Thunchan Memorial Govt. College, Tirur

Vakkad (PO), Malappuram DT, Kerala

National Service Scheme (NSS)

ANNUAL REPORT (2020-2021)

National Service Scheme (NSS) is a Central Government Educational Programme started in the year 1969. It is functioning under the Ministry of Youth Affairs and Sports at the national level and under the Ministry of Higher Education at the State level. The major aim of the National Service Scheme is the development of the personality of students through community service. We have two National Service Scheme (NSS) units comprising 119 volunteers.

Sl.No	Unit No.	No. of Students Enrolled				
1	81	60				
2	113	59				

Our Programme Officers

- 1. **Sri. Ahammed Kutty.N.P** Assistant Professor Department of Arabic
- 2. **Ms. Kavitha.V.K** Assistant Professor Department of Commerce

Due to COVID 19 pandemic, all the NSS activities including the special camp of the year 2020-2021 were conducted through virtual mode.

ACTIVITIES

World Environment Day (05-06-2020)

As part of world environment day, NSS volunteers planted saplings at their homes and program officers at college. 85 volunteers participated in the program.



International Yoga Day (21-06-2020)

Given the spread of the COVID-19 pandemic, the focus of the International Yoga Day of this year is on Yoga at Home. The Ayush ministry has launched the campaign with the theme "**Yoga at Home, Yoga with Family**" in support of the trend. Following this, as part of International Yoga Day, the NSS volunteers engaged in yoga exercises along with their family.



International Day against Drug Abuse and Illicit Trafficking (26-06-2020)

An online quiz competition was conducted through testmoz.com

Learning support to School students

Due to the spread of Covid 19, the schools were closed and the educational system moved to virtual mode. The change adversely affected the children and their parents. Hence the NSS volunteers supported the school students to cope with their online classes due to Covid 19.





Independence Day

On Independence Day an online quiz was conducted for NSS volunteers. Also, the volunteers were asked to post their creative works on the theme "Social Problems of India-Struggle for Independence" through whats app media.





NSS Day (24-09-2020)

Our units celebrated NSS Day by organizing a Webinar on the topic "*Role of NSS in creating Social Responsibility*". Dr. Jabir. K.T, Assistant Professor, Department of Arabic, TMGC, Tirur was the resource person. The session was organized via the google meet platform.





Gandhi Jayanthi

As part of the Gandhi Jayanthi Celebration, three programs were organized. As a *Battle for Cleanliness*, the volunteers of NSS engaged in cleaning activities in their homes and nearby places. Essay writing competition on the topic "*How do Mahatma Gandhi's non-violence methods compare to 21st-century leadership styles*?" and poster-making competition on the topic "*Gandhi- A man of simple living and high thinking*" at the college level were also organized by the volunteers.



World Mental Health Day (10-10-2020)

A webinar on the topic "*Mental Health in Covid Outbreak*" was organized as part of World Mental Health Day. Smt. Shamnisha. Psychologist, Anugraha Consulting Centre, Kottakkal was the resource person. The session was an interactive one.



Ek Bharat Shreshta Bharath (EBSB) meeting (14-10-2020)

Five volunteers and one NSS Programme Officer participated in the EBSB Kerala and Himachal Pradesh meet. It was an informative session. The session aimed at cultural information exchange between Kerala and Himachal Pradesh. Participants from both states were included.



Vigilance Awareness Week (31-10-2020)

As part of the Vigilance Awareness Week, the NSS volunteers were taken the integrity pledge and a vigilance awareness quiz was organized. The volunteers actively participated in the program.

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Webinar on "Basic Life Support"

A webinar on the topic "*Basic Life Support*" was organized in collaboration with Tirur Taluk Legal Services Committee on 31-10-2020 at 10.00 am. The session was inaugurated by Sri. Madhusoodanan.T, Motor Accidents Claims Tribunal, District Sessions Judge, Tirur. Sri. Noushad. A.V, Emergency medical care technician, Angels District Coordinator, was the resource person.



Kerala Piravi Day (01-11-2020)

As part of Kerala Piravi, the NSS volunteers organized programs like the Malayalam speech competition and awareness quiz on Facts about Kerala.

Children's Day (14-11-2020)

Online Quiz Competition was organized as part of Childrens' Day.

Navy Day (04-12-2020)

Online Awareness Quiz was organized as part of Navy Day.

World Soil Day (05-12-2020)

Online Awareness Quiz was organized as part of World Soil Day

7 days virtual NSS camp "PORATTAM 2020" (21-12-2020 to 27-12-2020)

The year 2020-2021 was witnessed a horrible pandemic, Covid-19. The whole world was struck due to this pandemic. Hence the 7-day special camp 2020-2021 also moved to virtual mode, considering the health and safety of volunteers.

Orientation Programme (16-01-2021)

The NSS units organized an orientation program for the newly enrolled volunteers. Sri. Basheer Ahamed, Former Programme Officer, GBHSS, Tirur was the resource person.



Republic Day Celebration

As a part of the Independence Day Celebration, our NSS volunteers have planted seedlings in their houses. Also, they organized a poster-making competition and an awareness quiz.



World Cancer Day (04-02-2021)

NSS volunteers prepared a poster to create awareness about Cancer Day and shared it through the social media platform



We Talk Together

Our NSS units organized an interactive session with Sheeba Ameer, a social worker and founder of Solace on 6th March 2021in association with Solace, Malappuram. Solace is an organization that works to help children and their families with diseases like cancer, epilepsy, etc. A detailed discussion was made with the success story of Smt. Sheeba Ameer and what an NSS volunteer can do in the field of social work with solace.



Helping the feathered friends in the summer

Our NSS Volunteers prepared posters for creating awareness among the public to provide water to the birds in the hot summer. Following this, each volunteer prepared a bowl of water and hang it on the tree of their own house. Hence around 110 bowls of water were prepared for birds.





World No-Tobacco Day (30-05-2021)

On World No-Tobacco Day, an online discussion on the theme "Commit to quit" was organized.

NSS Orientation (15-04-2021 to 31-05-2021)

An app has been launched by the NSS state cell to encourage the module-based online orientation for newly enrolled NSS volunteers. The app will be available for students in the Google Play store which can be downloaded and used. 50 volunteers from our units completed the orientation programme.