



Observance of Important Days and Celebrations of Festivals



Thunchan Memorial Govt. College Tirur

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THUNCHAN MEMORIAL GOVT. COLLEGE, TIRUR

(NAAC Reaccredited with B++, Affiliated to University of Calicut)

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OBSERVANCE OF DAYS OF NATIONAL/INTERNATIONAL IMPORTANCE & FESTIVAL CELEBRATIONS

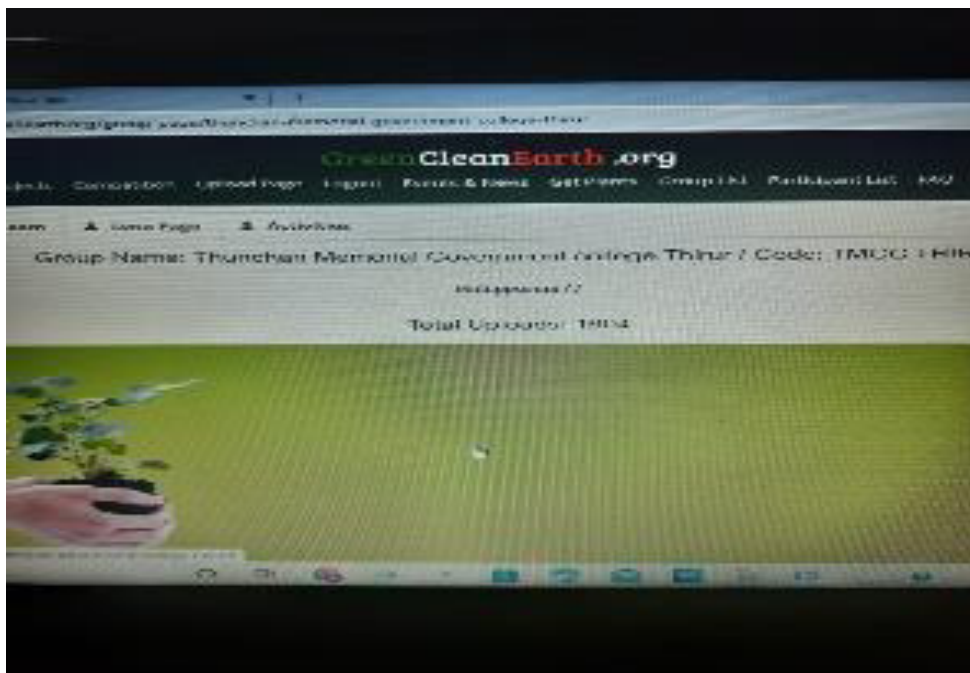


2021-22

OBSERVANCE OF DAYS

World Environment Day (05/06/2021)

On Environment day the volunteers organized different programmes at college level and the college participated in two programmes, one in collaboration with Sree sankaracharya University, Kalady and another with Green Clean Earth Movement. The NSS volunteers of TMG College planted trees at their home and also at their relatives, friends and neighbors' houses. Photos were taken and uploaded it in the website of Green Clean Earth. As part of this programme the college planted 1604 plants.



Project Name	Upload Count	Category
Thunchan Memorial Government College Thirur	1604	Plants
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The college level programmes as part of environment day were detailed below

Poster Making Competition

As part of Environment day a poster making competition was organized. The competition was conducted through Whats App media. The topic given for poster making was “Our Earth Our Home”. The winners were Mr. Vishnu Vijayan (First Prize) and Vinaya (Special Prize). The prizes awarded were 1.5 GB data per day for first prize and 3 GB data for Special Prize.



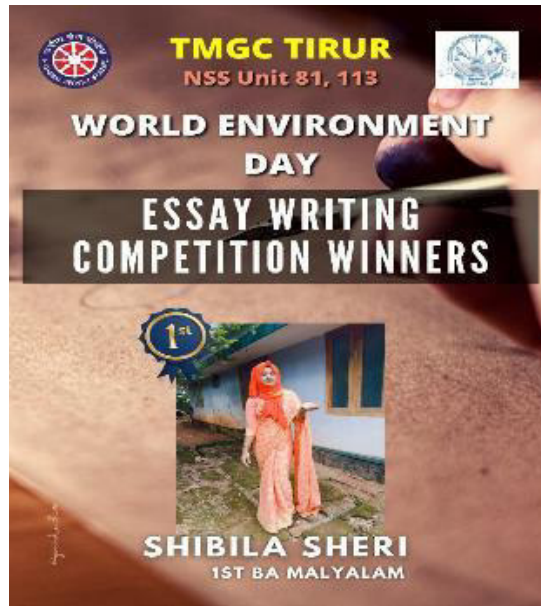
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Photography Contest

A photography Contest on the theme “Men and Soil” were organised as part of Environment day. The contestants shared their photos through Whats app/ The winners of the competition were .

Essay Writing Competition

Essay writing competition as part of Environment day was organized on the topic “Education and Covid-19”.



World Food and Safety Day (07/06/2021)

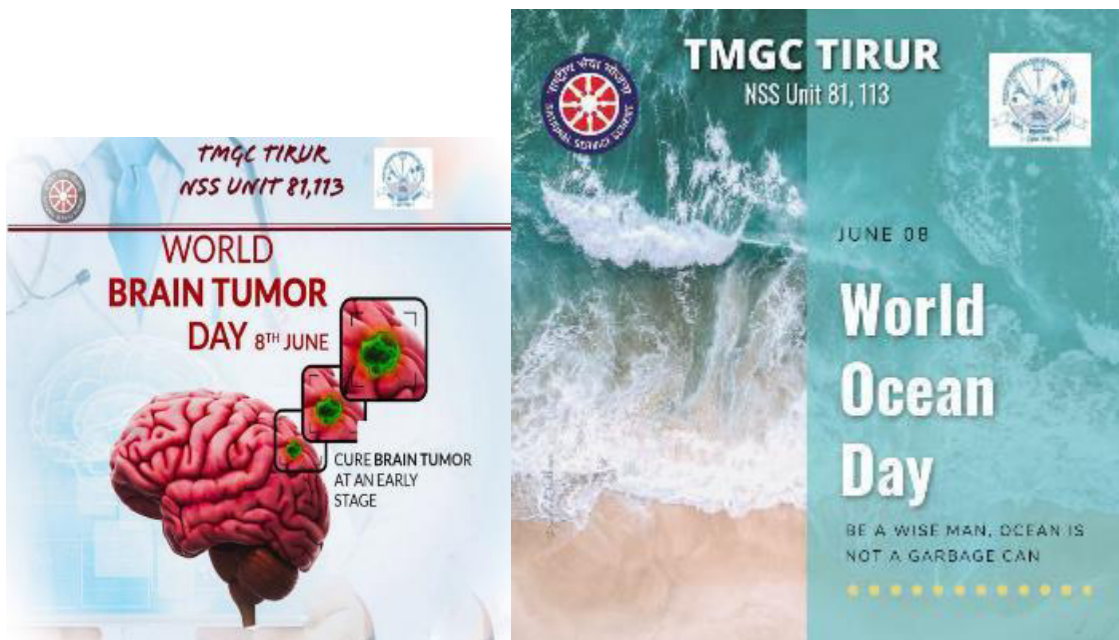
The volunteers prepared a posture on World Food and Safety Day and shared the posture through whats app and other social media



