T M Govt College, Tirur

Vakkad P.O, Malappuram Dt.

<u>Student's representation and engagement in various administrative, co-</u> <u>curricular and extracurricular activities during the year 2022-2022</u>

The college union represents the students of the college and is an inevitable part also. But, unfortunately, there was no college union for the year 2021-2022, as the Covid-19 lockdown procedures gave a severe impact on the college union election. During this period till 04-10-2021, the college activities including classes were conducted through online mode. Even though there was no college union the college students collectively organized so many activities during the period. After the re-opening of the college, so many clubs and forums were constituted with the active participation of the students. The clubs like Nature Club, Science Club, ED Club, Tourism Club, Film Club, Readers Club, Performing Arts Club, Quiz Club, Debate Club, Music Club (Idam), and Fitness Club were in action w.e.f. 03.11.2021. Various activities had been organized under the club platform. The activities like Campus Beautification & Green Initiatives, Koodu, etc. were also there during 2021-2022. The students actively participated in every activity. The bodies like Student's Grievance Redressal Cell, Women's Cell, Women's grievance redressal cell, Internal Complaint Committee, Anti-Ragging Committee, Anti-Ragging Squad, and Anti-Narcotic Cell were constituted and played their part in student welfare and well-being. The units of NSS and NCC conducted various online and offline activities with students' active support.

International Yoga Day (21/06/2021)

As part of International Yoga Day, the NSS units (Uit No.81 and 113) of Thunchan Memorial Government College Tirur, organized a two hours Yoga Training Programme on the topic "YOGA AT HOME YOGA WITH FAMILY" in association with the Yoga club, Physical Education Department and NCC wing on 21/06/2021. The session started at 7.00 am. The session was handled by Yoga Expert Sri. Anil Santh Palakkad (Art of living) through the "Zoom" platform. Sri Saju Jose welcomed all. The practical session was demonstrated by Ms. Sukanya Banu(New York). Around 235 people participated in the Training Session. The participants include Teachers, Nonteaching Staff, School students, Other college students, NSS volunteers and NCC cadets of the college. The family members also participated in the session. The training session mainly focussed on the "Surya Namaskaram" and "Pranayama". The resource person pointed out the relevance of Pranayama during this Covid Pandemic. Former Principal of TMGC, Smt. Ushakumari participated in the programme and expressed her gratitude. Some of the participants also gave their feedback about the programme. The session

was concluded with the vote of thanks by Captian Shukoor Illath. The session ended at 9.00 am.

Poster and Programme screenshots:













ED CLUB ORIENTATION PROGRAMME





THE GREAT THUNCHAN KITCHEN

ED Club In Association with PG Department of Commerce of TMG College, Tirur organized a food fest named **"The Great Thunchan Kitchen-OLLOGOD ANDROGYS**" on **22-03-022** which was aimed to fund The College Canteen- The Hunger Free Campus. The programme also intented to enhance the organizing capacity of students, which will help them to become a successful enteprenuer in futuer. The programme was inaugurated by respected Principal of the College, Dr. Ajith M S. The students organized the programme very well. They set an exhibition on various food products prepared by them and these products were sold out also. The amount raised through this programme handed over to The College Principal, Dr. ajith M S on the same 23-03-2022.The programme was a great success.







AWARENESS PROGRAMME AGAINST DRUG ABUSE (BY NSS UNIT NO. 81 &113, NCC) <u>WEBINAR AS PART OF INTERNATIONAL DAY (28/06/2021)</u>

The volunteers participated in the awareness programme jointly organised by the Department of Social Justice, Govt. Of Kerala, Nashmukth Abhiyan, NSS, NCC, SCOUTS and Guide, Health. Women and Child Development department etc.





Canteen Cleaning (29-10-2021)

The volunteers participated in Canteen Cleaning in relation to the re-opening of the college after Covid-19 lockdown.









blood donation camp (03-12-2021) (BY NSS UNIT NO. 81 &113)

The units organized a blood donation camp in association with BDK perinthalmanna and Govt. Hospital Perithalmanna. Lot of students actively participated in the program and 40 of them donated blood









Mega cleaning drive

NCC Army wing of TMG College, Tirur and District Tourism Department jointly organized a mega clean drive at vakkad beach on 25th November 2021 in connection with NCC Day Celebration. Different colleges under 29(K) BN NCC took part in that mission.



Abhayam payasam challenge (09-11-2021)

The units participated in the ahayam payasam challenge organised for the Dialysis patients. Collected orders around 70 and the volunteers actively participated in the preparation and distribution of Payasam at Tirur





Campus Beautification and Green Initiative Committee & Earn While You Learn



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Literary discussion conducted by 'Akam' Sahithya vedi.







