TMG COLLEGE, TIRUR "A WEBINAR ON THE TOPIC BLOOD DONATION: HEALTH ADVANTAGE AND MISUNDERSTANDINGS ABOUT BLOOD DONATION" (BY NSS UNIT NO. 81 &113)

14/06/2021 (World Blood Donor Day)

On World Blood Donors Day A Webinar on the Topic Blood Donation: Health Advantage and misunderstandings about Blood Donation. It was an experience sharing session. The session Started with NSS Geetham. The session was presided by respected Principal of the College, Dr. Ajith M S and the resourse person who handled the session was Mr. Bibin Chandran (BDK Malappuram District Co-ordinator and BDK Perinthalmanna Taluk President).



TMG COLLEGE, TIRUR "20 RUPEE CHALLENGE" FOR DONATING TO THE PAIN AND PALLIATIVE CARE CENTRE (BY NSS UNIT NO. 81 &113)

15-01-2022 (Pain and Palliative Care day)

The NSS unit decided to collect a fund for donating to the pain and palliative care centre in the village. For that a "20 rupee challenge" were organised. The NSS unit collected ₹5740. Then a awareness class on pain and palliative was taken by Dr M N Mohammed Abdurahiman. (MBBS from Government calicut medical college and worked in health service, undergone training in pain and palliative care, secretary karunya pain clinic Tirur, Chairman PPKM pain and palliative clinic vettom).



TMG COLLEGE, TIRUR NSS UNIT NO. 81 &113-

"AKSHARA SAMUDRAM", AND IT IS SPONSORED BY EXL-UK- A STUDENT FELLOWSHIP FOR THE UPLIFTMENT OF STUDENTS FROM COASTAL AREA OF MALABAR REGION

27/06/2021 (Webinar)

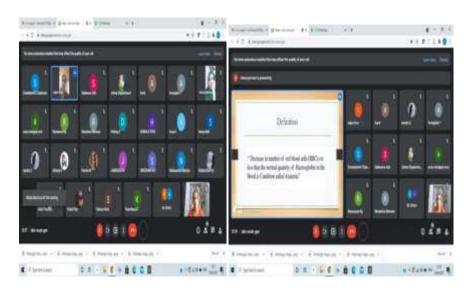
The volunteers participated in a Google meet session with EXL-UK, YES INDIA on 27/062021 at 3.00pm. YES INDIA is a student fellowship for the upliftment of students from coastal area of Malabar Region. The programme named as "Akshara samudram", and it is sponsored by EXL-UK. As per this programme the selected volunteers will be appointed as mentors of students from coastal school. The selected mentors are eligible to attend Training Sessions and can found certificates.

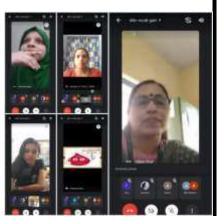


TMG COLLEGE, TIRUR "A WEBINAR ON ANAEMIA AWARENESS" (BY NSS UNIT NO. 81 &113)

18/06/2021 (Webinar on Anaemia Awareness)

The NSS unit organized webinar on Anaemia Awareness in collaboration with Women and Child Development Department, Tirur(ICDS Project) on 18/06/2021 at 12.00 pm. The programme was initiated by Smt. Rema (ICDS Project Officer). The programme started with NSS Geetham. The awareness class was handled by Smt. Misna Parveen(Nutritionist).







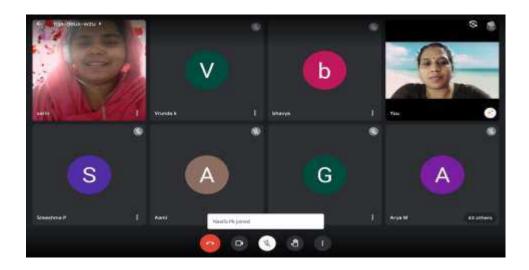


TMG COLLEGE, TIRUR AWARENESS AGAINST SUICIDE AND SUICIDE THOUGHTS (BY NSS UNIT NO. 81 &113)

11-09-2021 (Suicide Prevention)

As part of World Suicide Prevention Day the units Conducted a programme through google meet for the awareness against Suicide and suicide thoughts. Smt.Shamnisha P shared her thoughts about the mind set of new generation.