World Ocean day and World Brain Tumour Day (08/06/2021)

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Posters were created and shared through Whats app and social media by all volunteers



World day against child labour (12/06/2021)

The volunteers prepared a posture on World Food and Safety day and shared the posture through whats app and other social media



World Blood Donor Day – (14/06/2021)

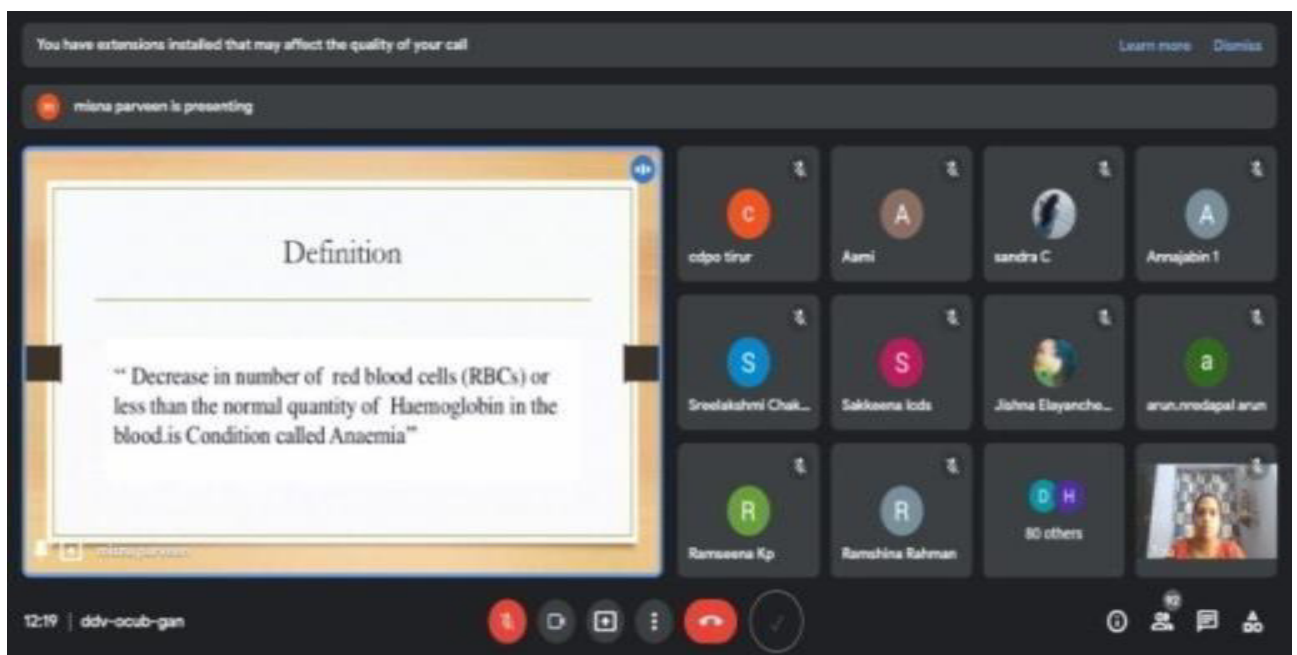
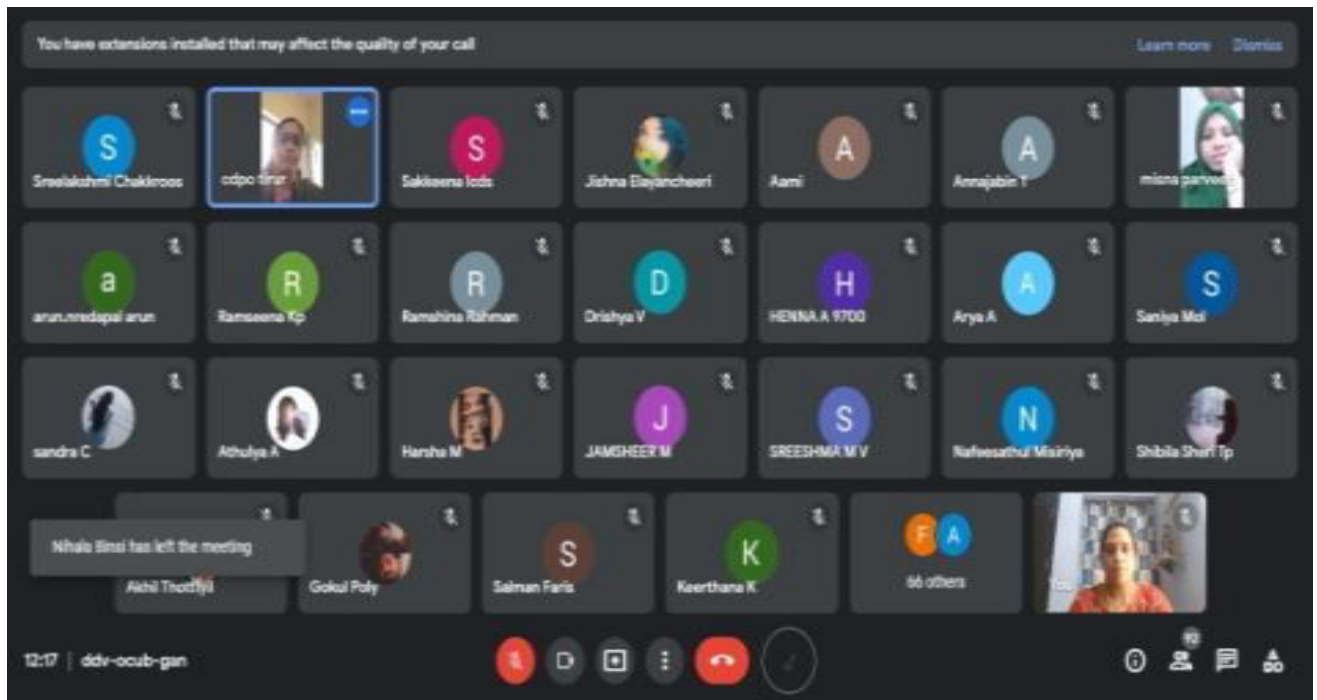
On World Blood Donors Day A Webinar on the Topic Blood Donation: Health Advantage and misunderstandings about Blood Donation. It was an experience sharing session. The session Started with NSS Geetham. The session was presided by respected Principal of the College, Dr. Ajith M S and the resource person who handled the session was Mr. Bibin Chandran (BDK Malappuram District Co-ordinator and BDK Perinthalmanna Taluk President).



