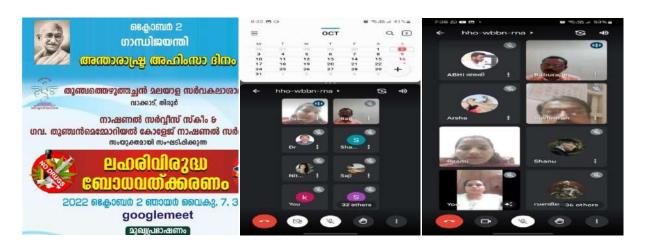
The following activities were undertaken by the cell during the year

## **02-10-2022(Gandhijayanthi)**

On Gandhijayanthi, an awareness class on the topic "Drug use and abuse" were conducted in association with Thunchethezhuthachan Malayalam university through google meet. The online session was started with NSS Geetham. NSS volunteer secretary Sri. Abhijith K A welcomed all the dignitaries to the session. The session was presided by Dr. Baburajan.K, NSS co-ordintor, Malayalam University. The inaugural session was addressed by Prof. T M Ravindran, President, Kerala State Anti liquor committee. The session was felicitated by Dr.

#### **ANNUAL REPORT OF ANTI NARCOTIC CELL (2022-2023)**

Ashok Dicroos, Dean, students welfare, Malayalam university, Smt. Kavitha V K and Sri. Ahamedkutty N P, NSS programme Officers, TMG College and Dr. Arun Babu, NSS Programme Officer, Malayalm University. Smt. Reshmi, Councillor, Suraksha, Kozhikode, delivered the key note address. The session was ended with vote of thanks by Sri. Arun V P, NSS Volunteer Secretary, TMG college.



## 06-10-2022 (Laharimuktha Keralam)

A live streaming session of the official inaugural function of Anti drug campaign of Government of Kerala with the key note address of Honorable Chief Minister Sri. Pinarayi vijayan were organized by the college. The session was started with the speech of Dr. Ajith M S, Principal, TMG College. The students were taken pledge on anti narcotics. The speech of chief minister was played via public address system of the college. Hence whole students, teachers and non teaching staff of the college listened the message of Honorable chief minister. The recorded session of the speech were also replayed.

## **ANNUAL REPORT OF ANTI NARCOTIC CELL (2022-2023)**



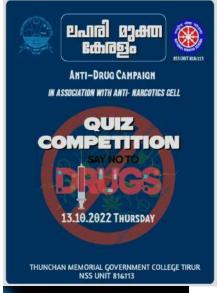
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# 13-10-2022 (College level Quiz competition)

As part of anti drug campaign the anti narcotic cell in association with NSS units of the college organized an anti drug awareness quiz as per the instruction of state

## **ANNUAL REPORT OF ANTI NARCOTIC CELL (2022-2023)**

NSS cell. Ten students were participated in the quiz. Out of this two students who scored highest were nominated for the district level quiz competition





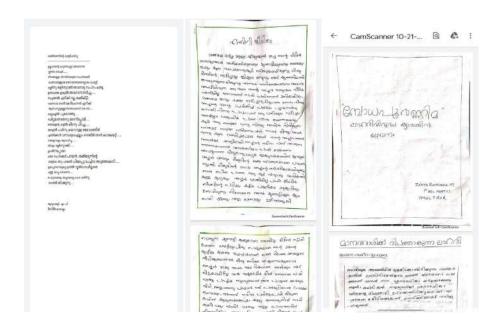




## **ANNUAL REPORT OF ANTI NARCOTIC CELL (2022-2023)**

## 15-10-2022(Participation in "Bhadhapoornima")

The students participated in the Bhaodhapoornima programme (G3/47228/2022/DCE Dated 15-10-2022) organized by Director of Collegiate Education. The students prepared Malayalam poem, stories and essay on the topic 'No to Drugs'. The selected entries were send to the concerned mail id.



## **20-10-2022 (Film Exhibition)**

Anti narcotic cell in association with Film Club of the college organised a film exhibition, to create awareness among the students, the evil effects of drugs.

## **ANNUAL REPORT OF ANTI NARCOTIC CELL (2022-2023)**



# **01-11-2022 (Keralapiravi)**

## Flash mob

On November 1<sup>st</sup> women cell of Thunchan Memorial Government college in association with The Women & Child Development Department organized a flash mob "dance programme" at Tirur bus stand, Thazhepalam and at college as an awareness against drugs.



# **ANNUAL REPORT OF ANTI NARCOTIC CELL (2022-2023)**



# **Human Chain:**

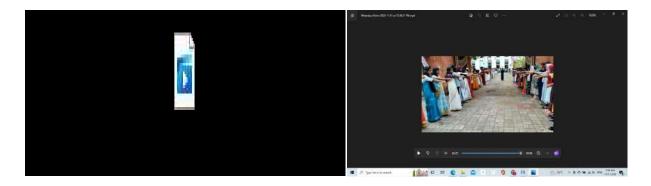
The human chain was formed by the Students and staff of the college to create awareness against drugs.



## **ANNUAL REPORT OF ANTI NARCOTIC CELL (2022-2023)**

## **Pledge taking:**

The college organised "Pledge against drug abuse" and all students and staff of the college participated in this programme



## 24/11/2022 (Anti tobacco campaign)

In order to create awareness among the students, the anti narcotic cell in association with JEEVANI of the college organized a half day programme with a variety of activities

#### **Awareness Class**

The students were given a psycho education and awareness class about the different physical and psychological disorders caused due to smoking. The session was led by Consultant Psychologist, Ardhra Gopal, Jeevani Centre for students wellbeing.

# THUNCHAN MEMORIAL GOVERNMENT COLLEGE, TIRUR ANNUAL REPORT OF ANTI NARCOTIC CELL (2022-2023)



## **Group Discussion**

A group discussion session were conducted among the students in groups discussed about the various ways to prevent college student's access to tobacco and other drugs. They also discussed about the various ways in which Anti-Narcotic Club and Jeevani Centre can work along with students to stop smoking among young adults.





## **ANNUAL REPORT OF ANTI NARCOTIC CELL (2022-2023)**

## Pledge taking

A pledge against tobacco use were taken by the students



## Symbolic abandonment of tobacco products

A symbolic representation of awareness against tobacco and smoking was conducted by students by burning a symbolic representation of cigarettes to give the message of stop smoking.





# THUNCHAN MEMORIAL GOVERNMENT COLLEGE, TIRUR ANNUAL REPORT OF ANTI NARCOTIC CELL (2022-2023)

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## 24-01-2023 (Laharikkethire oru Goal)

Anti Narcotic Cell in association with the college NSS units organized a programme named "Laharikkethire oru Goal" means A goal against Lahari. The programme was inaugurated by Dr. Anilkumar M P, respected Principal in charge of the college. The programme was a great success with the participation of students, teaching and non teaching staff of the college by hitting the ball into the goal post.

## **ANNUAL REPORT OF ANTI NARCOTIC CELL (2022-2023)**





# <u>06-03-2023 (Awareness Class on Tobacco Control)</u>

An awareness session on the consequence of use of tobacco were organized in the college in collaboration with Community health Centre, Vettom and National service scheme units of the college. The session was lead by Sri. Anil Kumar K G, Health Supervisor, CHC vettom and a team of Health Centre.50 students were participated in the programme.

## **ANNUAL REPORT OF ANTI NARCOTIC CELL (2022-2023)**