TMG COLLEGE, TIRUR "AWARENESS CLASS ON SWATCHHTA PROGRAM" (BY NSS UNIT NO. 81 &113)

04-03-2022 (Awareness Class on Swatchhta Program)

As part of central Govt. program MGNCRE program, Dr. Bushara M V, Assistant Professor, Department of Economics, MES College, Ponnani, conducted an awareness creation program among volunteers of TMG College













TMG COLLEGE, TIRUR "BLOOD DONATION CAMP" (BY NSS UNIT NO. 81 &113)

03-12-2021 blood donation camp

The units organized a blood donation camp in association with BDK perinthalmanna and Govt. Hospital Perithalmanna. Lot of students were actively participated in the program and 40 of them donated blood



















WhatsApp Video 2021-12-03 at 12.01.22 PM.mp4

TMG COLLEGE, TIRUR "CANTEEN CLEANING" (BY NSS UNIT NO. 81 &113)

29-10-2021 (Canteen Cleaning)

The volunteers participated in Canteen Cleaning in relation to re-opening of college after Covid-19 lock down.







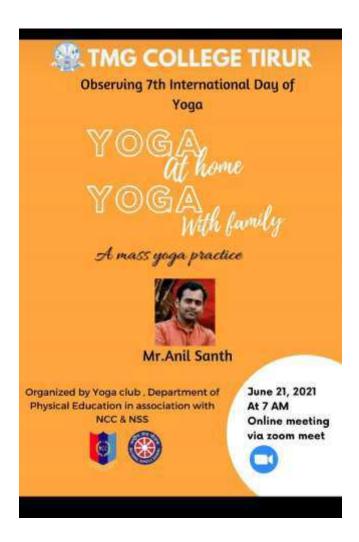
JUNE 5 – ONLINE ENVIRONMENT DAY CELEBRATION

NCC Army wing of TMG College Tirur conducted online Environment day celebration on June 5.2021 Cadets planted many saplings infront of their courtyard and shared the photos. We combined those photos and shared through whatsapp highlighting the importance of the Environment Day.

YOGA DAY CELEBRATION

21.07.2021

On behalf of yoga day NCC Unit of TMG College, conducted a mass yoga practice via online platform with the instruction of Mr. Anil Santh.



BLOOD DONATION CAMP

BDK Tirurangadi Taluk Committee and TMG College NCC & NSS joinly conducted a Blood Donation camp in collaboration with Perinthalmanna Blood Bank on 3rd December 2021 at TMG College Tirur.



MEGA CLEAN DRIVE AT VAKKAD BEACH

NCC Army wing of TMG College, Tirur and District Tourism Department jointly organized a mega clean drive at Vakkad beach on 25th November 2021 in connection with NCC Day Celebration. Different colleges under 29(K) BN NCC took part in that mission.



Also cadets of TMG College performed some dance performances.



And L/CPL SIBILI from TMG College performed yoga demonstrations which was spectacular to witness.



Not only culturals there was also an Tug of war competition between all those colleges and MES

KVM College Valancheri secured the first position.



SELF DEFENCE TRAINING FOR GIRLS

NCC Army wing of TMG College and Women Cell TMGC jointly organized a self defence training program for girls which was taken by MS.Unnimaya (Ex-cadet of TMGC) on 15th March 2022 at college auditorium.

PUNEETH SAGAR ABHIYAN MISSION

Cadets of TMG college also took part in the Puneeth Sagar Abhiyan program on 30.12.2021 in which over 14 lakhs NCC cadets were a part. The mission of the program was to clean the beach areas all over Kerala. The program started from started from Trivandrum and lasted till Kasargode. This was a National level program from the view of Prime Minister which was taken charge by NCC in collaboration with Asianet news.



TMG COLLEGE, TIRUR COLLEGE CLEANING BEFORE RE OPENING (BY NSS UNIT NO. 81 &113)

29-09-2021 College cleaning before re opening

As a part of college reopening volunteers came to collage for cleaning the premises and class room leaded by NSS unit secretaries.