Webinar on Anaemia Awareness (18/06/2021)

The NSS unit organized webinar on Anaemia Awareness in collaboration with Women and Child Development Department, Tirur(ICDS Project) on 18/06/2021 at 12.00 pm. The programme was initiated by Smt. Rema (ICDS Project Officer). The programme started with NSS Geetham. The awareness class was handled by Smt. Misna Parveen(Nutritionist).

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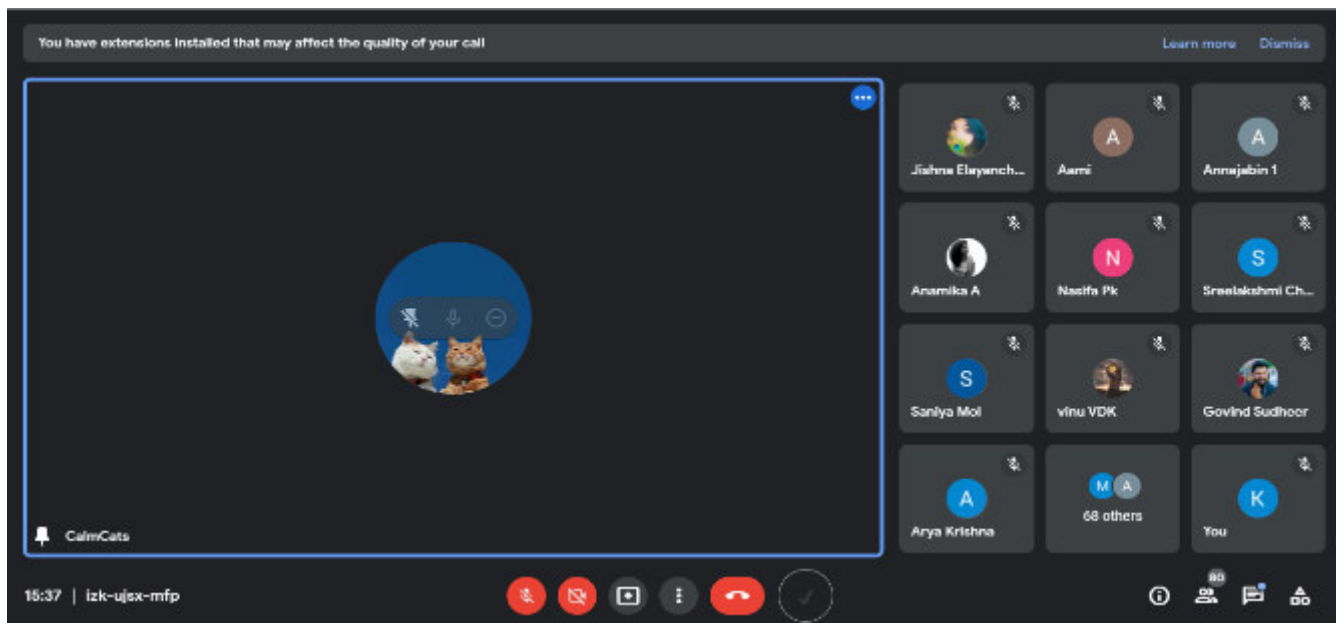


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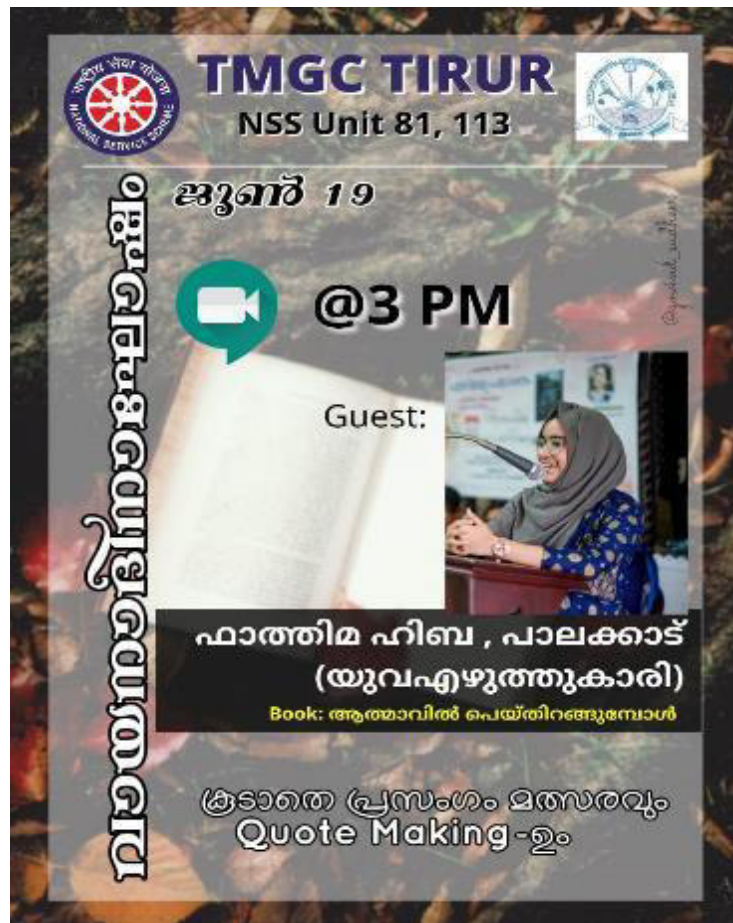
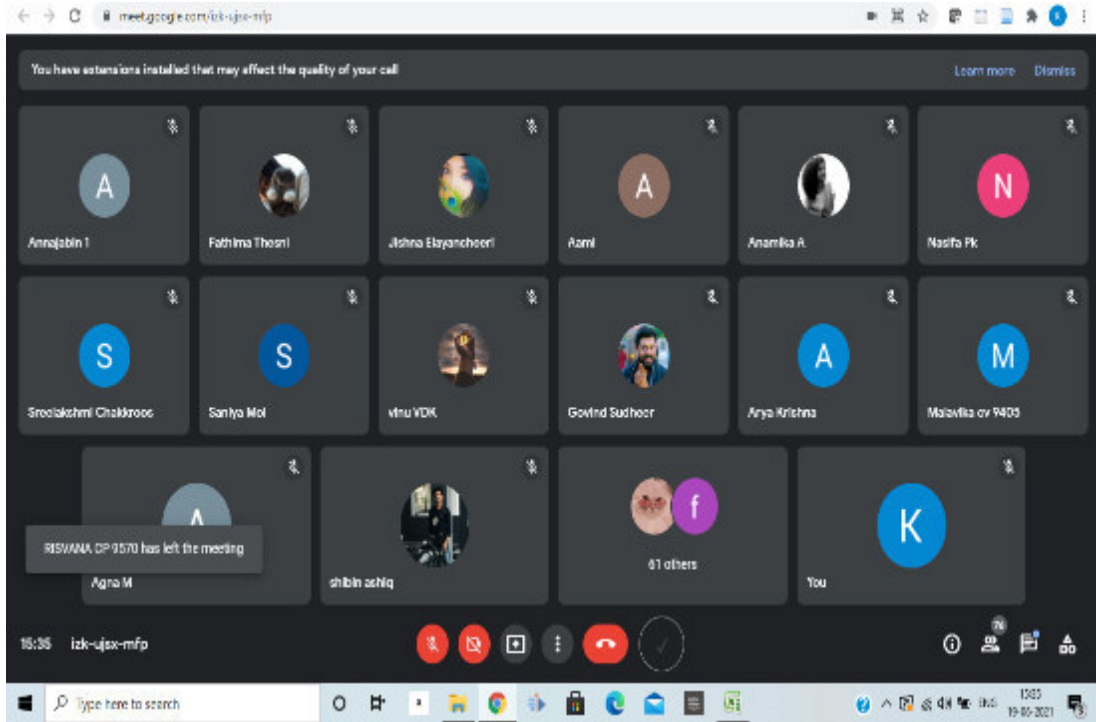


Reading Day 19/06/2021

An interactive session with Young Writer Miss. Fathima Hiba was organised on reading day.



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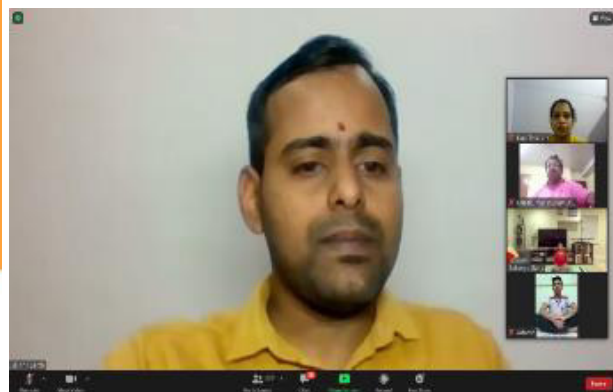
Malayalam Recitation Competition

As part of Reading day Recitation competition on “Reading and Culture” was organised. Several contestants were participated. The winners of the competition was Miss. Shibila Sheri (First), Miss Arya V (Second) and Jishna E (Third)