TMG COLLEGE, TIRUR COVID AWARENESS CLASS BEFORE REOPENING (BY NSS UNIT NO. 81 &113)

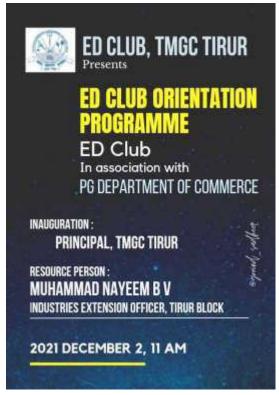
<u>30-09-2021</u> (Covid awareness class before reopening)

The volunteers participated in a zoom meet arranged for creating covid awareness before college reopening



TMG COLLEGE, TIRUR "ED CLUB ORIENTATION PROGRAMME" (ED CLUB IN ASSOCIATION WITH PG DEPARTMENT OF COMMERCE)

ED Club In Association with PG Department of Commerce of TMG College, Tirur organized an orientation session to students regarding entrepreneurship "ED CLUB ORIENTATION PROGRAMME" on 02-12-2021 The session was presided by respected Principal of the College, Dr. Ajith M S and the resourse person who handled the session was Mr. Muhammed Nayeem B V (Industrial Extension Officer, Tirur Block). It was a session which provide insight to students on entrepreneurship. The session discussed various schemes provided by the Govt. agencies to promote entrepreneurship. And also discussed importance of "start-ups" in this competitive business era. The session was attended by 105 students from various departments of the college. The programme concluded with vote of thanks by Mr. Akash Shankar (Student coordinator, ED Club).











TMG COLLEGE, TIRUR "THE GREAT THUNCHAN KITCHEN" (ED CLUB IN ASSOCIATION WITH PG DEPARTMENT OF COMMERCE)

ED Club In Association with PG Department of Commerce of TMG College, Tirur organized a food fest named "The Great Thunchan Kitchen-conjobon and also intented to fund The College Canteen- The Hunger Free Campus. The programme also intented to enhance the organizing capacity of students, which will help them to become a successful enteprenuer in futuer. The programme was inaugurated by respected Principal of the College, Dr. Ajith M S. The students organized the programme very well. They set an exhibition on various food products prepared by them and these products were sold out also. The amount raised through this programme handed over to The College Principal, Dr. ajith M S on the same 23-03-2022. The programme was a great success.







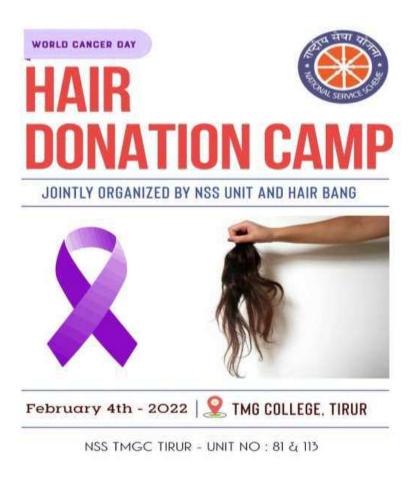


TMG COLLEGE, TIRUR "HAIR DONATION CAMP ON CANCER DAY" (BY NSS UNIT NO. 81 &113)

04-02-2022 (World Cancer Day- Hair Donation Camp)

The NSS units TMG and hair bank jointly organized a hair donation camp on cancer day on 4th February 2022. Respected Prcipal Sri Ajith M S inaugurated the camp with a mind blowing speech. The students contributed their hair and the collected hair were send to the Hair bank at Thrissur through Courier.











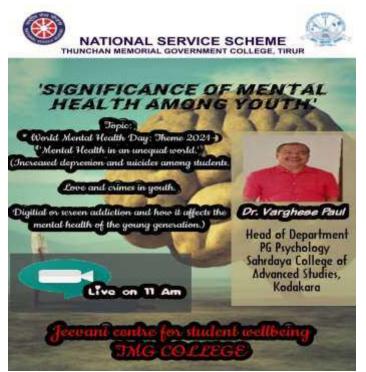


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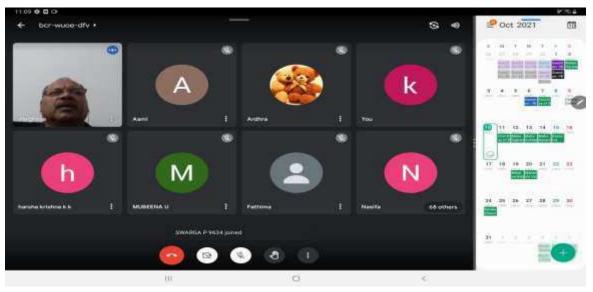
TMG COLLEGE, TIRUR "SIGNIFICANCE OF MENTAL HEALTH AMONG YOUTH" (BY NSS UNIT NO. 81 &113)

10-10-2021 (Mental health Day)

As part of world Mental health Day units Conducted a Google meet on the topic "significance of mental health among youth" by Dr Varghese Paul (HOD PG psychology). NSS secretary Vishnu Vijayan conveyed his thoughts in this topic. Arya V delivered vote of thanks.