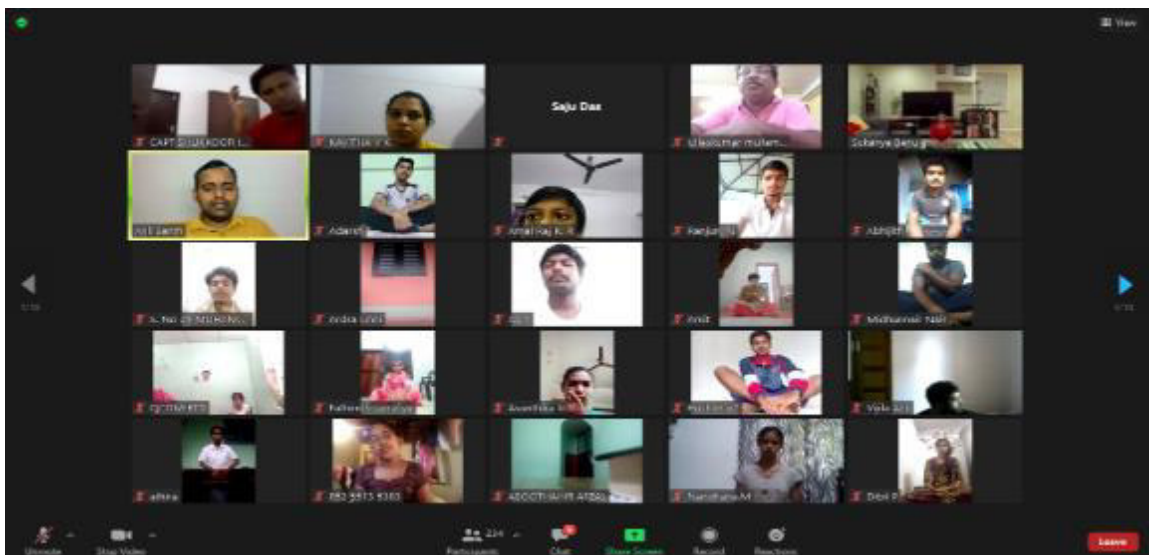
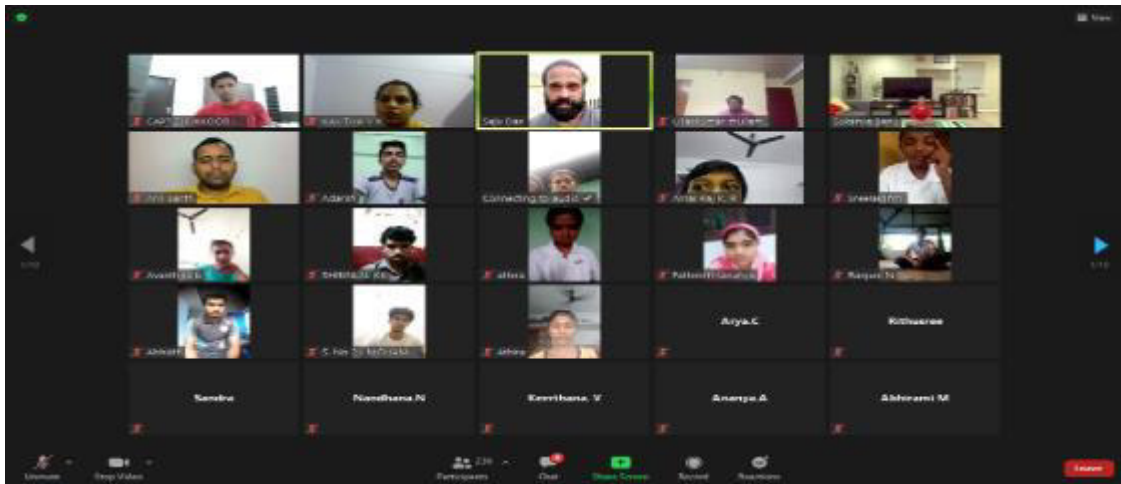
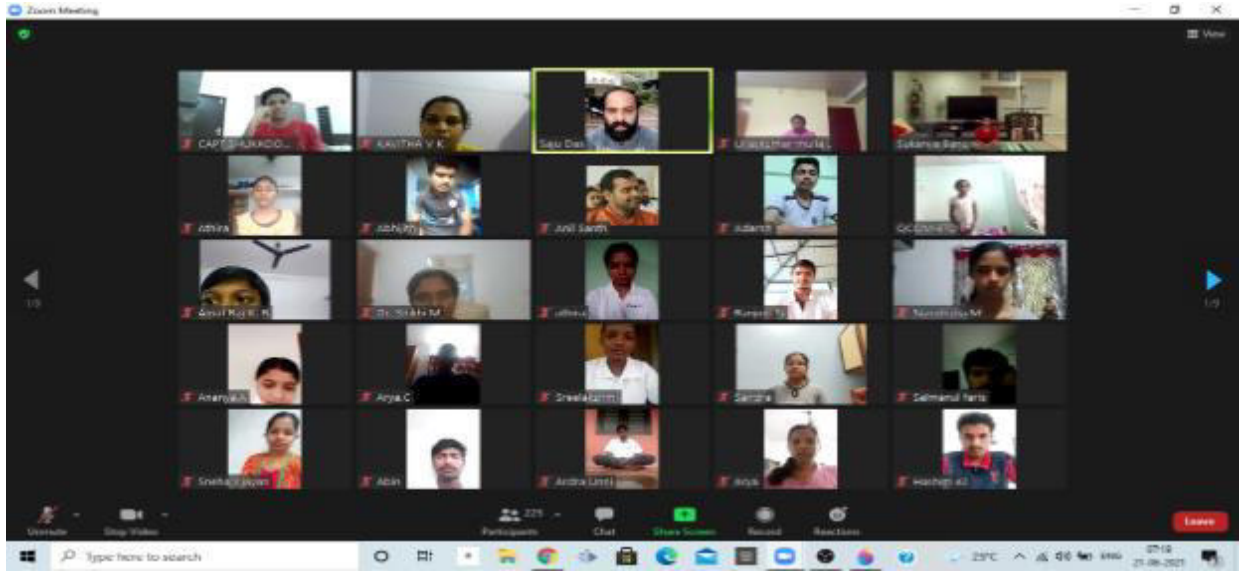
International Yoga Day (21/06/2021)

As part of International Yoga Day, the NSS units (Uit No.81 and 113) of Thunchan Memorial Government College Tirur, organized a two hours Yoga Training Programme on the topic “ YOGA AT HOME YOGA WITH FAMILY” in association with Yoga club , physical Education Department and NCC wing on 21/06/2021. The session was started at 7.00 am. The session was handled by Yoga Expert Sri. Anil Santh Palakkad (Art of living) through “Zoom” platform. Sri Saju Jose welcomed all. The practical Session was demonstrated by Ms. Sukanya Banu(New york). Around 235 people were participated in the Training Session. The participants includes Teachers, Non teaching Staff, School students, Other college students, NSS volunteers and NCC cadets of the college. The family members also participated in the session. The training session mainly focussed on the “Surya Namaskaram” and “Pranayama”. The resource person pointed out the relevance of Pranayama during this Covid Pandemic. Former Principal of TMGC, Smt. Ushakumari participated in the programme and expressed her gratitude . Some of the participants also gave their feedback about the programme. The session was concluded with the vote of thanks by Captian Shukoor Illath. The session ended at 9.00 am.

Poster and Programme screenshots:



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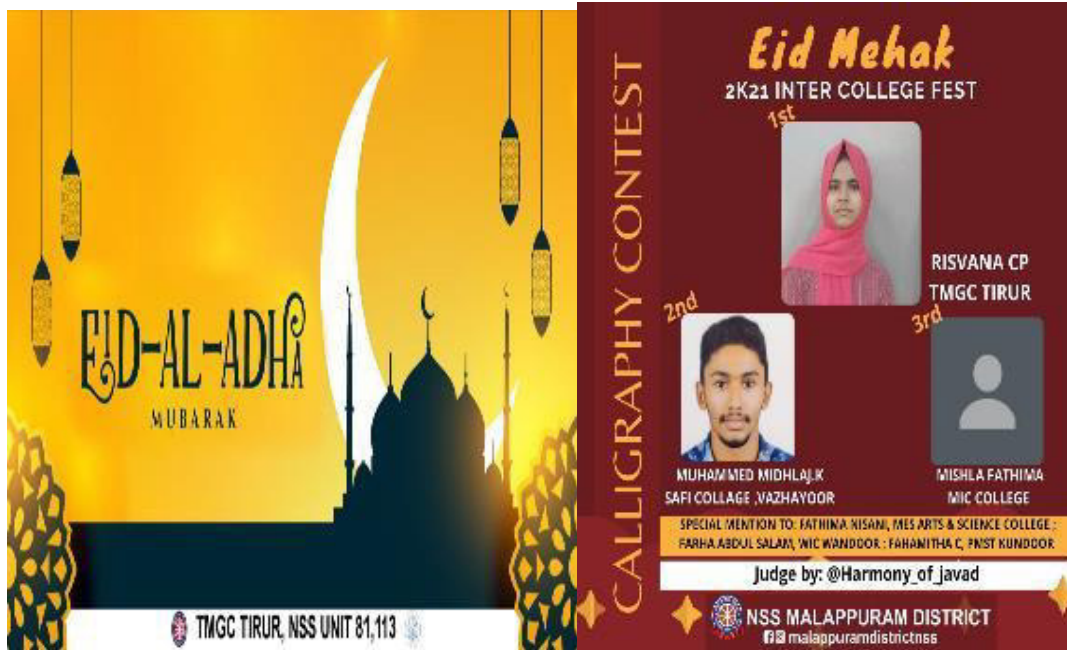


International Day Against Drug Abuse 28/06/2021

The volunteers participated in the awareness programme jointly organised by Department of Social Justice, Govt. Of Kerala, Nashmukth Abhiyan , NSS, NCC, SCOUTS and Guide, Health. Women and Child development department etc.



21-07-2021 (Eid Celebrations)



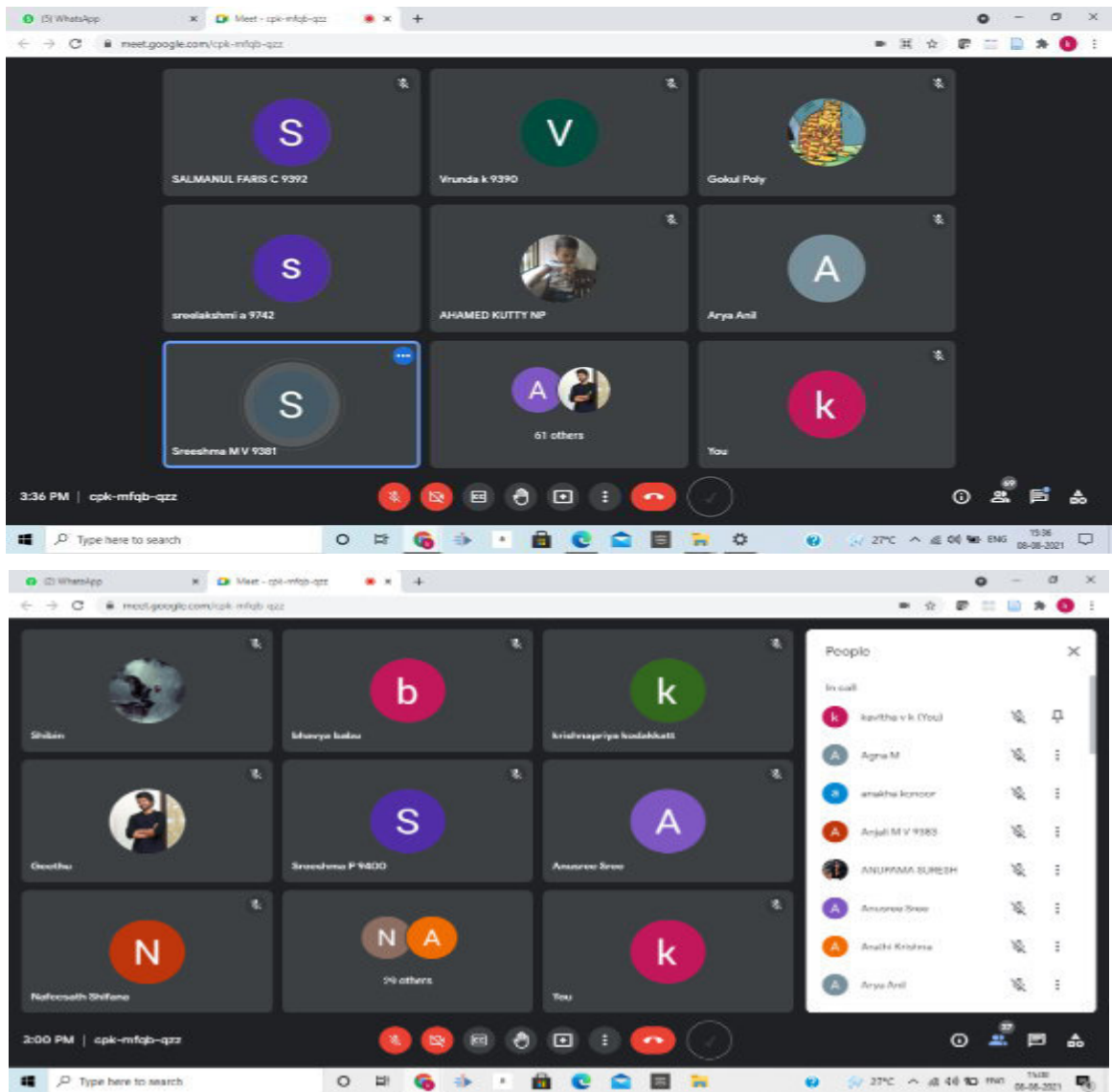
Hiroshima and Nagasaki day (08-08-2021)

Awareness programme through Google meet against War and Violence as part of the Hiroshima and Nagasaki day remembrance

The units organized a general awareness programme through Google meet against War and Violence as part of the Hiroshima and Nagasaki day remembrance and conducted a quiz competition about the day. The Students named Arya V and Farshana Farvi CK were declared as winners on the basis of their high performance.