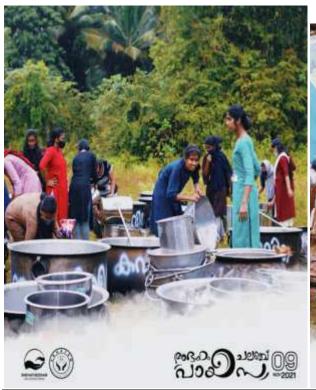


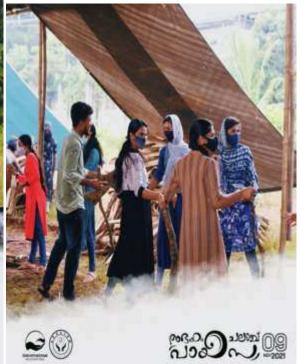
TMG COLLEGE, TIRUR "ABHAYAM PAYASAM CHALLENGE FOR THE DIALYSIS PATIENTS" (BY NSS UNIT NO. 81 &113)

09-11-2021 Abhayam payasam challenge

The units participated in the ahayam payasam challenge organised for the Dialysis patients. Collected orders around 70 and the volunteers actively participated in the preparation and distribution of Payasam at Tirur









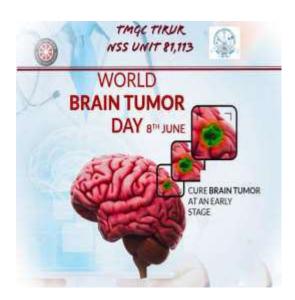




TMG COLLEGE, TIRUR "Poster Making on World Brain Tumour Day" (BY NSS UNIT NO. 81 &113)

08/06/2021 (World Brain Tumour Day)

Posters were created and shared through Whats app and social media by all volunteers



TMG COLLEGE, TIRUR

VOICE LIBRARY NAMED "HRIDAYATHIL NINNU" FOR THE BLINDS (BY NSS UNIT NO. 81 &113)

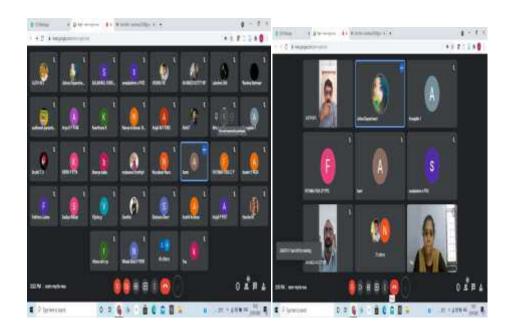
25-07-2021 (Voice Lirary)

Started a voice library named "Hridayathil Ninnu" for the blinds in associated with KFB Tirur, Madhukam Audio Library . It was inaugurated by Dr. Ajith MS principal of the college.

The guests who were participated were Mr. Sudheesh. P, Mr. Yoonus and Mr. Noorudheen.

It was conducted through Google meet. Volunteers Vyshakh were conveyed their ideas to make it more probable. Vote of thanks were delivered by Jishna.





TMG COLLEGE, TIRUR "Webinar – Crack Your Career" (PG DEPARTMENT OF COMMERCE)

PG Department of Commerce of TMG College, Tirur organized a "Webinar –Crack Your Career" in association with Logic School of Management on 19-03-2022 at 11.30 am. The webinar was conducted on Zoom Platform. The session discussed various topics which include future challenges, opportunities in commerce, Career Guidance, EDP training, Inerview tricks, trending professional, courses in commerce etc. The session was aimed to give students an awareness on career opportunities in commerce. The programme was inaugurated by respected HoD of Commerce, Mrs. Mary Sudha P. The session was handled by Mr. Midhun Mitwa, Career Consultant, Logic School of Management. The session was very useful to students and was attended by 98 students from PG Department of Commerce.



CRACK YOUR

CRACK YOUR

FUTURE CHALLENGES
OPPORTUNITIES IN COMMERCE
CAREER GUIDANCE
EDP TRAINING
INTERVIEW TRICKS
TRENDING PROFESSIONAL
COURSES IN COMMERCE

19 MARCH 1 11:30 AM

In Association with



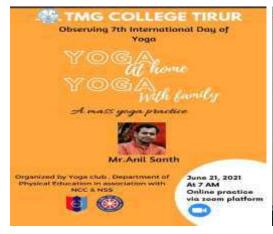


YOGA TRAINING PROGRAMME ON THE TOPIC "YOGA AT HOME YOGA WITH FAMILY"TMG COLLEGE TIRUR NSS UNIT IN ASSOCIATION WITH YOGA CLUB, PHYSICAL EDUCATION DEPARTMENT AND NCC WING

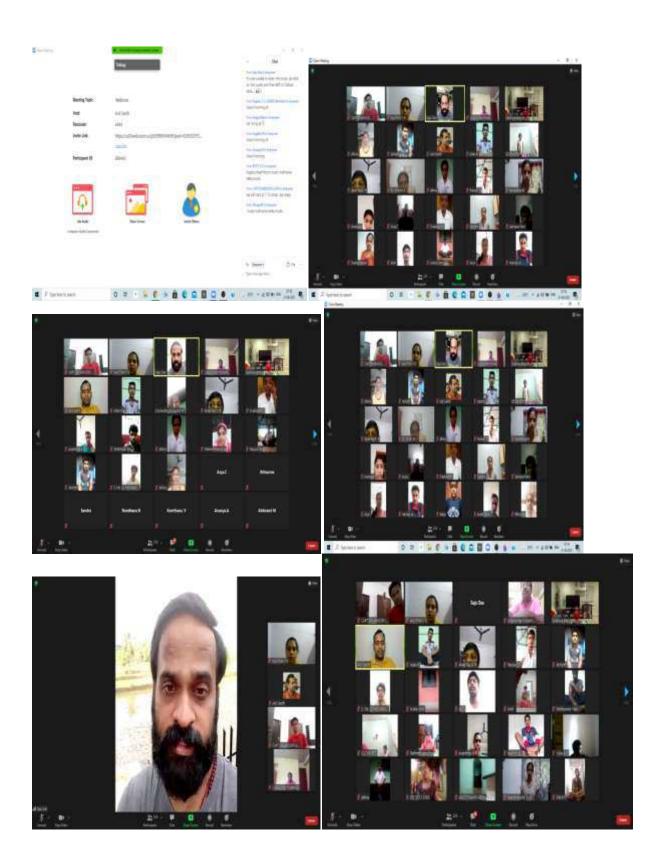
21/06/2021 (International Yoga Day)

As part of International Yoga Day, the NSS units (Uit No.81 and 113) of Thunchan Memorial Government College Tirur, organized a two hours Yoga Training Programme on the topic "YOGA AT HOME YOGA WITH FAMILY" in association with Yoga club, physical Education Department and NCC wing on 21/06/2021. The session was started at 7.00 am. The session was handled by Yoga Expert Sri. Anil Santh Palakkad (Art of living) through "Zoom" platform. Sri Saju Jose welcomed all. The practical Session was demonstrated by Ms. Sukanya Banu(New york). Around 235 people were participated in the Training Session. The participants includes Teachers, Non teaching Staff, School students, Other college students, NSS volunteers and NCC cadets of the college. The family members also participated in the session. The training session mainly focussed on the "Surya Namaskaram" and "Pranayama". The resource person pointed out the relevance of Pranayama during this Covid Pandemic. Former Principal of TMGC, Smt. Ushakumari participated in the programme and expressed her gratitude. Some of the participants also gave their feedback about the programme. The session was concluded with the vote of thanks by Captian Shukoor Illath. The session ended at 9.00 am.

Poster and Programme screenshots:







TMG COLLEGE, TIRUR

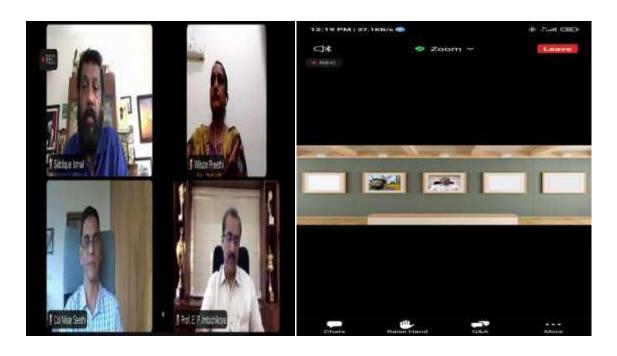
AWARENESS PROGRAMME - AWARENESS PROGRAMME AGAINST DRUG ABUSE (BY NSS UNIT NO. 81 &113, NCC)

28/06/2021 WEBINAR AS PART OF INTERNATIONAL DAY

The volunteers participated in the awareness programme jointly organised by Department of Social Justice, Govt. Of Kerala, Nashmukth Abhiyan, NSS, NCC, SCOUTS and Guide, Health. Women and Child development department etc.