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Independence Day (15-08-2021)

On Independence Day, the units in association with NCC hoisted national flag and respected principal of the college passed the Independence day message . Due to covid 19 all volunteers can't attend the program y physically present in the college hence others participated via google meet



NSS Day (24-09-2021)

On NSS day, flag hosted by programme officer Ahammedkuty sir and kavitha madam,in the presence of few volunteers . a quiz competition on the topic “origin of NSS”. Bhagya, Kripa and shibila were selected as winners.

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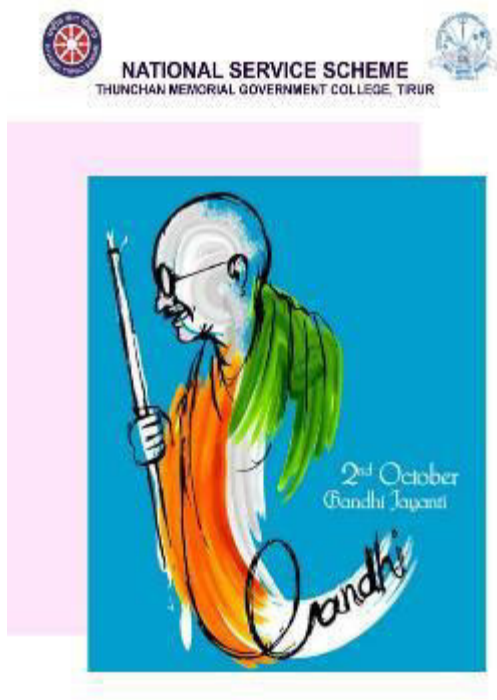
International Day for Older People (01-10-2021)

On 01-10-21 we conducted two programmes, a poster making competition for blood donation day and made an awareness programme on the topic “thanalekiyavarkke thanalayi oru dinam”.



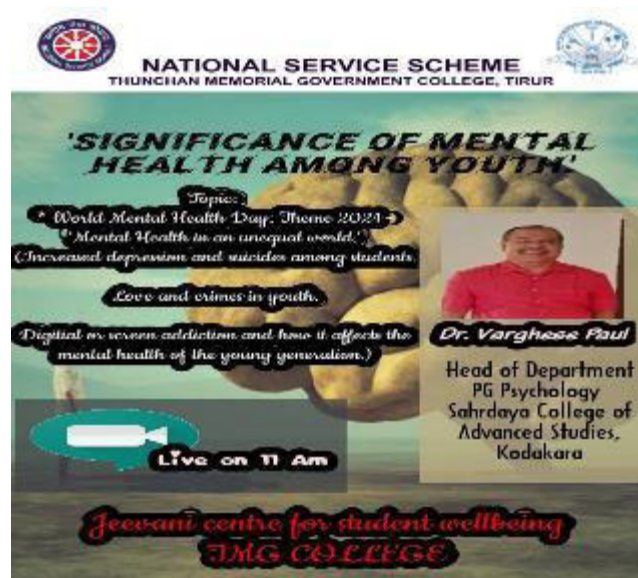
Gandhi Jayanthi (02-10-2021)

NSS volunteers gathered together to clean up the college and surroundings.

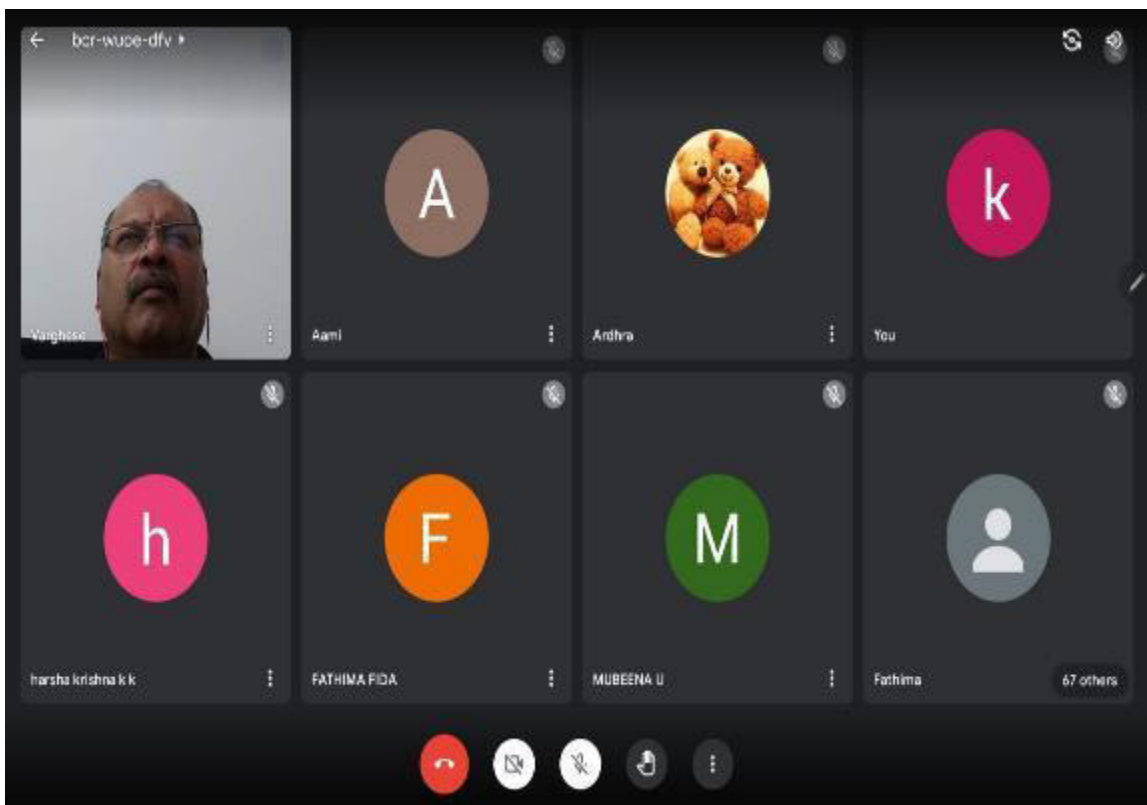
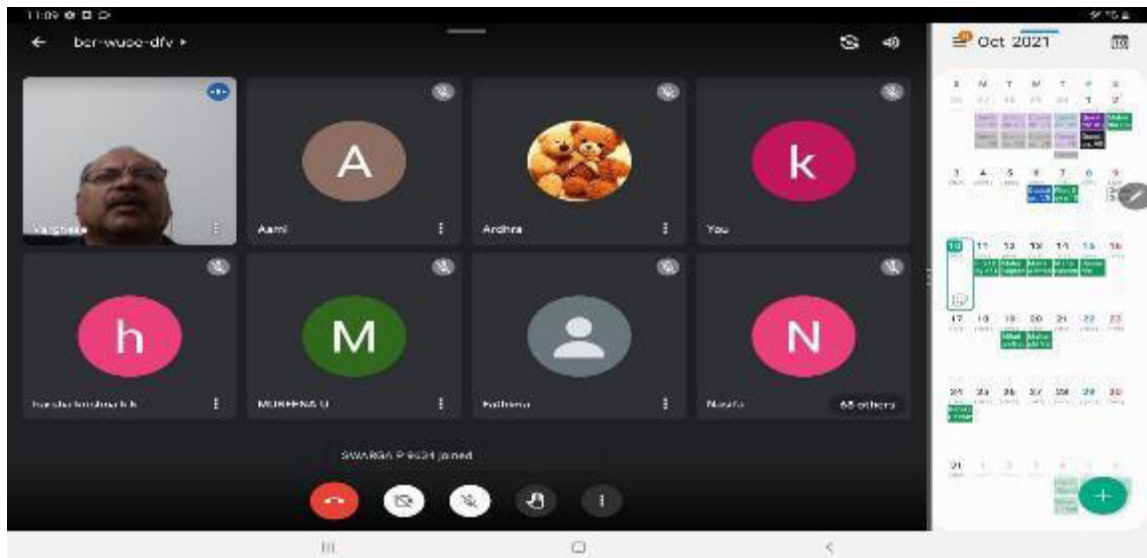