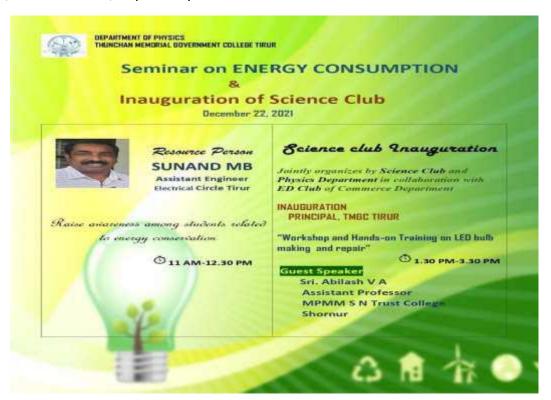
TUNCHAN MEMORIAL GOVERNMENT COLLEGE TIRUR DEPARTMENT OF PHYSICS

CAPACITY BUILDING ACTIVITIES CONDUCTED DURING 2021-2022

SEMINAR ON ENERGY CONSUMPTION & WORKSHOP AND HANDS-ON TRAINING ON LED BULB MAKING AND REPAIR (22/12/2021)

Department of Physics and Science Club jointly organised a seminar on Energy consumption. The program was started with a prayer at 11 am at the college auditorium. Dr. Aboothahir Afzal, H.O.D of Physics welcomed the gathering. Dr. Ajith M.S, Principal inaugurated the session. Ms. Soumya C delivered the falicitation speech. The seminar session was handled by Sri. Sunand M.B, Assistant Engineer, Electrical Circle, Tirur. The session was very informative and covered the importance of energy consumption, methods for reducing the energy wastage, energy audit etc. The first session was ended at 1 PM with a vote of thanks by Smt. Jayasree K, Asst.Prof in Physics & Co-ordinator of Science Club.

The afternoon session was started at 1.30 pm with a welcome speech by Dr. Aboothahir Afzal, H.O.D of Physics. The workshop and hand-on training on LED bulb making and repair was handled by Sri. Abilash V A, Asst. Professor in Physics, M.P.M.M.S.N. Trusts College, Shoranur. 35 students participated in the workshop and training program conducted at the Physics Laboratory. The students formed groups and each group assembled the LED bulb separately. The session was concluded by a vote of thanks by Smt. Asha K, Asst. Professor, Dept of Physics.





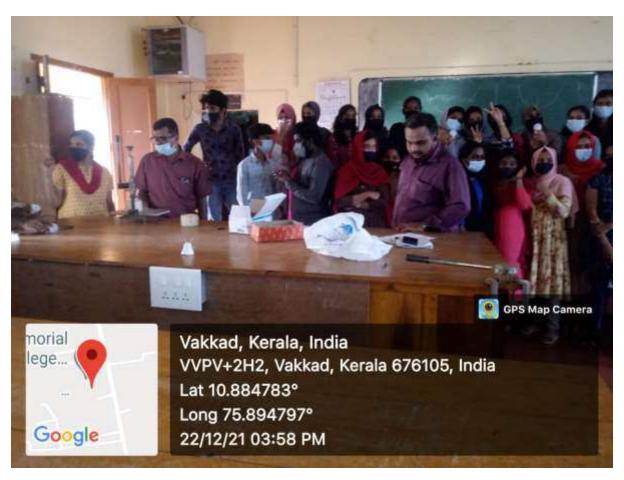










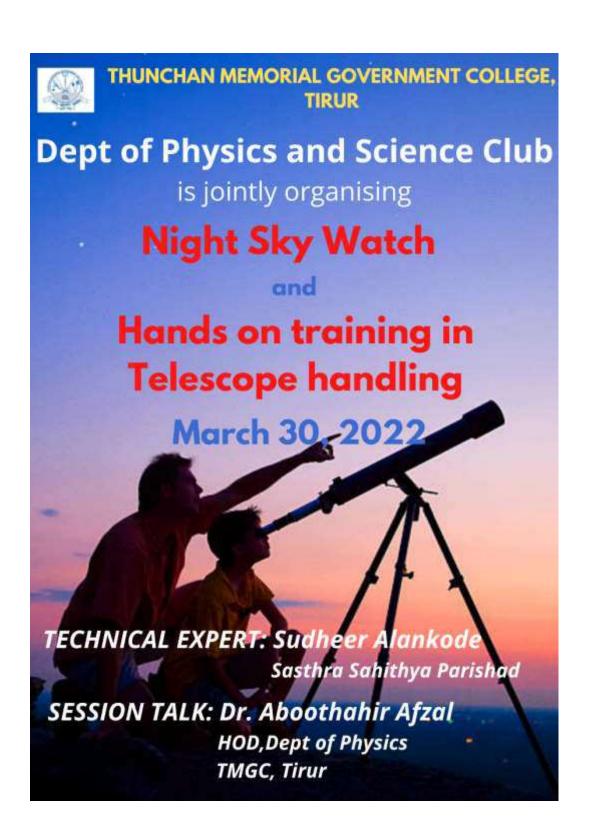






NIGHT SKY WATCH & HANDS ON TRAINING IN TELESCOPE HANDLING (30/03/2022)

Department of Physics & Science Club jointly organised a night sky watch on 30/03/2022 at the college ground. The program started at 6.30 PM at the Physics lab. Dr. Aboothahir Afzal, H.O.D of Physics delivered the welcomed the gathering and introduced the basic concepts. Dr. Ajith M. S presided over the the program. The technical session was handled by Sri. Sudheer Alankode from Sasthra Sahithya Parishad. He explained the areas of Observational Astronomy and familiarized the telescope to the students. About 50 students attended the session. Ms. Jayasree K, Asst. Professor & Co-Ordinator of science club expressed vote of thanks. After that the students assembled in the college ground for sky watch. We observed various stars in the orion belt and star like Thiruvathira, Chothy etc which are recognised as nakshatras from the perspective of astrologers. The program was wind up at 12.30 AM .

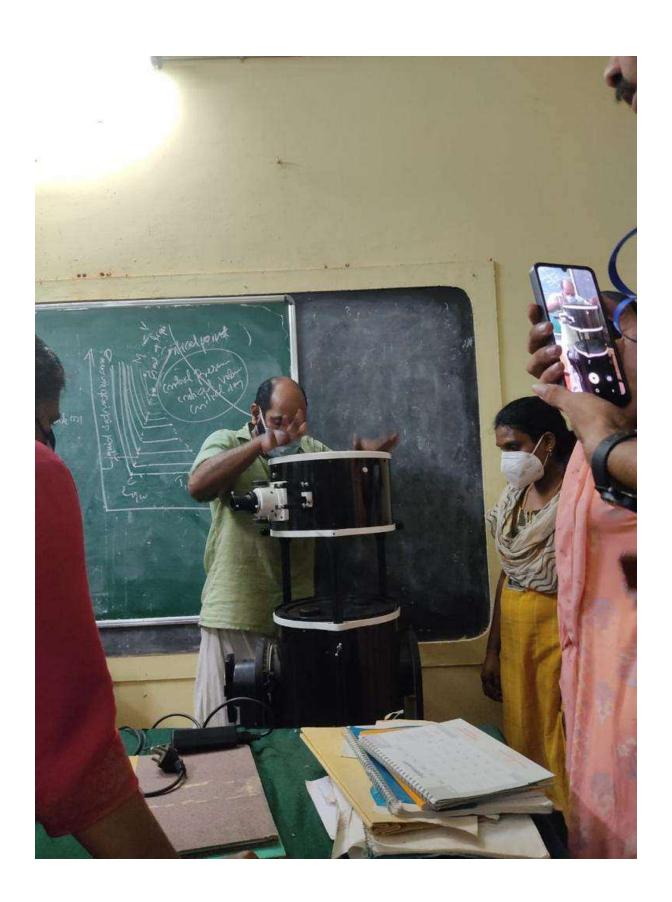
















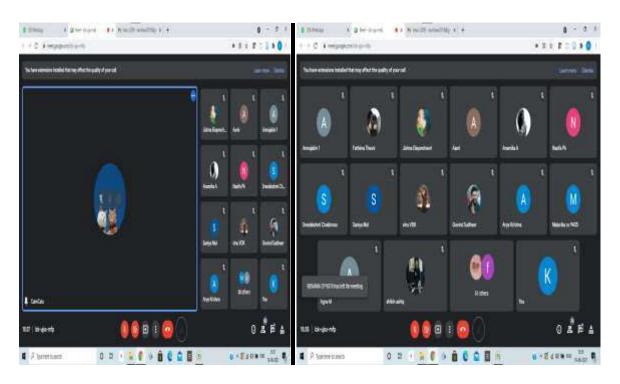




TMG College Tirur (NSS Unit No.81 &113)