Mental health Day (10-10-2021)

As part of world Mental health Day units Conducted a Google meet on the topic “significance of mental health among youth” by Dr Varghese Paul (HOD PG psychology). NSS secretary Vishnu Vijayan conveyed his thoughts in this topic. Arya V delivered vote of thanks.



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National Unity Day (29-10-2021)

As part of National Unity Day (30-10-2021) different programs were organized.

1. Awareness class

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2. Pledge taking



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3. Run for Unity



Constitution Day (26-11-2021)

As part of Constitution Day awareness class on the topic Indian constitution and cyber law were organised in Association with Tirur Taluk Legal services Committee. The resource person of the session was Sri. Adv.P P Basheer (Tirur Court)



Pain and Palliative Care Day (15-01-2022)

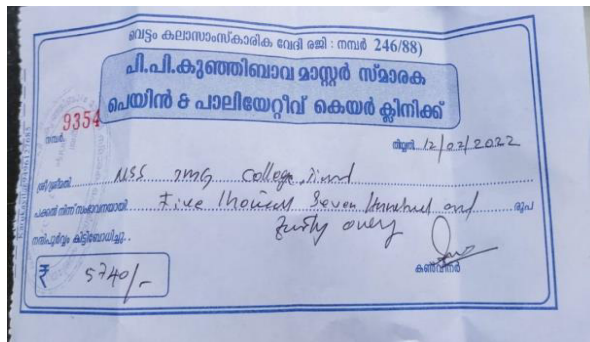
The NSS unit decided to collect a fund for donating to the pain and palliative care centre in the village. For that a “20 rupee challenge” were organised



The NSS unit collected ₹5740. Then a awareness class on pain and palliative was taken by Dr M N Mohammed Abdurahiman. (MBBS from Government calicut medical college and worked in health service, undergone training in pain and palliative care, secretary karunya pain clinic Tirur, Chairman PPKM pain and palliative clinic vettom. In the session the collected fund were handed over to them and the session ended with vote of thanks.



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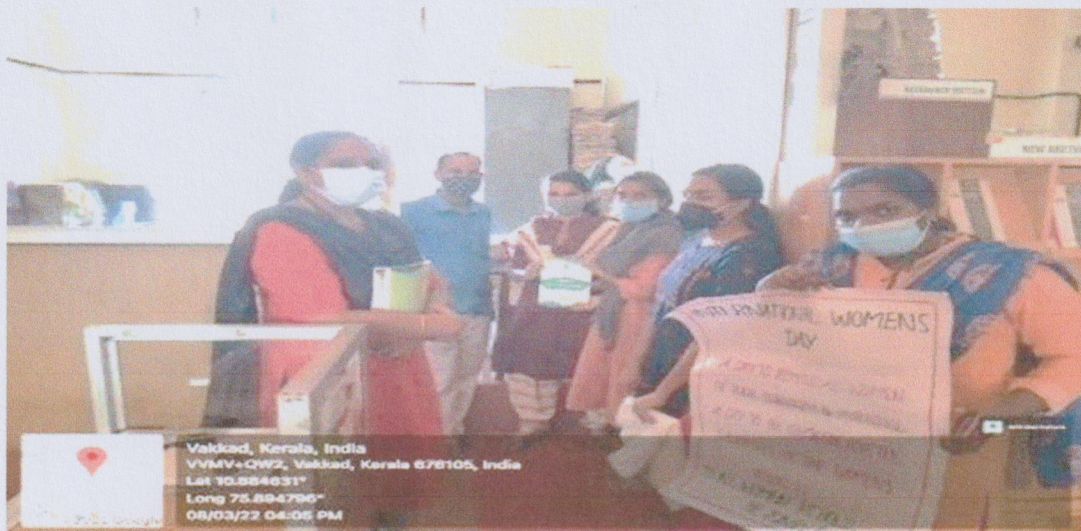
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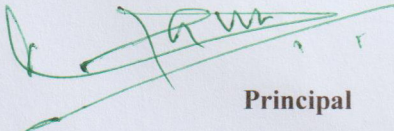
International Women's Day (08-03-2022)

As part of International Women's day, in order to create awareness , the units distributed a Guide named "Laws relating to women" to office, library and 6 departments of the college.



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Principal

Tirur

21/02/2023