19/06/2021 (Webinar on Reading Day)

An interactive session with Young Writer Miss. Fathima Hiba was organised on reading day.





(Malayalam Recitation Competition)

As part of Reading day Recitation competition on "Reading and Culture" was organized on 19.06.2021. Several contestants were participated. The winners of the competition was Miss. Shibila Sheri (First), Miss Arya V (Second) and Jishna E (Third).

20/06/2021 (Debate)

An energetic debate named "Pradhidwani" on the topic "Can Online Education replace the classroom education?" were organized with the help of Club House Platform on 20/06/2021 at 2 pm. The programme started with NSS Geetham. Principal of the college Dr.Ajith.inaugurated the session.

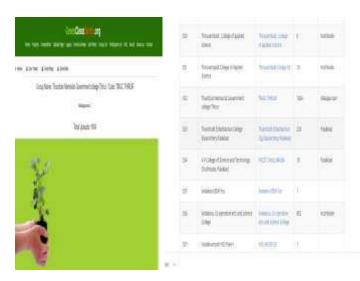




28-07-2021 (Green Clean Kerala- Green Clean Earth Movement)

As a part of the Environmental day, the college plated and uploaded photos in the green clean earth movement website. Green Clean Kerala conducted a Tree Caring Competition and Anamika A & Agna T were awarded Gold Coins. The College contributed 1604 trees for the Green Clean Kerala. The awards were distributed by Sri V. Abdurahiman respected Sports minister.













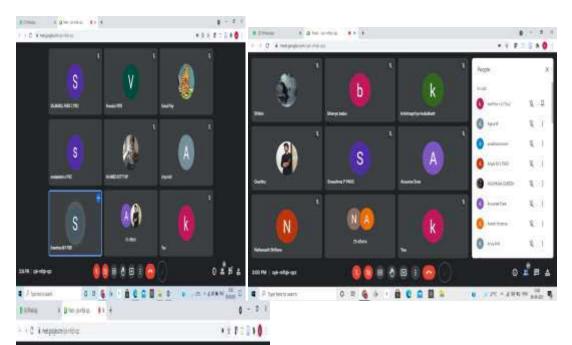


WhatsApp Video 2021-07-29 at 1.00.29 PM.mp4

<u>08-08-2021 (Awareness programme through Google meet against War and Violence as part of the Hiroshima and Nagasaki day remembrance)</u>

The units organized a general awareness programme through Google meet against War and Violence as part of the Hiroshima and Nagasaki day remembrance and conducted a quiz competition about the day. The Students named Arya V and Farshana Farvi CK were declared as winners on the basis of their high performance.



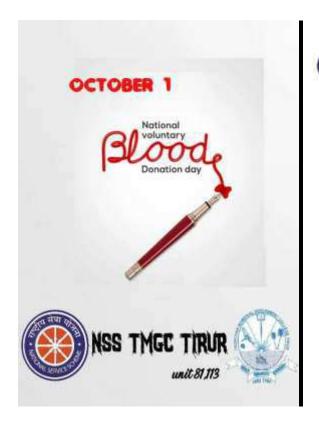






01-10-2021 (International Day for Older People)

On 01-10-21 we conducted two programmes, a poster making competition for blood donation day and made an awareness programme on the topic "thanalekiyavarkke thanalayi oru dinam".





09-10-2021 (Webinar on "women empowerment and dowry")

The NSS units organized a webinar through Google meet on the topic "women empowerment and dowry". The session was handled by Adv.Shahanas K P, BBA LLB (High court of Kerala). The session was really informative . The session ended with vote of thanks which was delivered by Akhil T



29-10-2021 National unity day

As part of National Unity Day (30-10-2021) different programs were organized.

Awareness class





Pledge taking





Run for Unity







